**Sanction:** Under sanction # 201511132 by USA Swimming and Alaska Swimming, Inc. (ASI).

**Location:** Hamme Pool, Fairbanks, AK

**Facility:** Six (6) lane, 25 yard competition pool, divided by Kiefer Flo-thru lane lines.

International Sports Timing system with touch pads, six (6) lane display, one

button manual back-up, one hand held digital watch per lane and horn/strobe light start. This pool is not currently certified by USAS. Pool depth at Start end is 5 feet and 4 feet at turn end.

**Meet Time: Warm-ups Start**

Friday Night **5:00 pm 6:00 pm**

Saturday Prelims **8:00 am 9:00am**

Saturday Finals TBA TBA

Sunday Prelims **8:00am 9:00am**

Sunday Finals TBA TBA

Officials Meeting (Sat & Sun) **8:30 am – 8:45 am**

Coaches Meeting (Sat) **8:45 am – 9:00 am**

**\*Finals start time will be announced by Meet Officials prior to the end of the**

**Prelims session. There will be a minimum of 2 hour break per ASI Rules and**

**Regulations, with warm-up starting 1 hour 30 minutes before the start of the Finals.**

Warm ups will be conducted in accordance with USAS and ASI warm-up/warm

down procedures as outlined in ASI Rules & Regulations, Appendix, page 39. Warm-ups will be swum as open warm-ups, without assigned lanes for teams.

Each team is requested to provide Clerk of Course with a list of scratches for prelims by 8:30am. There are no penalties for late scratches. However, meet management is facilitated if scratches can be noted before the meet begins. Scratches from finals should be made within the timeframe announced when finals qualifiers are announced.

Time trials may be conducted during the break between prelims and finals on Saturday and Sunday at the discretion of meet management. Swimmers may swim a maximum of one (1) time trial event per day. In a timed finals meet a swimmer may compete in not more than five (5) individual events per day (per Alaska Swimming Rules & Regulations, Articles 102.2.3). **There will be an up-front charge for each time trial entry of $2.50** (per Alaska Swimming Rules & Regulations, Articles 1.A.8.f and 2.A) **which must be paid before the time trial is swum**. Time trials will be swum under blanket sanction 20150901B5. A coach desiring to time trial a swimmer shall make a request to the meet director; the deadline for requests is 11am on the day the swimmer wishes to swim a time trial. The meet directors and meet referee shall determine the timing and feasibility for conducting the time trial. There shall be no guarantee that a requested time trial event will occur. Swimmers wishing to swim long events are expected to swim them as part of the meet, these will NOT be swum as time trials.

**Eligibility:** Open to all USAS registered swimmers. Please note: Per ASI rules, swimmers

may not be allowed to swim in the meet unless a signed coach’s verification form

has been received. (Available on ASI website: www.akswimming.org). Swimmers must swim in the age group corresponding to their age on the first day of the meet.

**Adaptive**

**Swimmers:** Disabled or adapted swimmers are welcome and encouraged to participate.

Coaches should include a written description of the special needs of the

disabled/adaptive swimmer with the team entries. Questions regarding final

assignment within specified heats should be brought to the attention of the Meet

Referee.

**Rules:**

1. Current USAS And ASI Rules & Regulations govern this meet and take precedence over any item contained in this invite.
2. This will be a pre-seeded meet.
3. All 11 & over events except the long events and relays will be prelims and Finals events. 10 & Under events will be swum as time finals during the finals session.
4. The 1650 Free and 500 Free will be swum as timed finals. These events will be swum fastest to slowest. These individual events shall be deck seeded with positive check in 30 minutes prior to the scheduled start of that day’s competition. Male and Female swimmers should be prepared to swim these events according to their times rather than age or gender (Alaska Swimming Rules, Article 3.A.3).
5. Swimmers entering the 1650 Freestyle or the 500 Freestyle must supply their own lap counter.
6. The diving well will be open for warm-up and warm-down during the meet.
7. Coaches please scratch those swimmers that you know will not be competing in the meet as soon as possible to ensure a smooth flow at the clerk of course. Scratch procedures will be as shown on page 6 of the Alaska Swim Guide for events seeded on deck.
8. Heats shall be combined whenever possible. Scoring shall be adjusted for age and gender.
9. Horn and Strobe starts will be used.
10. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement (USA Swimming rules, 202.2.9 D).
11. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event (USA Swimming rules, 202.2.9 K).

**Pool Rules:** 1.No glass on deck at any time.

1. No shaving allowed on site.
2. Per USAS and ASD regulations, smoking or use of other tobacco products is NOT permitted before, during, or after the meet in any area on the deck, in the pool building, or outside, adjacent to the pool building.
3. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms (USA Swimming rules, 202.2.9 H).
4. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited (USA Swimming rules, 202.2.9 I).
5. No flash photography is permitted at the start of any event.

**Scoring:** Events will be scored through 6th place in accordance with USA Swimming rules, 102.25.3 (7-5-4-3-2-1), Relays (14-10-8-6-4-2).

