



Badger

SWIM CLUB

FALL KICK-OFF INVITE
October 5-6, 2019

Invited Teams: APEX, AQUA, BAC(NJ), BAD, BGNW, COND, CENT, CFJV, COL, EHY, FA, GAEL, HES, LGAC, LIAC, LSA, LBA, MAKOS, MPNY, NYAC, NYCA, NYCP, NYSA, RED, RA, STORM, TRI, TS, TVSC, YFD, YMID

Metropolitan Swimming
Sanction #191013

FALL KICK-OFF INVITE

October 5-6, 2019

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #
- LOCATION:** Lehman College, 250 Bedford Park Blvd. New York NY 10468
- FACILITY:** Lehman College is an 8 lane 50 meter pool with a bulkhead. The meet will be run in the deep-end of the pool (25 Yards) and the shallow end will be used for continuous warm up and warm downs. Dak-Tronic electronic timing system and an 8-line scoreboard. The pool has been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** Session 1: Saturday AM: 7:00 AM Warm Up – 8:00 AM Start (11-12, 15 & Over, Open)
Session 2: Saturday PM: 1:00 PM Warm-Up – 2:00 PM Start (8&U, 10&U, 13-14, 10-14)
Session 3: Sunday AM: 7:00 AM Warm Up – 8:00 AM Start (11-12, 15 & Over, Open)
Session 4: Sunday PM: 1:00 PM Warm-Up – 2:00 PM Start (8&U, 10&U, 13-14, 10-14)
- *WARM UP AND START TIMES FOR SESSIONS 2 & 4 MAY BE ADJUSTED AFTER THE MEET ENTRY DEADLINE. ALL TEAMS WILL BE NOTIFIED.
- FORMAT:** This is a timed final meet.
This meet will be deck seeded with coaches checking in/scratching all swimmers.
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. No "Deck Registrations" will be accepted
Age on **October 5, 2019** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.

ENTRIES: All swimmers must be members of USA Swimming to enter and compete in this meet. There will be 8&U, 10&U, 10-14, 11-12, 13-14 and 15 & Over and Open Events. Swimmers may compete up to 4 individual events and 1 relay per day. A SWIMS Times Recon will be done at least one week prior to the meet. Entry times not found in SWIMS will be scratched. NT's will not be accepted.

*Host team reserves the right to limit the 400IM and 500 Freestyle to 32 Swimmers. Swimmers entered in the 400im and 500 freestyle must provide their own timer

U.S. Mail Entries/Payment to: Badger Swim Club Inc. 119 Rockland Rd. Larchmont, NY 10538

Email Entries/Confirm Entry Receipt: meetentries@badgerswimclub.com

Sign Express Mail Waiver allowing delivery without signature

DEADLINE: **Entries must be received by :** The final entry deadline for this meet is September 26, 2019.
No updates of times.

An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE: An entry fee of \$6.00 per individual event, \$8.00 for 400 IM and 500 Freestyle, and \$12.00 per relay, plus \$4.00 per swimmer Surcharge must accompany the entries.

Make check payable to: **Badger Swim Club Inc.**

Payment must be received by September 27,2019 for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

WARM-UP: Warm-ups will be run under Metro Swimming Warm-up and Safety Guidelines. All swimmers must be supervised by a credentialed coach at all times Warm ups will include general warm-up lanes and then sprint lanes for the last 15-minutes. The Shallow end of the pool will remain open for general warm-up. No diving will be permitted except in designated sprint lanes.

SCRATCHES: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

Metro Scratch rules will be followed. Please consult your guidelines.

Coaches must make sure that their swimmers understand that once they are scratched, they will NOT be reentered in the session. Coaches should inform their swimmers to leave plenty of time for traffic etc.

The coach of a swimmer that was seeded in an event, and is a No-Show (NS) in the event, must positively check the swimmer for the next days' events in order for that swimmer to be eligible to compete in the rest of the meet.

