



**SOUTHWEST OHIO YMCA SWIM LEAGUE
AGE GROUP SHORT COURSE SECTIONALS
March 5, 6, 7, 2010**



1. LOCATIONS AND TIMES

South Sectional:

M. E. Lyons
8108 Clough Pike
Cincinnati, Ohio 45230
(513) 474-1400

Blue Ash
Clermont County
Gamble Nippert
M E Lyons
Powel Crosley
R C Durr
Highland

North Sectional:

Springfield YMCA
300 S. Limestone St.
Springfield, OH 45502
(937) 323-3781

Auglaize Mercer
Beavercreek
Darke County
Hilliker
Kleptz
Sidney
Springfield
Huber Heights
Union

Central Sectional:

Countryside YMCA
1699 Deerfield Rd
Lebanon, OH 45036
513-932-1424

Clinton County
Coffman
Countryside
Great Miami Valley
Lakota Family
Miami County
Middletown
South Family

| | | |
|-----------------|----------|---------|
| FRIDAY EVENING: | Warm-Up: | 5:00 PM |
| | Meet: | 6:00 PM |

SATURDAY AND SUNDAY AM SESSIONS: 11 & 12, 13 & 14, 15 & Over, and Senior
 Warm-ups: 6:30 AM
 Meet Starts: 8:00 AM

SATURDAY AND SUNDAY PM SESSIONS: 8 & Under, and 9 & 10
 (Afternoon Sessions: Assigned Warm-up) Warm-ups: TBA
 Meet Starts: TBA

**COACHES: REVIEW WARM-UP GUIDELINES WITH YOUR SWIMMERS!!
REVIEW LOCKER ROOM BEHAVIOR AND BUILDING RULES!**

- Swimmers entering the warm-up/warm-down pool must enter **FEET FIRST WITH ONE HAND IN CONTACT WITH THE POOL DECK/WALL.**
Willful disregard of this rule will result in ejection of the offender from the meet.
- **THERE IS NO SHAVING ALLOWED AT THIS MEET.**
Willful disregard of this rule will result in ejection of the offender from the meet.
- **THERE IS NO FOOD OR BEVERAGE ALLOWED IN NATATORIUM.**
- **NO COOLERS ARE ALLOWED IN NATATORIUM.**
- **A CONCESSION AREA IS AVAILABLE.**
- **PARKING IS AVAILABLE.**
- **NO DECK CHANGING. ANYONE CAUGHT DECK CHANGING WILL BE EJECTED FROM THE MEET.**

2. **ORDER OF EVENTS**

New this year – a finals session for 11 and over individual events (Saturday and Sunday events excluding the 1000) will be offered at Countryside YMCA. Participation will be optional. Awards will be given at each site as in the past. This is an opportunity for the top 16 to be exposed to competition from the entire league, not just from their area. (Write up for the finals session is on page 9.)
All Sectional events are timed finals. All awards will be given at the sectional level as in the past.

The attached Order of Events will be followed.

3. **ELIGIBILITY**

A swimmer must be a member of the YMCA they represent for a minimum of 90 days prior to the Sectional; i.e., since on or before December 1, 2009
During the current Short Course season (September 1, 2009 through April 7, 2010), a swimmer may not swim in open competition representing any team other than the YMCA they are representing in this Sectional.

A swimmer must have competed in three (3) Southwest Ohio YMCA Swim League inter-association meets in the current Short Course season before the entry deadline to be eligible to swim in this Sectional Meet.

Swimmers and teams must meet all requirements outlined in the Southwest Ohio YMCA Swim League "Rules and Regulations for Competitive Swimming Meets", issued September 1995.

| | |
|--------------------------|--|
| ADAPTIVE SWIMMING | Swimmers with a disability are welcome to enter this meet. At the time of the entry, the coach or person entering the swimmer must alert the Meet Director, the Ohio Adapted Chair and the Meet Referee regarding the nature of the swimmer's disability, the swimmer's classification (if classified) and special accommodations or seeding arrangements being requested. |
|--------------------------|--|

| |
|--|
| Coaches must have their Deck Passes visibly displayed in order to be on deck during this Sectional Meet. Passes must be obtained from Linda Brooks prior to this meet. A coach must present certification of Lifeguarding or Safety Training for Swim coaches, CPR, First Aid and Principles of Coaching to receive a deck pass. |
|--|

4. **SANCTIONS**

The Sectional Meet is sanctioned by the National YMCA Competitive Swimming and Diving Advisory Committee.

Sanction Number: CAQ-09-10- North 8084 – Central 8073 – South -- 8080

5. **VERIFICATION OF PARTICIPATION AND PROOF OF TIMES**

Every 1000 Freestyle entry time must be proved.