**Awards:**  Ribbons will be awarded 1st through 12th place finishers in each event. Awards will be given for the following age groups: 10 & Under, 11-12, 13-14, and 15 & Over.

**Entry Date: Entries must be emailed no later than 6:00 pm Thursday, November 5, 2015. A list of coaches that will be on deck during the meet MUST be supplied with the entries for each team. NO LATE ENTRIES OR DECK ENTRIES WILL BE ALLOWED.**

**Entries:** 1. Each swimmer may enter **no more than seven (7) individual events** for this meet with no more than 3 per day.

1. Entries must be submitted by Hy-tek file, sent by e-mail.
2. A pre-built .HYV file for this meet is available on the MSST website (http://www.teamunify.com/Home.jsp?team=asmst).
3. A current USAS registration number for each athlete must be provided with all entries.
4. Teams must submit the following prior to the beginning of the meet:
	1. Hy-tek meet entry report
	2. Hy-tek team entry fee report
	3. Coach/Swimmer USAS Membership Verification form
	4. Entry Fees
5. **Entry fees are nonrefundable.**

**Entry Fees:** Facility charge per swimmer $18.00

Entry fee per swimmer $3.50

Individual event fee $2.50

Relay Fee $5.50

**Make checks made Payable to Midnight Sun Swim Team**

**Check needs to be submitted to Meet Management on the First Day of the Meet.**

**Submit to:** Kaylene Ottoson **E-Mail Entries:** kayleneottoson@gmail.com

P.O. Box 73205

Fairbanks, AK 99707

**Meet Directors:** Kaylene Ottoson

Kayleneottoson@gmail.com

**Meet Referee:** Denise Thorsendlthorsen@alaska.edu

**Safety Marshall**: To be determined

**Housing**: NA

**Concessions:** A light concession stand will be available.

**General Info:** Each team accepting the invitation is requested to provide two (2) timers per session with adequate substitution of individuals to complete the meet.

**Meet Schedule**

|  |  |  |
| --- | --- | --- |
| **Girls** | **Friday, Nov. 13th** | **Boys** |
| 1 | Open 1650 Free | 2 |
| 3 | Open 800 Free Relay | 4 |
|  |  |  |
| **Girls** | **Saturday, Nov. 14th Prelims** | **Boys** |
| 11 | Open 200 Free | 12 |
| 15 | Open 100 Back | 16 |
| 19 | Open 200 Breast | 20 |
| 23 | Open 100 Fly | 24 |
| 27 | Open 50 Free | 28 |
| 31 | Open 400 IM | 32 |
|  |  |  |
| **Girls** | **Saturday, Nov. 14th Finals** | **Boys** |
| 5 | 12 & Under 200 Free Relay | 6 |
| 7 | 13 & Over 200 Free Relay | 8 |
| 9 | 10 & Under 200 Free | 10 |
| 11 | 11-12 200 Free13-14 200 Free15 & Over 200 Free | 12 |
| 13 | 10 & Under 50 Back | 14 |
| 15 | 11-12 100 Back13-14 100 Back15 & Over 100 Back | 16 |
| 17 | 10 & Under 100 Breast | 18 |
| 19 | 11-12 200 Breast13-14 200 Breast15-16 200 Breast | 20 |
| 21 | 10 & Under 50 Fly | 22 |
| 23 | 11-12 100 Fly13-14 100 Fly15 & Over 100 Fly | 24 |
| 25 | 10 & Under 100 Free | 26 |
| 27 | 11-12 50 Free13-14 50 Free15 & Over 50 Free | 28 |
| 29 | 10 & Under 200 IM | 30 |
| 31 | 11-12 400 IM13-14 400 IM15 & Over 400 IM | 32 |

|  |  |  |
| --- | --- | --- |
| **Girls** | **Sunday, Nov. 15th Prelims** | **Boys** |
| 39 | Open 200 IM | 40 |
| 43 | Open 100 Free | 44 |
| 47 | Open 200 Fly | 48 |
| 51 | Open 100 Breast | 52 |
| 55 | Open 200 Back | 56 |
| 57 | Open 500 Free | 58 |
|  |  |  |
| **Girls** | **Sunday, Nov. 15th Finals** | **Boys** |
| 33 | 12 & Under 200 Medley Relay | 34 |
| 35 | 13 & Over 200 Medley Relay | 36 |
| 37 | 10 & Under 100 IM | 38 |
| 39 | 11-12 200 IM13-14 200 IM15 & Over 200 IM | 40 |
| 41 | 10 & Under 50 Free | 42 |
| 43 | 11-12 100 Free13-14 100 Free15 & Over 100 Free | 44 |
| 45 | 10 & Under 100 Fly | 46 |
| 47 | 11-12 200 Fly13-14 200 Fly15 & Over 200 Fly | 48 |
| 49 | 10 & Under 50 Breast | 50 |
| 51 | 11-12 100 Breast13-14 100 Breast15 & Over 100 Breast | 52 |
| 53 | 10 & Under 100 Back | 54 |
| 55 | 11-12 200 Back13-14 200 Back15 & Over 200 Back | 56 |