

Coaches reports to BOD:

Number of kids in water

- 41 swimmers see attached report.
- Last month I misspoke in regards to group numbers elementary school aged swimmers were still limited to 6 swimmers at a time but that has now been moved to 12, however running two ends of the pool with that age group at the same time with one coach is difficult and probably nonproductive to do so. Went to review other coaches status on USA swimming portal and I am currently the only coach register with USA swimming for this year so I will get Rebecca H. and Jaimie R. to register as coaches as we will probably need them in the near future, but believe that both will have an invalid certification come March due to a lapse in Coaches safety training, which requires an in the water portion they will need to perform but am unaware of anyone offering this on the peninsula at the moment due to social distancing protocols in place. I will follow up on this.

Swimmer behavior issues? (ones that you need BOD to get involved in as behavior is not changing)

- None of note.

Progress news of last month with swimmers

- Dolphin – Excellent progress so far. Realistically this group started without the skills to even enter dolphins but have done a great job with the skills covered so far and should be up to speed on all the skills to enter the group by the end of the month.
- Bronze – Excellent progress so far. I would say very similar to dolphin many of the swimmers in the group did not have the skills necessary to be in this group (legal FL, BR, and IM) but are rapidly picking up those skills but there is still much material to cover before being fully up to speed but am confident in their ability to achieve this.
- Silver – Excellent progress so far. Swimmers are picking up the more advance technical details in stroke while polishing skills that had become a little rusty over COIVD. There is a wide variety of skill in this group, which makes it a bit challenging but am trying to prep some swimmers for moves into gold by this summer as well as getting other swimmers up to speed on their skill work that is much needed.
- Gold/Senior – I am starting to feel very confident about this group's ability, they have been working on adopting more advance training methods and understanding how this training is impacting their future performances. We are working on the concept that if you are going to swim faster then something has to change (physically, technically, etc...) and that these changes take time to make but in the long run will payoff big.

Any staff conflicts or news on wanting to add someone to the deck?

- Jaimie and Rebecca, have the USA swimming registration forms now so I am hoping they will get those back to AK registration asap. I think we could run 3 more dolphins if we had the staff to do so.

What do you need from the BOD?

- Continued support on the behind scenes things (registrations, volunteers, website, parent communications, etc.).

What is on the Horizon for the next month? Schedule changes, meets etc.

- I think we should try to schedule a time trial at the end of February or early March and possibly early April for kids to swim at. "If" AK swim is going to run meets then giving the kids opportunities to swim and "qualify" would be a good.