

Coaches reports to BOD:

Number of kids in water

- 39 Competitive swimmers see attached report.
- 75 Novice swimmers.

Swimmer behavior issues? (ones that you need BOD to get involved in as behavior is not changing)

- Continual issues of novice swimmers in the locker rooms. No major complaints from parents but pool management.

Progress news of last month with swimmers

- Kings – Very good start to the year. I am already observing improvements with their starts and turns and am excite to see them race this weekend.
- Dream – Dream came back from break in much better shape than anticipated, have really demonstrated dedication and a willingness to do some really good work these past few weeks. Still very much developing our butterflies as well as longer distance freestyle swim to boost confidence.
- Believe – This is a small group but has really demonstrated interest in getting further in the sport and seems hungry to learn and develop. This group still needs significant technical work and endurance development.
- Gold/Senior – This group as well came back in pretty good shape after the break. Swimmers are centering their focus on JO's and Oregon senior champs at the moment. We are still working on helping them understand training concepts and why they are important to their long term development.

Any staff conflicts or news on wanting to add someone to the deck?

- None of note coaching staff seem to have a good handle on the material.

What do you need from the BOD?

- I am really grateful for the continued support with the novice program and appreciate all that you guys are doing for the club. Being on deck so much I think that this has allowed me to keep my focus on the pool and the kids.

What is on the Horizon for the next month? Schedule changes, meets etc.

- We have the Soldotna Invite this weekend and 26 swimmers attending. Swimmers leave for Oregon senior champs March 2nd, and return March 7th. Pool will be closed during spring break so I am going to work to find pool space in Soldotna and Kenai during that week, as I really would prefer to have kids staying in the pool before south central area champs meet and JO's. If there is a possibility of a time trial before south central champs that would definitely be helpful especially for our younger swimmers.