

Coaches reports to BOD:

Number of kids in water

- Numbers this month are 100 swimmers last month we were at 101. Moving to a seasonal program will help keep numbers more consistent throughout the year. Please refer to the spreadsheet for more in-depth breakdown.

Report on monthly coaches meeting

- Coach Thad and I have been meeting on a regular basis this past month to address the pool schedule and mostly in regard to the pool maintenance. I will be planning on meeting with Thad the first Monday of each month at 10:00 am our next formal meeting will be Monday February 3rd.

Swimmer behavior issues? (ones that you need BOD to get involved in as behavior is not changing)

- Behavior issue in boys locker room has been resolved and I have spoken to parents and swimmers involved in the issues.

Progress news of last month with swimmers

- Silver – We have continued working on technical development of all four strokes and building our “toolbox” of drills and skills we are using to refine and teach the strokes. Practice attendance over break was a bit spotty and not as highly attended as I wanted and missing pool time the first full week of January has certainly put us a little behind where I would like us to be.
- Gold/Senior – My goal for this group coming out of November was to build the volume of work we were conducting while maintaining technical details developed previously, however due to the inconsistent attendance over Christmas break and pool maintenance issues in early January we have not as a group accomplished what I had originally anticipated over the past month, putting us a little behind our preparation for Senior and Age Group Champs. I will continue to monitor our performance at the next few meets to gauge how far behind our seasonal plan we currently are. Realistically speaking our focus as a group needs to shift to training for AK JO’s in April.
- Separate note – Inconsistent practice attendance is really preventing the groups from moving forward as quickly as I would like them to as I am spending too much time covering information we have already been over it really is less than ideal allowing kids to move into and out of our club on a month to month basis (both for coaches, and kids) as well as not having attendance requirements for the groups and I really think this is something we need to address as these kids who are not showing up are not getting the most from our program and the kids in their practice groups are also being held back because of this.

Any staff conflicts or news on wanting to add someone to the deck?

- None to note.

What do you need from the BOD?

- Look over USA swimming club recognition program.

What is on the Horizon for the next month? Schedule changes, meets etc.

- Senior Champs January 24-26.
 - Coach Caleb to attend will need practice coverage approval for the following dates:
 - Thursday January 23rd.
 - Silver and Gold / Senior
 - Friday January 24th.
 - Gold / Senior
 - Saturday January 25th.
 - Silver and Gold / Senior
- Soldotna Invite January 31 – February 1.
 - Both Thad and Caleb to attend, Saturday practice cancelled, will need practice coverage approval for the following dates:
 - Friday January 31st
 - Gold / Senior
- AK Age Group Champs February 14-16.
 - Caleb to attend. Coverage needed as follows:
 - Thursday February 13
 - Gold / Senior and Silver (or cancel)
 - Friday February 14
 - Gold / Senior
 - Saturday February 15
 - Gold / Senior and Silver (or cancel)
- Kenai Invite
 - Do we have format of the meet as this would determine what coverage we would need.