Adirondack Gold Short Course Championships
March 11, 16-18, 2018

Hawks Swimming Association Entries - All Events

Hawks Swimming Association-AD

1 **Benkert, Ashley - Female - Age: 15 - Ind/Rel: 9 / 0**

#11 Women Senior 200 Free Prelims	2:02.49	#15 Women Senior 100 Breast Prelims	1:11.20
#19 Women Senior 100 Fly Prelims	59.03	#53 Women Senior 100 Back Prelims	1:06.43
#57 Women Senior 100 Free Prelims	54.61	#61 Women Senior 200 Breast Prelims	2:39.45
#95 Women Senior 50 Free Prelims	25.34	#103 Women Senior 200 IM Prelims	2:14.60
#107 Women Senior 200 Fly Prelims	2:17.45		

2 **Bonner, Kaitlyn - Female - Age: 10 - Ind/Rel: 1 / 1**

#89 Women 10&U 200 Medley Relay (1)	2:32.29	#119 Women 10&U 50 Fly	38.93

3 **Burdick, Riley - Female - Age: 12 - Ind/Rel: 2 / 1**

#33 Women 11-12 50 Breast Prelims	41.52	#37 Women 11-12 50 Fly Prelims	35.50
#49 Women 11-12 400 Free Relay (1)	4:19.34		

4 **Cafaldo, Kayla - Female - Age: 12 - Ind/Rel: 9 / 2**

#3 Women 11-12 500 Free	6:16.87	#37 Women 11-12 50 Fly Prelims	32.32
#41 Women 11-12 50 Free Prelims	29.93	#45 Women 11-12 200 Free Prelims	2:18.99
#49 Women 11-12 400 Free Relay (1)	4:19.34	#71 Women 11-12 200 Fly	2:35.37
#75 Women 11-12 100 Breast Prelims	1:26.47	#87 Women 11-12 100 IM Prelims	1:15.51
#121 Women 11-12 200 IM Prelims	2:37.63	#125 Women 11-12 100 Fly Prelims	1:11.82
#129 Women 11-12 200 Free Relay (3)	1:59.77		

5 **Carlson, Lindsay - Female - Age: 17 - Ind/Rel: 7 / 0**

#19 Women Senior 100 Fly Prelims	1:03.35	#53 Women Senior 100 Back Prelims	1:01.13
#57 Women Senior 100 Free Prelims	58.11	#61 Women Senior 200 Breast Prelims	2:45.64
#95 Women Senior 50 Free Prelims	27.33	#99 Women Senior 200 Back Prelims	2:14.95
#107 Women Senior 200 Fly Prelims	2:25.96		

6 **Catania, Chad - Male - Age: 18 - Ind/Rel: 6 / 2**

#16 Men Senior 100 Breast Prelims	1:07.16	#28 Men Senior 400 Free Relay (2)	3:25.21
#54 Men Senior 100 Back Prelims	54.40	#58 Men Senior 100 Free Prelims	52.77
#70 Men Senior 200 Medley Relay (1)	1:39.32	#96 Men Senior 50 Free Prelims	23.75
#100 Men Senior 200 Back Prelims	2:00.70	#104 Men Senior 200 IM Prelims	2:02.51

7 **Clasby, Maia - Female - Age: 18 - Ind/Rel: 2 / 0**

#15 Women Senior 100 Breast Prelims	1:08.42	#61 Women Senior 200 Breast Prelims	2:39.34

8 **Clasby, Orla - Female - Age: 16 - Ind/Rel: 3 / 0**

#15 Women Senior 100 Breast Prelims	1:17.73	#19 Women Senior 100 Fly Prelims	1:03.22
#61 Women Senior 200 Breast Prelims	2:43.45		

9 **Demassio, Toni - Female - Age: 15 - Ind/Rel: 7 / 0**

#7 Women Senior 1650 Free	19:17.50	#11 Women Senior 200 Free Prelims	2:03.14
#15 Women Senior 100 Breast Prelims	1:16.21	#53 Women Senior 100 Back Prelims	1:05.92
#57 Women Senior 100 Free Prelims	58.76	#65 Women Senior 500 Free	5:29.46
#99 Women Senior 200 Back Prelims	2:23.41		

10 **Demassio, Ava - Female - Age: 13 - Ind/Rel: 6 / 0**

#9 Women 13-14 200 Free Prelims	2:11.87	#13 Women 13-14 100 Breast Prelims	1:18.14
#51 Women 13-14 100 Back Prelims	1:06.66	#63 Women 13-14 500 Free	5:40.19
#93 Women 13-14 50 Free Prelims	27.72	#97 Women 13-14 200 Back Prelims	2:28.25