Proof of time and proof of participation in 3 inter-association meets is required. This proof may be submitted along with the entries. Proof is obtained by using your team manager and printing the file showing your swimmers best times. This file can be saved and sent via email to the entry chairperson. This will prove 3 meets.

If you do not submit the required files you will be asked to bring meet results to the meet to prove times and participation in 3 meets. Any swimmer who does not meet the qualifying time may be required to prove his entry time. Any coach may challenge the participation or time of any swimmer by filing a protest with the Meet Committee and posting a \$5.00 fee. This protest must be filed prior to the beginning of each session's events. The fee will be returned only if the protest is won.

6. **ENTRIES**

To enter a given event, a swimmer must have a legal time less than a League Short Course championship qualifying time. That time must have been achieved during the current Short Course season (before the entry deadline), except for times achieved in sanctioned YMCA Sectional meets since March 1, 2009.

NOTE: Be sure to include all swimmers' names that will be swimming in relays only. An additional charge of \$5.00 will be applied for any relay-only swimmer that must be added at the meet. ENTER THEM IN EVENTS 501 AND 502

To enter senior events, a swimmer must be at least 12 years of age as of the first day of the YMCA Short Course Nationals, i.e., April 7, 2010.

A swimmer must swim in his/her age group for individual events. A swimmer may swim up in any age group(s) for relays.

Team entries for age group relay events are unlimited. However, only the A, B, and C relays per team per event can score and qualify for awards. D, E, etc. relays will not be scored or awarded under ANY circumstances, including disqualification of the team's A, B, or C relays.

To enter a given event, a swimmer must NOT have achieved an "League Championship" qualifying time during the current Short Course season for that event (before the entry deadline).

Swimmers, 8 & under, who have achieved four (4) or more "League Championship" qualifying times during the current Short Course season may NOT be entered in the Sectional Championship Meet in individual events.

Swimmers, 9 & over, who have achieved six (6) or more " League Championship " qualifying times during the current Short Course season may NOT be entered in the Sectional Championship Meet in individual events.

Each swimmer, 8 and under is allowed to enter no more than four (4) Age Group individual events over the three day period.

Each swimmer, 9 and over can enter up to six (6) individual events over the three day period.

A swimmer can swim a maximum of one (1) Age Group medley relay and one (1) Age Group freestyle relay. Participation in Senior Relays is unlimited provided the swimmer is age 12 the first day of Short Course Nationals.

Team entries for Age Group relay events are unlimited. However, only the A, B, and C relays per team per event can score and qualify for awards. D, E, etc. relays will not be scored or awarded under ANY circumstances, including disqualification of the team's A, B, or C relays.

WE WILL NOT ACCEPT "NT" ENTRIES FOR INDIVIDUAL EVENTS.

Deck entries will not be accepted. Exceptions are as follows:

Note all errors must be found and reported by 5 PM Thursday or no adjustment will be made. Check the online psych sheet carefully.

Exception 1. A swimmer, who is not entered or incorrectly entered by the fault of the meet entry chairperson, may be properly placed in the appropriate events.

Exception 2a. A swimmer, otherwise qualified, who was mistakenly not entered by his/her entry chairperson, may be deck entered up to **24 hours before the beginning of the meet**, provided he/she pays the appropriate entry fee plus a \$25.00/swimmer processing charge to the meet host. The coach is the only one who may make these changes.

Exception 2b. Coaches may add an event to a swimmer already entered in the meet (**same 24 hour notice required**) provided it is not over the entry limit and he/she pays the appropriate entry fee plus a \$25.00/swimmer processing charge. They may not exchange events.

7. ENTRY DEADLINE

Entries will be similar to YMCA Nationals. Prepare a team manager file as usual and upload to the web. **ALL ENTRIES ARE ONLINE AT THESE WEBSITES.**

Championship: <http://www.ymcacompetitiveswim.org/YMCANatsEntry.asp?M=SWOYSL-Champ>
South Sectional: <http://www.ymcacompetitiveswim.org/YMCANatsEntry.asp?M=SWOYSL-South>
North Sectional: <http://www.ymcacompetitiveswim.org/YMCANatsEntry.asp?M=SWOYSL-North>
Central Sectional: <http://www.ymcacompetitiveswim.org/YMCANatsEntry.asp?M=SWOYSL-Central>

Entries will be accepted until Monday, March 1, 2010 – 9:00 PM.

The Entry Chairperson is:

| | | |
|---------|-----------------|--|
| South | Richard Tomkins | richardtompkins@fuse.net |
| Central | Claudia Multer | claudiam@one.net |
| North | Angie Homan | Flipr1@aol.com |

8. **ENTRY FEES**

Individual Events: \$4.00 per event
Relay Events: \$16.00 per relay
Surcharge: \$1.00 per swimmer

If fees or a copy of the purchase order are not received by the first day of the meet the coach will be required to write a personal check to cover the fees. The check will be held until the YMCA check is received.

