

## **Team Travel Policies**

1. All team members are reminded that when traveling on trips, competing in meets, and attending other meet-related functions, you are representing both yourself and the SST program. Your behavior must positively reflect the high standards of the club.
2. All swimmers and chaperones traveling with the team will attend all team functions and are expected to know all travel/meeting schedules and strictly adhere to them. Coaches will establish warm-up times and other trip related timetables as needed. Being prompt and on time is essential.
3. Swimmers are expected to remain with the team at all times during a trip. Swimmers are not to leave the pool, the hotel, or any other place at which the team has gathered without the permission of a coach or chaperone.
4. Rooms and travel vehicles are to be treated with respect and kept neat. Belongings should be kept together and all trash deposited appropriately. Any damage to rooms or vehicles will be the responsibility of the parties involved and may result in being sent home early from a trip.
5. When traveling by van, swimmers must wear seat belts and remain seated at all times. In signing this Code, trip participants also agree to abide by the SST policies that have been established for travel in 15-passenger vans.
6. Male swimmers are not allowed in female swimmers' hotel rooms, nor are female swimmers permitted in male swimmers' rooms unless a chaperone/coach has granted permission (i.e. for a small group to watch a movie).
7. Swimmers are to refrain from inappropriate physical contact.
8. All swimmers are expected to strictly adhere to the curfew established by the coaching staff. At curfew, all lights, TV's, electronic equipment, etc. must be turned off.
9. Swimmers are expected to be quiet and respect the rights of teammates and other hotel guests during evening hours and the rest time between prelims and finals. There is to be no telephone use after curfew and no room-to-room telephone use during afternoon rest time.
10. All telephone and incidental room charges must be paid prior to curfew on the final night of the trip.
11. When group meals are contracted from a hotel or restaurant, all swimmers and chaperones on the trip are expected to participate in and share the cost of these meals.
12. Chaperones must agree to fulfill their responsibilities to the swimmers entrusted to their care and to the other chaperones and coaches. Swimmers may not be chaperones.
13. Violation of these rules will result in disciplinary action, including the possibility of being sent home from the meet at the expense of the swimmer's family.