

	Date	Time In	Signature	Notes
Sunday				
Monday				
Tuesday				
Wednesday				
Thursday				
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Saturday				
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Friday				
Saturday				

Month:

Name:

Monthly Percent:

DO NOT SIGN IN UNTIL YOU HAVE ALL OF YOUR EQUIPMENT IN HAND READY TO SWIM.

Kick Board	Pull Bouy	Fins	Foam Roller
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Zoomers	Paddles	Snorkle	Tempo Trainer
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Goggles	Swim Cap	Water Bottle
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