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11 **Demis, Alex - Male - Age: 14 - Ind/Rel: 7 / 0**

#10 Men 13-14 200 Free Prelims	1:58.28	#14 Men 13-14 100 Breast Prelims	1:14.74
#52 Men 13-14 100 Back Prelims	1:05.20	#56 Men 13-14 100 Free Prelims	53.17
#64 Men 13-14 500 Free	5:27.83	#94 Men 13-14 50 Free Prelims	24.80
#102 Men 13-14 200 IM Prelims	2:22.90		

12 **Domitrovits, Charlee - Female - Age: 12 - Ind/Rel: 6 / 2**

#37 Women 11-12 50 Fly Prelims	35.48	#41 Women 11-12 50 Free Prelims	31.23
#49 Women 11-12 400 Free Relay (3)	4:19.34	#79 Women 11-12 100 Free Prelims	1:07.74
#83 Women 11-12 100 Back Prelims	1:14.31	#87 Women 11-12 100 IM Prelims	1:16.70
#117 Women 11-12 50 Back Prelims	36.22	#129 Women 11-12 200 Free Relay (2)	1:59.77

13 **Fontes-Janusz, Tai - Female - Age: 12 - Ind/Rel: 1 / 1**

#33 Women 11-12 50 Breast Prelims	43.23	#49 Women 11-12 400 Free Relay (3)	4:19.34

14 **Geisler, Sean - Male - Age: 17 - Ind/Rel: 5 / 2**

#16 Men Senior 100 Breast Prelims	1:06.27	#20 Men Senior 100 Fly Prelims	55.72
#28 Men Senior 400 Free Relay (3)	3:25.21	#54 Men Senior 100 Back Prelims	1:01.18
#58 Men Senior 100 Free Prelims	53.13	#70 Men Senior 200 Medley Relay (2)	1:39.32
#96 Men Senior 50 Free Prelims	24.19		

15 **Harp, Kaden - Male - Age: 10 - Ind/Rel: 1 / 0**

#82 Men 10&U 50 Breast	47.48		

16 **Kassian, Alexandra - Female - Age: 14 - Ind/Rel: 8 / 0**

#13 Women 13-14 100 Breast Prelims	1:12.81	#17 Women 13-14 100 Fly Prelims	1:06.14
#51 Women 13-14 100 Back Prelims	1:05.81	#55 Women 13-14 100 Free Prelims	58.92
#59 Women 13-14 200 Breast Prelims	2:43.28	#93 Women 13-14 50 Free Prelims	26.40
#97 Women 13-14 200 Back Prelims	2:24.19	#101 Women 13-14 200 IM Prelims	2:23.52

17 **Kassian, Andrew - Male - Age: 12 - Ind/Rel: 3 / 0**

#80 Men 11-12 100 Free Prelims	1:03.43	#84 Men 11-12 100 Back Prelims	1:09.54
#88 Men 11-12 100 IM Prelims	1:12.96		

18 **Kuyl, Leo - Male - Age: 17 - Ind/Rel: 7 / 2**

#12 Men Senior 200 Free Prelims	1:46.91	#16 Men Senior 100 Breast Prelims	1:01.70
#20 Men Senior 100 Fly Prelims	55.87	#28 Men Senior 400 Free Relay (4)	3:25.21
#58 Men Senior 100 Free Prelims	47.37	#62 Men Senior 200 Breast Prelims	2:19.59
#70 Men Senior 200 Medley Relay (4)	1:39.32	#96 Men Senior 50 Free Prelims	21.71
#104 Men Senior 200 IM Prelims	2:02.46		

19 **Lang, Grace - Female - Age: 10 - Ind/Rel: 3 / 1**

#35 Women 10&U 100 Breast	1:37.03	#47 Women 10&U 400 Free Relay (3)	5:16.14
#81 Women 10&U 50 Breast	47.12	#123 Women 10&U 100 Back	1:27.11

20 **LaPolt, Josie - Female - Age: 17 - Ind/Rel: 4 / 0**

#53 Women Senior 100 Back Prelims	1:01.47	#57 Women Senior 100 Free Prelims	56.00
#95 Women Senior 50 Free Prelims	26.32	#99 Women Senior 200 Back Prelims	2:17.83