Failure to scratch a swimmer entered in more than four (4) Individual events in a day will result in that swimmer having to swim the first four events for which he/she is entered. No exceptions.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

AWARDS: Ribbons for Individual Events for 1st through 8th places in the 8 & Under, 10 & Under, 11-12 age groups will be presented.

OFFICIALS: **Meet Referee:** Jeff Chu - jcswim01@gmail.com
Officials wishing to volunteer should contact Meet Referee by **October 4, 2019**

ADMIN. OFFICIAL: **Administrative Official:** Wendy Martinez wendy.martinez1@lehman.cuny.edu

MEET DIRECTOR: Wendy Martinez - meetentries@badgerswimclub.com
Only Metropolitan Swimming Certified USA Swimming Coaches questions will be entertained. All parents are to speak with their individual team's coaches regarding specific needs.

RULES: The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.
Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

- SAFETY:** **All swimmers must wear footwear upon leaving the pool area.**
Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. **"Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement"**
- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."

Water depth from end of pool in deep end is: 13 feet at 1 meter / 12 feet at 5 meters
- DISCLAIMER:** **DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against Badger Swim Club Inc., Lehman College, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/VISUAL STATEMENT:** **Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting block's "Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present."**
- DECK CHANGING:** **Deck changes are prohibited.**
- ADMISSION:** Tickets will be sold online at www.badgerswimclub.com/tickets. Cost will be \$8 per ticket online. Tickets will be \$10 at the door.
- MERCHANTS:** T.B.D.
- PARKING:** Free Parking for Coaches and Officials with USA Swimming Credentials
Parking at College Supervised Lot, (100 yards from APEX).

DIRECTIONS:

Lehman College, 250 Bedford Park Blvd. New York NY 10468
Bedford Park Boulevard between Goulden and Paul Aves.

BY SUBWAY: Take the IRT #4 (Lexington) or IND 'D' to Bedford Park Boulevard and walk West on Bedford Park Blvd. past Paul Ave. to entrance on south side of street.

BY BUS: FROM WESTCHESTER: (White Plains, Hartsdale, Scarsdale, Yonkers via Central Park Ave.) #20 or #20X or (Yonkers via Getty Square/South Broadway/McClean Ave./Central Park Ave.) #4 to Bedford Park Blvd. Terminus and walk West.

BY CAR: Take Major Deegan Expressway (I-87) to the Van Cortlandt Park South Exit and turn left onto Van Cortlandt Ave. Proceed up the winding hill to Sedgwick Ave. And make left onto Sedgwick and continue uphill. Turn right at Goulden Ave. (keeping Reservoir on right) and go south to Bedford Park Blvd. Proceed two long blocks. Parking lots will be on your right. Via Saw Mill River Parkway South -(it becomes the Henry Hudson Parkway) to Mosholu Parkway exit. Proceed on long exit ramp. At the second traffic light, before the subway underpass, turn right onto Paul Avenue. Go for two long blocks. At Bedford Park Boulevard, turn right. APEX building is on your left. Proceed to traffic light and then turn left onto Goulden. Parking lots will be on your right.

**IMPORTANT! IN CASE OF EMERGENCY: Pool Office: 718- 960-7123 Meet Desk:
718-960-1134**



Metropolitan Swimming Photographer Registration Form

As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name _____

Phone Number _____

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID _____ # _____

Taking photos of _____

On behalf of _____

Purpose _____

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature _____ Today's Date _____