Bring your purchase order to the meet – have check mailed to Claudia

**MAKE CHECK PAYABLE TO THE "SOUTHWEST OHIO YMCA SWIM LEAGUE"
AND SEND TO:**

**CLAUDIA MULTER
1075 OAKMONT AVENUE
HAMILTON, OHIO 45013
513-863-6298**

9. **MEET RULES**

Except for those stated in this document and outlined in the Southwest Ohio YMCA Swim League "Rules and Regulations for Competitive Swimming Meets", issued September 1995 current USA Swimming Rules will govern this meet.

Positive check-in for swimmers entered in the 1000 freestyle event is required. The deadline for this check-in is 9:30 AM on the respective day. The check-in can be performed at the announcer's table.

All preliminary and timed final events will be pre-seeded to ensure a minimum of three (3) swimmers in all heats. However, an entire event will NOT be re-seeded to maintain this minimum should there be scratches and/or no-shows. Combining of heats where the opportunity arises may be performed at the discretion of the Meet Committee and/or deck referees.

The following SCRATCH RULE will be strictly enforced for all events with finals:

Those swimmers in the top 24 places of the initial posting of an event's preliminary results MUST scratch if they do not plan to return for finals. Scratches MUST utilize a Scratch Form obtained from the scratch table and signed by the swimmer's coach. To be accepted, these Scratch Forms MUST be turned in at the scratch table within 30 minutes of the announcement of that event's results. After 30 minutes, the results are official.

If a swimmer does not scratch and fails to show up for Consolation and/or Sectional Finals, he/she will:

- a. miss his/her next event
- b. or if the last event is missed in finals, a \$25.00 fine will be imposed on the team.

Finals events will be seeded based on the OFFICIAL preliminary results. AFTER the results are official, any scratches made known to the Meet Committee will result in the entire event being re-seeded if and only if there is sufficient time to do so prior to the event's being swum. If there is not sufficient time and if the scratch or no-show is in the consolation heat, the alternate swimmer

will simply swim in the lane originally assigned to the scratched or no-show swimmer. If there is not sufficient time and if the scratch or no-show is in the Sectional heat, no alternate will swim and the lane will remain empty. Once the consolation heat has swum, there will be no alternate in the Sectional heat.

No breaks will be taken other than those indicated in the Order of Events.

10. SCORING

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Remember: Only the A, B, and C relays per team per event can score.

D, E, etc. relays will not be scored under ANY circumstances, including disqualification of the team's A, B, or C relays.

11. AWARDS

Individual Events: Medals: 1st through 8th place
Ribbons: 9th through 16th place

Relay Events: Medals: 1st through 8th place
Ribbons: 10th through 16th place

High Point Plaques: Age group team high point plaques for both girls and boys age groups will be awarded.

Heat Ribbons: Heat ribbons will be awarded to all heat winners in the 8 & Under and 9 & 10 age groups.

**Banner
Plaques**

**First Place
Second and Third Place.**

COACHES OF 15 & OVER SWIMMERS MUST INDICATE IF THEY WISH TO RECEIVE THEIR AWARD OR IF THEY WISH TO MAKE A DONATION TO THEIR NATIONAL TEAM.

12. REQUIRED YMCA WORK ASSIGNMENTS

A member of the Meet Committee will prepare the officials/workers assignment list approximately 60 days in advance of the Sectional. The assignments will be posted on the web.

The required YMCA work assignments are determined by the number of swimmers entered by each team in last year's Sectional meet. If you expect significant changes, please contact the Meet Director. All YMCAs must provide the assigned workers as designated by the Meet Committee. Failure to provide all of the assigned officials/workers for any session of this meet will disallow that team's swimmers from further participation in the meet. **IT IS THE DUTY OF THE ASSIGNED TEAM TO CONTACT OTHER TEAMS FOR HELP IN FULFILLING ASSIGNMENTS.** It is not the duty of the meet director. Substitutes/alternates for the various officials/workers positions are allowed, provided that the position's instructions are reviewed with the person and that the Deck Referee is notified of the change.

All meet officials (referee, starter, stroke and turn judges, timers, etc.) must be dressed in white uniforms and have their certification patch clearly visible. Officials working as referee, starter, stroke or turn judge must have attended an update clinic for the 2009-2010 season. Warm-up officials will be assigned by the meet directors. Warm-up officials must report 15 minutes prior to the beginning of warm-ups.

13. MEET COMMITTEE

By League rules, all meets shall have a committee designated before the beginning of the meet. The meet committee shall consist of :

- SWOYSL officers in attendance,
- Meet Director,
- Meet Referee,
- one coach,
- one swimmer entered in the meet.