21 **Lischinsky, Claire - Female - Age: 12 - Ind/Rel: 6 / 1**

#3 Women 11-12 500 Free	6:41.27	#33 Women 11-12 50 Breast Prelims	39.41
#41 Women 11-12 50 Free Prelims	31.45	#45 Women 11-12 200 Free Prelims	2:27.34
#49 Women 11-12 400 Free Relay (4)	4:19.34	#75 Women 11-12 100 Breast Prelims	1:23.48
#87 Women 11-12 100 IM Prelims	1:17.72		

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22 **Lischinsky, Stephen - Male - Age: 11 - Ind/Rel: 8 / 0**

#4 Men 11-12 500 Free	7:13.96	#34 Men 11-12 50 Breast Prelims	42.19
#42 Men 11-12 50 Free Prelims	33.91	#46 Men 11-12 200 Free Prelims	2:43.66
#76 Men 11-12 100 Breast Prelims	1:33.10	#80 Men 11-12 100 Free Prelims	1:15.78
#84 Men 11-12 100 Back Prelims	1:22.11	#118 Men 11-12 50 Back Prelims	38.25

23 **Loughran, Megan - Female - Age: 15 - Ind/Rel: 2 / 0**

#57 Women Senior 100 Free Prelims	59.53	#95 Women Senior 50 Free Prelims	26.96

24 **Napoli, Julia - Female - Age: 11 - Ind/Rel: 8 / 2**

#33 Women 11-12 50 Breast Prelims	38.88	#37 Women 11-12 50 Fly Prelims	30.54
#41 Women 11-12 50 Free Prelims	29.28	#49 Women 11-12 400 Free Relay (2)	4:19.34
#79 Women 11-12 100 Free Prelims	1:05.41	#83 Women 11-12 100 Back Prelims	1:16.70
#87 Women 11-12 100 IM Prelims	1:16.45	#117 Women 11-12 50 Back Prelims	35.92
#125 Women 11-12 100 Fly Prelims	1:11.63	#129 Women 11-12 200 Free Relay (1)	1:59.77

25 **Otis, Katie - Female - Age: 11 - Ind/Rel: 3 / 1**

#37 Women 11-12 50 Fly Prelims	35.14	#49 Women 11-12 400 Free Relay (2)	4:19.34
#83 Women 11-12 100 Back Prelims	1:16.41	#117 Women 11-12 50 Back Prelims	35.89

26 **Pizzarello, Maya - Female - Age: 10 - Ind/Rel: 1 / 2**

#31 Women 10&U 50 Free	35.00	#47 Women 10&U 400 Free Relay (2)	5:16.14
#89 Women 10&U 200 Medley Relay (4)	2:32.29		

27 **Psilopoulos, Andie - Female - Age: 12 - Ind/Rel: 9 / 2**

#3 Women 11-12 500 Free	6:16.14	#29 Women 11-12 200 Back	2:36.36
#33 Women 11-12 50 Breast Prelims	39.11	#45 Women 11-12 200 Free Prelims	2:20.37
#49 Women 11-12 400 Free Relay (4)	4:19.34	#75 Women 11-12 100 Breast Prelims	1:23.88
#83 Women 11-12 100 Back Prelims	1:14.08	#87 Women 11-12 100 IM Prelims	1:13.74
#113 Women 11-12 200 Breast	2:56.44	#121 Women 11-12 200 IM Prelims	2:40.10
#129 Women 11-12 200 Free Relay (4)	1:59.77		

28 **Ratynski, Quinn - Female - Age: 14 - Ind/Rel: 2 / 0**

#13 Women 13-14 100 Breast Prelims	1:18.04	#93 Women 13-14 50 Free Prelims	27.98

29 **Roberts, Luke - Male - Age: 14 - Ind/Rel: 4 / 0**

#14 Men 13-14 100 Breast Prelims	1:11.44	#60 Men 13-14 200 Breast Prelims	2:36.67
#98 Men 13-14 200 Back Prelims	2:21.38	#102 Men 13-14 200 IM Prelims	2:17.15

30 **Rosen, Ava - Female - Age: 15 - Ind/Rel: 6 / 0**

#19 Women Senior 100 Fly Prelims	1:00.06	#53 Women Senior 100 Back Prelims	1:06.13
#57 Women Senior 100 Free Prelims	57.78	#95 Women Senior 50 Free Prelims	26.83
#99 Women Senior 200 Back Prelims	2:21.36	#107 Women Senior 200 Fly Prelims	2:22.35

