

# **KACHEMAK SWIM CLUB (KSC)**

## **Swimmer Code of Conduct and Discipline Policy**

Behavioral Guidelines: Membership in Kachemak Swim Club is a privilege; swimmers are expected to demonstrate respect for others, represent the team with honor and integrity, and embrace the educational process.

Disciplinary Hierarchy: Practice is a group educational activity; it is imperative that the coach's time not be occupied with disruptive or fractious behavior. Code of Conduct violations and other behaviors that disrespect the team or the training process may be subject to disciplinary action as deemed necessary by the coaches. Consequences such as those listed below will be progressive in nature and initiated at a level commensurate with the severity of the infraction and the swimmer's disciplinary history:

1. Non-verbal reprimand such as coach eye contact, temporary cessation of the activity, or specific gestures
2. Verbal reprimand
3. Time-out and articulation by the swimmer of how his or her behavior will be remediated
4. Restorative action by the swimmer (i.e. apology to victim, repair of damage, etc.)
5. Expulsion from that practice
6. Suspension from the team and all club activities for 7 days
7. Suspension from the team and all club activities for 30 days
8. Suspension from the team and all club activities for 90 days or the remainder of the season, whichever is longer (the season runs from September 1 to August 31)

Coaches will notify parents in the case of repeated problems at levels 1-4 or a single offense at level 5 or higher.

I agree to comply with the athlete code of conduct and understand that violations of this code may result in disciplinary action.

Swimmer signature \_\_\_\_\_ Date \_\_\_\_\_

Swimmer signature \_\_\_\_\_ Date \_\_\_\_\_

Swimmer signature \_\_\_\_\_ Date \_\_\_\_\_

Swimmer signature \_\_\_\_\_ Date \_\_\_\_\_