

Swim Omaha Three-Team Invite (NTS)
Bellevue Swim Club Host;
October 17-18, 2020

- SANCTION:** The Meet is held under the Sanction of USA Swimming and Midwestern Swimming, Inc, Sanction number: MWS20041
- It is understood and agreed that USA Swimming and Midwestern Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
 - Bellevue Swim Club has agreed to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Midwestern Swimming, the State of Nebraska, and Bellevue.
- DISCLAIMER:**
- Bellevue Swim Club has taken enhanced health and safety measures for all athletes, officials, and family members. Participants must follow all posted instructions while in and around the venue of the Bellevue East HS pool. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, people with underlying medical conditions are especially vulnerable. By attending and participating in this activity, participants voluntarily assume all risks related to exposure to COVID-19.
 - To Parents: USA Swimming, Inc., cannot prevent you or your children from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in this USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
 - BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, AND MIDWESTERN SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARATICIPATION IN THIS COMPETITION.
- LOCATION:** Bellevue East High School, 1401 High School Dr., Bellevue, NE 68005. Kennedy Freeway & Cornhusker Rd. interchange; east on Cornhusker Rd. (Cornhusker becomes Harvell Dr. after crossing Ft. Crook Rd); east on Harvell Dr.; right on Lincoln Rd.; left on High School Drive; pool is in the rear of the school. Plenty of parking available in front of the school. Please enter through the South Gym Entrance
- POOL:**
- The pool is six lanes, 25 yards in length; Timing system is Daktronics.
 - The water depth of the competition pool measured for a distance of 3' 3 1/2" (1.0 meter to 16' 5" (5.0 meters) from the start wall is 11.5 ft and the water depth at the end or turn wall when measured for a distance of 3' 3 1/2" to 16' 5" (5.0 meters) is 4 ft. (USA-S Rule 202.3.4.D.)
 - The competition course has not been certified in accordance with 104.2.2C(4)
- FACILITY:**
- Mask requirements – all personnel on deck (coaches, officials, volunteers) should be wearing masks. Swimmers should wear a mask when not participating in an event.
 - Team seating in separate areas for athletes only
 - Absolutely NO glass containers will be allowed in the pool area.
 - Disinfecting stations – Hand sanitizer will be located at each end of the pool and in the common area outside the pool
 - Bellevue Swim Club reserves the right to remove from the premises any individual who might jeopardize safety and facility privileges.
 - Use of audio or visual recording devices, including a cell phone, is not permitted behind the blocks, in changing areas, rest rooms, or locker rooms.
 - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
 - Gender neutral/family facilities are not available at this facility since it was built before current codes apply. To accommodate the needs of individuals, please contact Alicia Ayala (aliciaayala83@yahoo.com) if you need family or gender-neutral changing spaces.
 - Spectators will be limited to 1 per family and will be spread out (6' in between) in the bleachers. Streaming of the meet is planned, with details provided at a later date

