**Elizabeth Forward Swim Club**

**Learn To Swim Program Rules 2020**

**These Rules are to enhance the positive experience of all participants in the Elizabeth Forward Swim Club Learn To Swim Program and guarantee that a safe and positive learning environment is being provided. Swimmers and their family members are expected to comply with the Rules as set forth below:**

1. Parents, guardians, family members, or any other spectators are not permitted on the pool deck, prior to, during, or after any swim class. Parents, guardians, family members and other spectators may watch only the first and last class from the pool balcony.
2. No parents, guardians, spectators or other adults, other than individuals affiliated with the Elizabeth Forward Swim Club, shall be permitted in the girls and boys locker rooms for any reason, prior to, during, or after classes.
3. Swimmers must be dropped off and picked up in the hallway outside of the locker rooms before and after all classes. Parents must not enter onto the pool deck.
4. Participants who are ill or injured should not come to class.
5. Wear appropriate swim suits to class. No bikinis will be permitted.
6. Swimmers with shoulder length hair or longer must wear swim caps at all classes.
7. Swim goggles are permitted. Swim masks are not permitted.
8. Be courteous in the locker room and respect the privacy of other swimmers.
9. Swimmers are not permitted to have cell phones or electronic devices in the locker rooms or on the pool deck during classes.
10. Do not disturb or distract instructors during class other than in emergency situations. Allow instructors to teach. Listen and follow directions.
11. The pool safety rules set forth by the facility must be followed. Running on the pool deck, diving in the shallow end, hanging on the lane lines, splashing, spitting, chewing gum, pushing, or any other behavior deemed as horseplay will not be accepted.
12. The facility and pool equipment must be respected. Keep all areas clean. Theft and vandalism of any kind is intolerable.

**My signature below acknowledges that I have reviewed these Rules and I herewith agree that I, and my below named child(ren), will abide by the same.**

Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent/Guardian\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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