

It is critical that you have enabled SMS messaging through your Team Unify account. Please make sure it is activated and ask for assistance if you need help in setting it up!

Daily Facility Entrance Procedure

1 – Drop Off (Swimmers will have masks in place covering mouth and nose)

- Swimmers will be dropped off in parking area (swimmers who drive will park). If the area in front of the entrance is crowded, where maintaining 6 feet between swimmers is not possible, please wait in the car until the crowd clears. Always maintaining at least 6-feet of distance, swimmers will head to the facility entrance.
 - No spectators will be allowed inside facility

2 – Wait at Gate

- Swimmers will form a line (6 Feet Apart) outside the facility entrance and move down the line as called upon by the check-in staff

3 – Entry to Check-In

- The check-in staff at the will instruct each swimmer to move forward for check-in. Athletes remain 6 feet apart and do not proceed until instructed.

4 – Temperature Check and Screening

- Swimmers will have their temperature checked.
- Athletes will be screened on 3 COVID-related questions:
 1. Have you travelled commercially in the past 14 days?
 2. Are you experiencing any COVID-19 symptoms, including cough, fever or sore throat?
 3. Are you taking any fever-reducing medications?
 4. If the athlete answers yes to any of the 3, they will not be allowed to enter the facility.
- Swimmers will also be assigned a lane. They must remember what lane they are assigned! This is for potential contact tracing purposes

5 – Head to Bag-Drop Procedure

- Swimmers will proceed to next staff member for hand sanitizing and bag-drop area instructions. Swimmers must stay in the order they were checked in to ensure tracing and accurate lane assignments
- Swimmers will take their bags to their designated space near the pool deck. Any items brought into the facility (such as a towel, clothes, shoes, or gear) shall be placed in the designated area

Daily Facility Exit Procedure:

1 – After-Practice Bag Pick-Up

- Swimmers will be instructed to exit pool to head to their bag in the bag-drop area
- Swimmers will place their masks over their face, grab their items, and when instructed, follow the flow of the pool around to the exit.

2 – Exit from Facility

- On the way to the exit, hand-sanitizer will be available
- Swimmers will exit through the appropriate exit and head directly to their cars.
- There is no congregating anywhere on the facility property
- After practices, it is the athlete/family's responsibility to disinfect any items set down at the facility.

Reminders:

- ▶ Facility rest-rooms will be used only in an emergency
- ▶ Athletes will enter each facility's entrance with face masks covering mouth and nose on. **PPE Masks are always required to be worn out of the pool.**
- ▶ Athletes will only be permitted to begin to line up **10 minutes** before scheduled practice.
- ▶ Athletes will leave the facility immediately at the completion of their practice.
- ▶ Athletes will observe social distancing at all times – including while waiting in the check-in line to undergo a temperature check and informational screening.
- ▶ Any athlete with temperature above 100.4 will be sent home. Athletes who are experiencing any symptoms of COVID-19 should remain home and see their physician.
- ▶ There will be no locker room use. Athletes will come and leave the pool in suits and sweats. Showering will be done at home.
- ▶ Athletes will bring their own labeled water bottles to practice.
- ▶ Upon entrance to pool deck athletes will place belongings in marked space and wait to be instructed to head to assigned lane.
- ▶ No sharing equipment, food, drinks.
- ▶ Athletes must take their training equipment home with them after each practice.
- ▶ No congregation after swimming – THIS INCLUDES IN FRONT OF FACILITIES AND PARKING LOTS.
- ▶ Athletes will leave through the facility's exit under the direction of a monitor.

COVID-19 Liaison

- ▶ The Sharks COVID-19 Liaison is Anne Marie Nelson. Anne Marie can be reached at dranelson1539@gmail.com
- ▶ Staff and athletes must self-report to our COVID-19 Liaison if they have symptoms of COVID-19, a positive test for COVID-19, or were exposed to someone with COVID-19 within the last 14 days.
- ▶ COVID-19 Liaison (Anne Marie Nelson) will notify local health authorities of COVID-19 cases. COVID-19 Liaison will notify staff, athletes and families of potential COVID-19 exposures while maintaining confidentiality in accordance with the American Disabilities ACT.

Other questions

▶ INCLEMENT WEATHER SCENARIOS

- **What happens if there is a thunderstorm and the athletes need to leave the pool?**
 - If there are forecasted thunderstorms through the morning, it is highly encouraged parents remain at the facility in their vehicles during practice time. The staff will stay up to date on weather forecasts and will try to cancel any practices prior to a group getting in the water (Be sure your SMS is updated on Team Unify). Should a weather event occur requiring the coaching staff to remove the athletes from the pool, we will do so while maintaining appropriate social-distancing. Parents will be contacted to pick up their swimmers.

▶ PARENTS & SPECTATORS

- **Are parents or spectators allowed into the facility?**
 - Parents and spectators are not allowed into the facility in order to reduce the number of individuals gathering. Please do not congregate in the parking lots or in front of the facilities!

▶ CHANGING & LOCKER ROOM ACCESS

- Can my swimmer take a shower or use the locker room after practice? Where will he/she go to the bathroom
 - The locker rooms will not be available for use. Swimmers will shower when they return home.
- ▶ In an emergency situation, swimmers will be allowed to use a designated rest-room in the facility. The rest-room will be sanitized after each use