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SCHEDULE:	Saturday, October 17, 2020			
	Morning	Warm-ups:	7:00 a.m.	Start: 8:00 a.m.
	Mid-morning	Warm-ups:	10:30 a.m.	Start: 11:30 a.m.
	Afternoon	Warm-ups:	2:00 p.m.	Start: 3:00 p.m.
	Sunday, October 18, 2020			
	Morning	Warm-ups:	7:00 a.m.	Start: 8:00 a.m.
	Mid-morning	Warm-ups:	10:30 p.m.	Start: 11:30 p.m.
MEET DIRECTOR:	Alicia Ayala	E-mail:	aliciaayala83@yahoo.com	
OFFICIALS:	Meet Referee: Steve Marchitelli Admin Official: Doug Thayer Meet Marshal: Laura Mace			
MEET FORMAT:	Invitational. Teams invited: SO, ISWM, OSF ; NTS for all age groups Timed Finals; Pre-seeded; NO deck entries Age Groups (3 total): 13&O, 11-12, 10&U			
DISABILITY SWIMMERS:	Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the Deck Referee of any disability prior to competition.			
RULES:	Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP") and Midwestern Rules will govern this meet.			
CREDENTIALS:	Presentation of coach's membership credentials will be required at coach sign-in. Credentials shall be available at all times. Deck Pass is acceptable proof of USA Swimming membership. In accordance with MWS Policy, only those coaches who hold current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.			
ELIGIBILITY:	<ul style="list-style-type: none">• All swimmers, coaches and clubs must be currently registered with USA Swimming and MIDWESTERN Swimming.• NO on deck registration permitted. NO late entries permitted.• Athletes who appear as unregistered on the first pre-meet recon must register with Midwestern immediately. A second pre-meet recon will be run 4 days prior to the start of the meet and any unregistered athlete that appears on that list must register with Midwestern Swimming and will be charged an additional \$30.00 above the current MW registration fee and must provide proof of registration before being allowed to swim in the meet. Meet management must delete unregistered athletes from the meet file prior to meet commencement• The age of the swimmer on October 17, 2020 determines his/her age for the entire meet.• Swimmers will be placed in one of 3 meet sessions based on age: 13&O, 11-12, 10&U• Time Standard: NTS for all groups• Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement."			
ENTRY LIMITS:	<ul style="list-style-type: none">• A swimmer may participate in 4 individual events per day.• No time trials.• The 4-hour rule will be applied. The host will accept no further entries for a session with 12 & Under swimmers where a 4-hour projected time limit is reached. The Meet Director reserves the right to limit events, heats, teams, and swimmers to conform to the 4-hour time limit (205.3.1F). Teams will be notified of any and all necessary adjustments.			
EVENT FEES:	Individual Events:	\$4.00		
	Midwestern Fee:	\$6.50		
ENTRY PROCEDURE:	<ul style="list-style-type: none">• Entries may be submitted either in electronic format (electronic entry file with hard copy) or via email.• All entry times should be YARD times.• A check for the entry fees must accompany all entries.• Make checks payable to Bellevue Swim Club (BSC). NO REFUNDS• Entries submitted electronically will be acknowledged within 24 hours of receipt.			
ENTRY DEADLINE:	<ul style="list-style-type: none">• DEADLINE FOR RECEIPT OF ENTRIES IS October 7, 2020 ; NO late entries.• Psych sheets will be sent to club entry chair within 24 hours of entry deadline. Clubs will have 48 hours after psych sheets are sent to make corrections..• NO deck entries.			

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- ENTRY CHAIR:** Alicia Ayala (402) 598-4944 E-mail: aliciaayala83@yahoo.com
2522 Linda St Bellevue NE 68147
- COACH MEETING:** Coach meeting will be one-half hour before each session, in the office behind starting blocks.
- GENERAL MEET CONDUCT:**
- All events will be timed finals and pre-seeded.
 - Report any scratches as soon as possible.
 - All starts will be from the deep end. Most finishes will be into touch pads. The exception will be the 25 yd events, which will use a button in addition to stop watches.
 - All events swum Slowest to Fastest.
 - Fly over starts will NOT be used. Swimmers will enter and exit the pool before the next swimmer is allowed to enter the block area to get on the blocks.
 - Each swimmer shall report promptly to his/her assigned lane prior to the start of each race in which he/she is entered and stand on tape provided behind the blocks when waiting for their heat to be called to help with social distancing behind the blocks.
 - Exhibition swimming will not be allowed.
- WARM-UP PROCEDURES:**
- Athletes should arrive in their suits and depart in their suits. Locker rooms will be available for restroom use only and will be monitored for usage and social distancing.
 - MWS Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
 - Teams will be assigned time and lanes for warm-ups.
 - Swimmers are to sit and slide entering water.
 - During sprint starts, swimmers must swim one direction only from deep to shallow.
- TEAM SUPERVISION:**
- Deck changes are prohibited.
 - Team areas will be located on deck.
 - Each team must provide an adult with non-athlete USA Swimming membership to supervise the swimmers in the team area at all times. Only registered coaches, swimmers, and officials will be allowed on deck.
- SCORING:** Meet will not be scored
- AWARDS:** No awards.
- MEET RESULTS:** Results will be posted at the meet after each event is scored and will be available electronically on the MW website within 48 hours of the meet conclusion – www.mwswim.org .
- PHOTOGRAPHY POLICY:** The MWS Photography Policy will be followed (MWS Policies and Procedures 8.5.15). Photographers taking pictures must adhere to MW policies and have advanced, written permission from the Meet Director or the Meet Referee to be on deck.
- GENERAL INFORMATION:** Meet Programs and food items will be available for purchase.