Meet _____ Location _____

Date(s) of meet _____

**SATURDAY MORNING- 7AM WARM UP; 8AM
START**

EVENT #	FEMALE		MALE	EVENT #
1	11-12	200 YD FREESTYLE RELAY	11-12	2
3	15 & Over	200 YD FREESTYLE RELAY	15 & Over	4
5	11-12	100 YD BACKSTROKE	11-12	6
7	15 & Over	100 YD BACKSTROKE	15 & Over	8
9	11-12	50 YD BREASTSTROKE	11-12	10
11	15 & Over	200 YD BREASTSTROKE	15 & Over	12
13	11-12	100 YD BUTTERFLY	11-12	14
15	15 & Over	100 YD BUTTERFLY	15 & Over	16
17	11-12	200 YD FREESTYLE	11-12	18
19	15 & Over	200 YD FREESTYLE	15 & Over	20
21	11-12	50 YD FREESTYLE	11-12	22
23	15 & Over	50 YD FREESTYLE	15 & Over	24
25	OPEN	400 YD IM	OPEN	26

**SATURDAY AFTERNOON- 1PM WARM UP; 2PM
START**

EVENT #	FEMALE		MALE	EVENT #
27	13-14	200 YD FREESTYLE RELAY	13-14	28
29	10 & U	200 YD FREESTYLE RELAY	10 & U	30
31	8 & U	100 YD FREESTYLE RELAY	8 & U	32
33	10-14	200 YD FREESTYLE	10-14	34
35	8 & U	50 YD BACKSTROKE	8 & U	36
37	10 & U	100 YD BACKSTROKE	10 & U	38
39	13-14	100 YD BACKSTROKE	13-14	40
41	8 & U	25 YD BREASTSTROKE	8 & U	42
43	10 & U	50 YD BREASTSTROKE	10 & U	44
45	13-14	200 YD BREASTSTROKE	13-14	46
47	8 & U	50 YD BUTTERFLY	8 & U	48
49	10 & U	100 YD BUTTERFLY	10 & U	50
51	13-14	100 YD BUTTERFLY	13-14	52
53	8 & U	25 YD FREESTYLE	8 & U	54
55	10 & U	50 YD FREESTYLE	10 & U	56
57	13-14	50 YD FREESTYLE	13-14	58

**SUNDAY MORNING- 7AM WARM UP; 8AM
START**

EVENT #	FEMALE		MALE	EVENT #
59	11-12	200 YD MEDLEY RELAY	11-12	58
61	15 & Over	200 YD MEDLEY RELAY	15 & Over	60
63	11-12	50 YD BACKSTROKE	11-12	62
65	15 & Over	200 YD BACKSTROKE	15 & Over	64
67	11-12	200 YD IM	11-12	66
69	15 & Over	100 YD BREASTSTROKE	15 & Over	68
71	11-12	100 YD BREASTSTROKE	11-12	70
73	15 & Over	200 YD BUTTERFLY	15 & Over	72
75	11-12	50 YD BUTTERFLY	11-12	74
77	15 & Over	100 YD FREESTYLE	15 & Over	76
79	11-12	100 YD FREESTYLE	11-12	78
81	OPEN	500 FREESTYLE	OPEN	80

**SUNDAY AFTERNOON- 1PM WARM UP; 2PM
START**

EVENT #	FEMALE		MALE	EVENT #
83	13-14	200 YD MEDLEY RELAY	13-14	84
85	10 & U	200 YD MEDLEY RELAY	10 & U	86
87	8 & U	100 YD MEDLEY RELAY	8 & U	88
89	10-14	200 YD IM	10-14	90
91	8 & U	25 YD BACKSTROKE	8 & U	92
93	10 & U	50 YD BACKSTROKE	10 & U	94
95	13-14	100 YD BACKSTROKE	13-14	96
97	8 & U	50 YD BREASTSTROKE	8 & U	98
99	10 & U	100 YD BREASTSTROKE	10 & U	100
101	13-14	100 YD BREASTSTROKE	13-14	102
103	8 & U	25 YD BUTTERFLY	8 & U	104
105	10 & U	50 YD BUTTERFLY	10 & U	106
107	13-14	100 YD BUTTERFLY	13-14	108
109	8 & U	50 YD FREESTYLE	8 & U	110
111	10 & U	100 YD FREESTYLE	10 & U	112
113	13-14	100 YD FREESTYLE	13-14	114