

# YOTA SWIM TEAM

## 2017 YMCA of the Triangle Area (YOTA) Swim Team YOTA New Year Meet January 14<sup>th</sup> – 15<sup>th</sup>, 2017

**Site:** NC State University  
Willis Casey Natatorium located within Carmichael Gymnasium  
2611 Cates Avenue  
Raleigh, NC 27695

**Date:** Saturday & Sunday, January 14<sup>th</sup> – 15<sup>th</sup>, 2017

<b>Times:</b>	<b>Saturday:</b>	<b>Age Group</b>	<b>Warm-Up</b>	<b>Meet Start</b>
	Session 1	9-10 Age group	8:00 AM	9:00 AM
	Session 2	11-12 Age Group	12:00 PM	1:00 PM
	Session 3	13 & Over Age Group**	4:00 PM	5:00 PM
	<b>Sunday:</b>	<b>Age Group</b>	<b>Warm-Up</b>	<b>Meet Start</b>
	Session 4	9 -12 Age Group	8:00 AM	9:00 AM
	Session 5	13 & Over Age Group**	12:00 PM	1:00 PM
	Session 6	Open Age Group**	4:00 PM	5:00 PM

\*\*Warm-up and Start Times are subject to change based on entries  
(final decision made by Meet Director/Meet Referee)

**Sanction:** Conducted under the sanction of the USA Swimming, INC., Issued by North Carolina Swimming, INC.,  
**NCS Sanction #17009**

**Parking:** Parking will be available around the Carmichael Gymnasium complex and within the Cates Avenue Parking Deck on the NCSU campus. **You will not be allowed to park in the parking lot immediately outside of the Willis Casey Natatorium pool.**

**Facility:** Willis Casey Natatorium located within Carmichael Gymnasium

This facility is an 8 lane, 25 yard pool with depths ranging from 5 – 10 feet. We will be using KDI Paragon starting platforms and a Colorado Timing System. The competition course has not been certified in accordance with 104.2.2C (4). There will be changing rooms for all competitors and ample seating for spectators.

**NOTE: NO FOOD OR DRINK ALLOWED ON THE DECK. NO TOBACCO USE ALLOWED IN ANY PART OF THE BUILDING.**

- Rules:** The meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NCS Safety program, except where rules therein are optional and exceptions are herein stated. All events will be timed finals. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited.
- Classification:** 9-10, 11-12, 13 & over year old age group session, and an Open age group session. Meet host reserves the right to combine the sessions of the meet if numbers are too small.
- Eligibility:** All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to deadline. There will be no on-deck registration available at this meet. YOTA welcomes all swimmers with disabilities described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit YOTA's ability to accommodate all requests.
- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Entries:** Email Electronic Entries to [Chris.Bushelman@ymcatriangle.org](mailto:Chris.Bushelman@ymcatriangle.org). Entries must be in an importable .zip format from either TeamUnify (.sd3) or Team Manager (.zip). Must list swimmers' age **as of January 14<sup>th</sup>, 2017**. Use best yard times achieved. All swimmers must be registered USA Swimming members by your local LSC. You can find the Hy-Tek order of events file at the North Carolina Swimming website at [www.ncswim.org](http://www.ncswim.org). No Deck Entries will be accepted. **ALL ENTRIES ARE DUE ON WEDNESDAY, JANUARY 4<sup>TH</sup>.**
- Entry Fees:** Entry fees for this meet are:  
**Individual Event: \$10.00**  
**Relay: N/A**  
**Facility Fee: \$15.00**  
**Swimmer Surcharge: \$3.00 - NCS Travel Fund Fee**
- Entry Limit:** **Saturday & Sunday session;** no more than 4 events per day.
- Scoring:** This meet will be scored in accordance with USA Swimming Guidelines.
- Awards:** A Trophy will be awarded to the top team at the meet.
- Warm Ups:** The warm-up will be 60 minutes long and you will be able to do dive starts during your warm-up session in your lanes only. Warm up assignments will be determined before the meet. There is no diving from the shallow end of the pool.
- Safety:** The NCS Safety Program is in effect for the meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

**Credentials:** All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification/registration. Coaches and officials shall prominently display their registration cards while on deck.

**Meet Director:** Chris Bushelman ([Chris.Bushelman@ymcatriangle.org](mailto:Chris.Bushelman@ymcatriangle.org))

**Meet Referee:** Mike Long ([mikesharonlong@me.com](mailto:mikesharonlong@me.com))

**Meet Marshall:** Tom Hazelett ([Tom.Hazelett@ymcatriangle.org](mailto:Tom.Hazelett@ymcatriangle.org))

**Officials Meeting:** The Officials meeting will take place a ½ hour before the start of each session.

**Hospitality:** Hospitality will be open to officials, coaches, and meet volunteers.

**Release Statement:** USA Swimming, Inc., North Carolina Swimming, Inc., YMCA of the Triangle Area Swim Team, and NC State University shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**ORDER OF EVENTS**

Girls	Saturday – Day One	Boys
Event #	Session 1 (9-10 Age Group)	Event #
1	100 Backstroke	2
3	100 Breaststroke	4
5	100 Butterfly	6
7	200 Freestyle	8
9	200 Individual Medley	10

Girls	Saturday – Day One	Boys
Event #	Session 2 (11-12 Age Group)	Event #
11	200 Backstroke	12
13	200 Breaststroke	14
15	200 Butterfly	16
17	200 Freestyle	18
19	200 Individual Medley	20

Girls	Saturday – Day One	Boys
Event #	Session 3 (13 & Over Age Group)	Event #
21	400 Individual Medley	22
23	200 Freestyle	24
25	200 Butterfly	26
27	200 Breaststroke	28

Girls	Sunday – Day Two	Boys
Event #	Session 4 (9-12 Age Group)	Event #
29	11-12 400 Individual Medley	30
31	9-12 500 Freestyle	32

\*\*\*Note: You must have a "B" time or better in the 200 IM or 100 IM to swim the 400 IM.

\*\*\*Note: You must have a "B" time or better in the 200 freestyle or 100 freestyle to swim the 500 freestyle.

Girls	Sunday – Day Two	Boys
Event #	Session 5 (13 & Over Age Group)	Event #
33	200 Backstroke	34
35	500 Freestyle	36
37	200 Individual Medley	38

Girls	Sunday – Day Two	Boys
Event #	Session 6 (Open Age Group)	Event #
39	Open 1650 Freestyle	40

\*\*\*Note: You must have a "BB" time or better in the 200 freestyle or the 500 freestyle to swim the 1650 freestyle. Only 11 and over athletes are eligible to compete in the 1650 on Sunday.