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Event List

Session 1: Meet Date: Saturday, October 16

Warm-ups: 7:00

Meet Start: 8:00

Mixed	Age Group	Distance and Stroke
1	13&O	50 Freestyle
2	13&O	100 Backstroke
3	13&O	200 Breaststroke
4	13&O	100 Butterfly
5	13&O	50 Breaststroke
6	13&O	200 IM
7	13&O	500 Freestyle

Session 2: Meet Date: Saturday, October 16

Warm-ups: 10:30

Meet Start: 11:30

Mixed	Age Group	Distance and Stroke
8	11-12	50 Freestyle
9	11-12	100 Backstroke
10	11-12	200 Breaststroke
11	11-12	100 Butterfly
12	11-12	50 Breaststroke
13	11-12	100 IM
14	11-12	500 Freestyle

Session 3: Meet Date: Saturday, October 16

Warm-ups: 2:00

Meet Start: 3:00

Mixed	Age Group	Distance and Stroke
15	8&U	25 Freestyle
16	10&U	50 Freestyle
17	8&U	25 Backstroke
18	10&U	50 Backstroke
19	8&U	25 Breaststroke
20	10&U	50 Breaststroke
21	8&U	25 Butterfly
22	10&U	50 Butterfly
23	10&U	100 IM

Session 4: Meet Date: Sunday, October 17

Warm-ups: 7:00

Meet Start: 8:00

Mixed	Age Group	Distance and Stroke
24	13&O	100 Freestyle
25	13&O	50 Backstroke
26	13&O	200 Butterfly
27	13&O	100 Breaststroke
28	13&O	200 Backstroke
29	13&O	50 Butterfly
30	13&O	200 Freestyle

Session 5: Meet Date: Sunday, October 16

Warm-ups: 10:30

Meet Start: 11:30

Mixed	Age Group	Distance and Stroke
31	11-12	100 Freestyle
32	11-12	50 Backstroke
33	11-12	200 Butterfly
34	11-12	100 Breaststroke
35	11-12	200 Backstroke
36	11-12	50 Butterfly
37	11-12	200 Freestyle
38	11-12	200 IM

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USA Swimming and Midwestern Swimming
Supplement Document for Sanction

The following information must be provided for sanction.

- a) A statement of the local protocols and requirements
 - a. Temperatures will be checked as swimmers enter the pool at the beginning of each session
 - b. Locker rooms and showers will not be available to swimmers. Swimmers should come to the meet and leave in their suits
 - c. All volunteers and officials will wear face masks while in the pool area and on deck
 - d. Swimmers should socially distance within their clubs to the greatest extent possible. Each club will provide one adult to help supervise swimmers.
 - e. The pool deck and bleachers will be sanitized between sessions
- b) For meet spectators:
 - a. Each swimmer will be limited to one spectator
 - b. Each spectator will wear a mask when in the pool area and seated in the stands
 - c. Spectators should social distance as much as possible in the bleachers. Some bleacher rows will be closed in order to facilitate this
 - d. A temperature check will be done for all people entering the pool
- c) BSC is planning for less than 100 people in the pool area for each session. This includes swimmers, coaches, officials, volunteers, and a limited number of spectators. This is well below the 50% capacity guidance from Bellevue Public Schools
- d) Each swimmer will be allowed one spectator for the meet. In addition, BSC is planning on streaming the meet for others (details to follow)
- e) An attestation statement in which the meet hosts attest that the conduct of the meet will adhere to local jurisdictional guidelines.

In applying for this sanction(ed event), the Host, Bellevue Swim Club
(specifically named Club of other entity) agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Midwestern Swimming, Inc, the State of Nebraska, and Bellevue and Bellevue Public Schools (local city/jurisdiction).

The assumption of risk disclaimer language (listed in the Meet Information under Disclaimer) must be included in all meet information, announcements, and heat sheets.