

## Coaches reports to BOD:

### Number of kids in water

- Novice 51 kids (see attached roster)
- Competitive 31 kids (see attached roster)

### Report on monthly coaches meeting

- Coach Jaimie and Coach Rebecca are happy to be back on the pool deck again. I have completed work on a season planner (attached) for our age group program to: 1. Help guide our coaches in organizing and creating goal oriented workouts. 2. To help coaches better evaluate the performance of their swimmers based on their season plan and be able to improve their process over time. 3. To bring consistency to the KSC coaching staff. I am working on setting up a coaches meeting with both coaches but it has proven difficult, so I am thinking it best to do meetings separately. My next goal is to solidify our drill and skill progression / common language for our club and have our coaches ready to use by January.

### Swimmer behavior issues? ( ones that you need BOD to get involved in as behavior is not changing)

- None of note.

### Progress news of last month with swimmers

- Overall things have gotten off to a good start, the kids seem to be happy and it is great seeing so many kids in the pool once again. The groups that I have been working with seem to be taking to the technical training early in the season, while the high school aged swimmers continue to see improvements throughout the season as well. I am working on setting up meetings with the other coaches but in my conversations with them thus far they seem to be very happy.

### Any staff conflicts or news on wanting to add someone to the deck?

- None to note.

### What do you need from the BOD?

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### What is on the Horizon for the next month? Schedule changes, meets etc.

- Time trial October 22 3:30-5:45 PM
  - Swimmers in Parr, Smolt, Kings, Dream, Believe
  - Swimmers in Achieve and Perform to assist in timing / marshalling younger swimmers.
- Seward swim meet October 23 (high school)
- Regional champs (high school) October 28-30
- State champs (high school) November 4-6