31 **Santos, Abbie - Female - Age: 16 - Ind/Rel: 6 / 0**

#15 Women Senior 100 Breast Prelims	1:08.65	#19 Women Senior 100 Fly Prelims	58.64
#57 Women Senior 100 Free Prelims	54.77	#61 Women Senior 200 Breast Prelims	2:33.41
#95 Women Senior 50 Free Prelims	24.37	#103 Women Senior 200 IM Prelims	2:13.90

32 **Santos, Rowan - Male - Age: 9 - Ind/Rel: 6 / 0**

#32 Men 10&U 50 Free	32.96	#36 Men 10&U 100 Breast	1:34.48
#74 Men 10&U 50 Back	36.33	#78 Men 10&U 100 Free	1:15.65
#82 Men 10&U 50 Breast	43.22	#116 Men 10&U 100 IM	1:25.48

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33 **Saunders, Brady - Male - Age: 13 - Ind/Rel: 7 / 0**

#10 Men 13-14 200 Free Prelims	1:57.29	#14 Men 13-14 100 Breast Prelims	1:16.71
#52 Men 13-14 100 Back Prelims	1:03.36	#56 Men 13-14 100 Free Prelims	55.23
#64 Men 13-14 500 Free	5:18.10	#94 Men 13-14 50 Free Prelims	25.64
#98 Men 13-14 200 Back Prelims	2:16.48		

34 **Sheeley, Alaura - Female - Age: 10 - Ind/Rel: 9 / 2**

#31 Women 10&U 50 Free	33.33	#35 Women 10&U 100 Breast	1:29.17
#39 Women 10&U 100 Fly	1:22.35	#47 Women 10&U 400 Free Relay (1)	5:16.14
#73 Women 10&U 50 Back	39.83	#81 Women 10&U 50 Breast	42.86
#85 Women 10&U 200 IM	3:03.77	#89 Women 10&U 200 Medley Relay (3)	2:32.29
#115 Women 10&U 100 IM	1:21.56	#119 Women 10&U 50 Fly	34.40
#123 Women 10&U 100 Back	1:27.65		

35 **Suchowiecki, Katie - Female - Age: 10 - Ind/Rel: 9 / 2**

#31 Women 10&U 50 Free	31.61	#35 Women 10&U 100 Breast	1:29.96
#43 Women 10&U 200 Free	2:33.63	#47 Women 10&U 400 Free Relay (4)	5:16.14
#73 Women 10&U 50 Back	36.70	#77 Women 10&U 100 Free	1:10.85
#81 Women 10&U 50 Breast	40.65	#89 Women 10&U 200 Medley Relay (2)	2:32.29
#115 Women 10&U 100 IM	1:20.44	#119 Women 10&U 50 Fly	38.13
#123 Women 10&U 100 Back	1:21.56		

36 **Trzewik-Quinn, Tadjiu - Male - Age: 16 - Ind/Rel: 7 / 2**

#12 Men Senior 200 Free Prelims	1:50.94	#20 Men Senior 100 Fly Prelims	53.32
#28 Men Senior 400 Free Relay (1)	3:25.21	#54 Men Senior 100 Back Prelims	54.57
#58 Men Senior 100 Free Prelims	51.94	#70 Men Senior 200 Medley Relay (3)	1:39.32
#96 Men Senior 50 Free Prelims	22.80	#100 Men Senior 200 Back Prelims	2:00.27
#104 Men Senior 200 IM Prelims	2:01.85		

37 **Trzewik-Quinn, Zofia - Female - Age: 15 - Ind/Rel: 8 / 0**

#15 Women Senior 100 Breast Prelims	1:16.52	#23 Women Senior 400 IM	4:55.76
#53 Women Senior 100 Back Prelims	1:05.85	#57 Women Senior 100 Free Prelims	58.04
#65 Women Senior 500 Free	5:27.52	#95 Women Senior 50 Free Prelims	27.12
#99 Women Senior 200 Back Prelims	2:21.03	#103 Women Senior 200 IM Prelims	2:17.18

38 **Wilson, Tate - Male - Age: 10 - Ind/Rel: 9 / 0**

#32 Men 10&U 50 Free	32.14	#36 Men 10&U 100 Breast	1:31.49
#44 Men 10&U 200 Free	2:41.40	#74 Men 10&U 50 Back	41.34
#78 Men 10&U 100 Free	1:11.91	#82 Men 10&U 50 Breast	40.14
#116 Men 10&U 100 IM	1:23.94	#120 Men 10&U 50 Fly	40.25
#124 Men 10&U 100 Back	1:27.34		

Hawks Swimming Association-AD Total Individual Entries: 207 - Total Relays: 0