SST NEWS

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**October, 2013 Volume 1, Issue 1**

**Online Registration – Join the Team**

The Stingray Swim Team opened their new online registration in August of this year, and we are looking for everyone to register before the October 24 deadline. You must complete the online registration in order to sign up for swim meets. The online registration will allow SST to be more organized and efficient. You will be able to view your account details, including billing, at any time using your personal account. You can set up automatic billing for dues and meet fees, and you will get a monthly invoice to view all charges and credits. This system is extremely important for our team to move forward. If you have not completed the online registration, please do so TODAY. The registration process is found on the team website, www.stingrayswim.org, and takes only a few minutes. You will have the option to continue paying via check, but we encourage you to set up your credit card billing. The system is secure, and you are the only person who can view your information. Credit Card billing allows for fast processing or charges and refunds, all while earning you miles. As always, please feel free to contact us with questions regarding your account and/or billing information. Thank you for your continued support and helping the Stingray Swim Team progress.



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**Back to School Meet Recap**

The Stingrays had 25 swimmers compete in the Back to School Meet at Wescott Pool on September 28, 2013. It was great to see this amount of participation, as we had only 14 swimmers compete in the season’s first meet last year. Everyone swam well and had a lot of fun. There were multiple best times and many swimmers chose events that they hadn’t swum before. No one missed an individual event as everyone was paying attention to the heat sheet. We had two events winners in Blaque Secor (25 Back) and Trevor Chiu (50 Breast). Makenna Beshears, Crieghton Beshears, Taylor Keyes, Meah McCallum, Ezra Billings, Blaque Secor, and Trevor Chiu also added top three finishes. We also had four swimmers compete in the distance event (500 Free) in Taylor Keyes, Heidi Billings, Meah McCallum, and Shannon McCallum. They did a great job in this challenging event and they showed off their hard work. Among the highlights were Taylor Keyes, Ezra Billings, Lauren Hite, Shannon McCallum, Madison Hrinko, Heidi Billings, Victoria Schachle, Katie Day, and Greta Johnson, who all qualified for the Age Group Championship Meet this spring. Madison Hrinko (50 Free) and Heidi Billings (50 Breast) also qualified for the Alaska Junior Olympics in April. We were very excited to see such great swims and team spirit during the season’s first meet, and we expect further success as the season moves forward.

**Halloween Meet**

This year’s Halloween Meet is on October 19, 2013 at the Patty Pool. The Stingray Swim Team is hosting this meet once again, and we need everyone’s help to make it a success. Volunteer positions are available on the team website and we appreciate your support. Please remember, you are expected to volunteer 10 hours during the season, and this is a great opportunity to fulfill much of that requirement. SST cannot continue to move forward without your help, and we thank you for your time. As the Halloween Meet is our home meet, we are looking for maximum participation from all of our swimmers. This is a wonderful opportunity to gain meet experience, achieve best times, and qualify for future championship meets. As always, the more swimmers we have competing, the more relays we can enter. Relays are a fun way to build team unity and have a blast. The entry deadline is **OCTOBER 11**, so please sign up today. Thank you again and go Stingrays!

**October at a Glance**

* October 10 – SST board meeting
  + 6:30 at Madden Real Estate on Barnett St.
* October 19 – Halloween Meet
  + 8:00 warm up, 9:00 start at UAF Patty Pool
* October 21 – Kimi Williams’ Birthday
* October 24 – Online registration deadline
* October 25 – Siwah Welterlen’s Birthday

**Swim Meet Tips**

With all the new faces joining SST, and with the beginning of the season, we wanted to post some swim meet tips in this month’s newsletter:

* Sign up for events via our website (www.stingrayswim.org)
  + If you are unsure what events to sign up for, please declare to attend the meet and the coaching staff will fill in the events for you.
* Volunteer to help during SST hosted meets
* Show up to the meet 15 minutes early
* Bring a team swim suit, cap, and two pairs of goggles
* Pack your swimmer with healthy, easily digested snacks
* Pack two towels and a set of warm deck clothes to keep dry and warm
* Bring a pair of sandals/shoes to keep your feet dry on the deck
* Write your swimmer’s events/heats/lanes on their arm prior to the meet
* Give support and encouragement to your swimmer

**SST 2013-2014 Meet Schedule**

Back to School Meet September 28 – Wescott Pool

Warm ups: 8:00 am

Halloween Meet October 19 – Patty Pool

Warm ups: 8:00 am

Wishbone Invite November 15-17 – Hamme Pool

Prelim/Final Meet

Coach Robb Coady Novice Invite December 7 – Hamme Pool

Warm ups: 8:00 am

Candy Cane Time Trial December 14 – Wescott Pool

Warm ups: 8:00 am (NA pool party and parent learning afterwards)

Spring Will Come Meet January 11 – Hamme Pool

Warm ups: 8:00 am

Great Alaska Open January 24-26 – Hamme Pool

Warm ups: 8:00 am

Valentine’s Day Meet February 8 – Patty Pool

Warm ups: 8:00 am

AK Age Group Championships February 14-16

Warm ups: 8:00 am

St. Patrick’s Day Meet March 22 – Wescott Pool

Warm ups: 8:00 am

Northern Area Championships April 4-6 – Hamme Pool

Prelim/Final Meet

AK Junior Olympics April 24-27 Bartlett Pool

Prelim/Final Meet