The committee may become involved in protests and disputes concerning technical matters, matters of eligibility, and other appropriate subjects, but in no case may the meet committee become involved in protests concerning judgment decisions by deck officials.

| Meet Directors | | |
|--|--|---|
| South | Central | North |
| Jon Saxton 99 Michigan Drive Terrace Park, Ohio 45174 Home: 513-518-5153 jsaxton@rendigs.com | Anne Albert 8226 Keeneland Court Maineville, Ohio 45039 Home 513-697-0814 anneduke@aol.com | Molly Keriazes 821 Weybridge Drive Springfield, Ohio 45503 Home 937-342-5333 Interna844@earthlink.net |

14. DEVOTIONS

Devotions have been assigned by the following schedule. Please be sure that your team is prepared with their assignment for their session.

| Assignments for: | Central | AM | PM | FINALS |
|-------------------------|----------|-------|------|--------|
| Sectionals | Friday | xxxxx | CY | xxxxxx |
| | Saturday | CFY | LAKY | GMVY |
| | Sunday | MY | MCY | KEY |

National Anthem – please contact – Anne Albert (Countryside) if you would like to give the anthem one session. We like to have all sessions preassigned.

Check with the appropriate meet director for assignments in the other sectional meets.

Southwest Ohio YMCA Swim League
Sectional Finals
Saturday March 6 and Sunday March 7, 2010
Countryside YMCA
Warm-up 5 PM Meet 6PM

Reminder – this meet will only work with extraordinary cooperation of coaches and parents. We will need officials from every participating team. It will take 16 certified officials and 18 timers in addition to some of the positions filled by Countryside YMCA. Please volunteer to work. At first guess – figure that you must provide a worker for every 3 swimmers in the meet. (Certified or non certified.)

We will swim 2 heats of 11-12, 13-14, and 15 & over events in the same order as prelims. That will be 16 swimmers for each event. The meet will take about 2 ½ hours.

Each prelim site will advance 20 swimmers to merge into the finals session.

Scratches -If a team has predetermined that they will not participate in finals please inform your scoring personnel. The meets will be merged and the top 24 will be sent back to each site. We ask for scratches within 30 minutes of posting the combined results for finals. Parents and swimmers are responsible for checking postings. The heat sheet will be posted on the web for all to see.

If an athlete fails to participate and he/she has not scratched they forfeit participation in their next event. (next finals event or next day whichever is the next event for that swimmer) Should the event be their last event of the meet the penalty is a \$25 fine. If the fee is not paid within 30 days the team will be banned from the next championship meet.

The finals session will be scored separately. Participants will be given a special swim cap for participation in the meet.

| Events for Finals at Countryside | | | |
|----------------------------------|-----------|-----------------------|------|
| Girls | Age | Saturday Finals | Boys |
| 203 | 11-12 | 100 Individual Medley | 204 |
| 205 | 15& over | 50 Freestyle | 206 |
| 207 | 13-14 | 50 Freestyle | 208 |
| 209 | 11-12 | 50 Freestyle | 210 |
| 211 | Senior | 200 Butterfly | 212 |
| 213 | 13-14 | 200 Butterfly | 214 |
| 215 | 11-12 | 100 Butterfly | 216 |
| 217 | 15& over | 100 Backstroke | 218 |
| 219 | 13-14 | 100 Backstroke | 220 |
| 221 | 11-12 | 50 Backstroke | 222 |
| 223 | 15& over | 200 Freestyle | 224 |
| 225 | 13-14 | 200 Freestyle | 226 |
| 227 | 11-12 | 200 Freestyle | 228 |
| 229 | Senior | 200 Breaststroke | 230 |
| 231 | 13-14 | 200 Breaststroke | 232 |
| 233 | 11-12 | 100 Breaststroke | 234 |
| Girls | Age | Sunday Finals | Boys |
| 303 | 11-12 | 100 Backstroke | 304 |
| 305 | 13-14 | 200 Backstroke | 306 |
| 307 | Senior | 200 Backstroke | 308 |
| 309 | 11-12 | 50 Butterfly | 310 |
| 311 | 13-14 | 100 Butterfly | 312 |
| 313 | 15 & over | 100 Butterfly | 314 |
| 315 | 11-12 | 100 freestyle | 316 |
| 317 | 13-14 | 100 freestyle | 318 |
| 319 | 15 & over | 100 freestyle | 320 |
| 321 | 11-12 | 200 Individual Medley | 322 |
| 323 | 13-14 | 200 Individual Medley | 324 |
| 325 | 15 & over | 200 Individual Medley | 326 |
| 327 | 11-12 | 50 Breaststroke | 328 |
| 329 | 13-14 | 100 Breaststroke | 330 |
| 331 | 15 & over | 100 Breaststroke | 332 |