PRA BRONZE, sponsored by PINE RICHLAND AQUATICS
DECEMBER 6-7, 2014, held at Pine Richland High School

700 Warrendale Road, Gibsonia PA 15044

Sanction # **AM-120614-01**, under the sanction of USA Swimming & Allegheny Mountain Swimming

In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

****Please no phone calls before 9AM or after 9PM.****

ENTRIES OPEN 11/11/14 at 10:00PM | ENTRIES CLOSE 11/21/14 at 10:00PM

Meet Entry Chair Georgiann Barry pra-entries@amswim.org 412-877-9867

Checks payable to: **PRA, INC.**.

Mail entry reports and checks to: **PO BOX 10, GIBSONIA, PA 15044**.

Entry Limits - 4 individual entries/day, excluding relays

Entry Fees - Individual Events - $5 Relays - $8

Surcharge No Surcharge

Scored Meet ☐**YES** ☒**NO**

Awards & Scoring Info

Ribbons For 12 And Under Places 1-6; Relay Ribbons For 12 And Under Places 1-3

Any session reaching the four (4) hour limit will be closed unless the host club has received approval from the Technical Planning Committee.

Meet Director	**Melissa Batykefer**	**ebaty64@yahoo.com**	**724-940-0008**
Officials Contact	**Michele Schonbachler**	**schonbachler@zoominternet.net**	**724-502-4020**
Safety Chair	**Shannon Kabala**	**shannon.kabala@praswim.org**	**412-885-8745**

POOL AND FACILITY DESCRIPTION

The competition course has not been certified in accordance with 104.2.2C(4).
If certified, a copy of such certification is on file with USA Swimming.
The depth of the water at the start end of the pool is 12 feet and at the turn end is 3.5 feet.
This pool has 6, 25 yard lanes, featuring: Daktronics timing system.

WARM-UP TIMES AND INFORMATION

Warm-up policies will be strictly enforced by the Referee in order to the keep the pool a safe environment for all swimmers. There will be specifically designated lanes during all warm-up sessions for 10 & Under swimmers. The Meet Entry Chair will email all attending clubs specific warm-up times and any changes to the warm-up schedule no later than five (5) days prior to the start of the meet; this will also be posted on the AMS website. The Technical Planning Committee prior to the meet or the Referee on the day of the meet reserves the right to adjust the warm-ups based on the number of entries/swimmers in attendance.

SESSION	WARM-UP BLOCK	MEET STARTS
SATURDAY & SUNDAY AM	7:30-8:30AM	8:35AM
SATURDAY & SUNDAY PM	12:30-1:30PM	1:35PM

All warm-ups require a feet-first entry into the water. There will be a ten (10) minute break before distance events in a standard meet (400IM/400/500FR) at end of session.

MEET DURATION AND SCRATCH-DOWN

In order to comply with USA Swimming Regulations (see rule 102.2.3), swimmers may be required to scratch-down to three (3) individual events per day, at the direction of the Meet Director and Technical Planning Committee. When submitting entries, please indicate which event a swimmer will scratch, if needed; if no event is designated, the host team will scratch the swimmer's last event of the day. Refunds for mandatory scratches will be given. Additionally, the Meet Director, with the approval of the Technical Planning Committee, reserves the right to return entries in order help control meet duration. Affected clubs will be notified no less than five (5) days prior to the start of the meet.

The Meet Director, in conjunction with the Technical Planning Committee and/or the Referee, may limit events 400 yards/meters or longer to the fastest five (5) heats per event.

ENTRY PROCEDURES

All entries must be in a Hy-Tek CL2/HY3 or SDIF generic file and emailed to the Meet Entry Chair during the Entry Period. The following information must be included with the entry file: Team Name, Number of Individual Entries, Number of Relay Entries, Total Entries, and Team Entry Chair's Contact Information. A final hard copy entry report, along with entry fees, must be postmarked and mailed to the Meet Entry Chair no later than five (5) days prior to the start of the meet.

No late entries will be accepted. No refunds will be made, expect for mandatory scratchdowns.

ELIGIBILITY, QUALIFYING TIMES, AND PROOF OF TIMES

All swimmers must be currently registered swimmers of USA Swimming who have met the qualifying times for this meet, as shown on the Meet Structure (attached). Age as of the first day of this meet will determine eligibility. Deck registration is not permitted; all athletes must be registered prior to entering the meet.

Entry times must be in **SCY**; no time (NT) entries will not be accepted.

This meet **does not** require Proof of Times. For Proof of Times, all times must be proved through the USA SWIMS National Database. Times that are not in SWIMS must be proven thirty (30) minutes prior to the start of the session with official results from a USA Swimming Sanctioned, Approved, or Observed meet. If a time cannot be proven and the athlete competes in the questioned event, that swim is subject to the appropriate AMS fine for falsifying documents. When submitting meet entry files and reports, include the proof of time by check the “Include Proof of Time” box.

SEEDING AND POSITIVE CHECK-IN

This meet will be **Pre-Seeded** and will be swum slowest to fastest. Event seeding will be done in accordance with USA Swimming Rule 207.11.7B.

Events 400 yards/meters or longer, which are Positive Check-In, will be seeded fastest to slowest, alternating girls heats and boys heats. Relays may be deck seeded with Positive Check-In.

With events that have a Positive Check-In, a failure to scratch that event prior to seeding and a failure to swim the event or declare false start will result in the swimmer being barred from his/her next individual event or relay. Check-in will close approximately 30 minutes prior to the start of the event. It is the coach’s responsibility to check-in swimmers. Swimmers who do not check-in will not be permitted to swim in the event.

DECK PRIVILEGES

No unauthorized personnel will be allowed on the pool deck. **All coaches, officials, and meet volunteers must wear a wristband to be on deck. Only those with wristbands, along with competing athletes, may be permitted on the deck at any time. Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times.** Coaches and Officials must present their current USA Swimming registration card at the sign-in table in order to receive their wristband. Prior to entering the deck, unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them during warm-up, warm-down, before, during, and after the meet; the swimmer must notify the Referee of this coach prior to the start of the session. Additionally, these swimmers must register a contact person with the Meet Director. This information should be submitted with the entries. Failure to do so will result in the swimmer not being permitted to participate.

Meet Marshals have full authority through the Referee for safety and good order throughout the venue at all times. Swimmers, coaches, and spectators may be removed from the deck/venue for non-compliance with procedures and/or non-cooperation with Marshals’ instructions.

RULES, CHARGE OF THE MEET, AND PROTESTS

This meet will be governed by current USA Swimming rules and AMS Operating Procedures. The use and sale of any tobacco products and alcohol beverages are prohibited everywhere on the grounds of competition. The Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to the Referee. The Referee has final judgment for any issues that arise that day throughout the entirety of the meet. A Meet Jury will adjudicate any protests, including issues of conduct, which may occur in the meet venue. All protests must be in writing to the Referee. The Meet Jury will consist of the Meet Director, an athlete, and a coach. Additional members, including an official, may be added for a jury of five. The Referee will act as a mediator.

DECK CHANGING AND AMS PHOTOGRAPHY STATEMENT

Except where the venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, tablets, etc) are banned from behind the starting blocks during the entire meet, including warm-up, competition, and warm-down periods. Unless approved in advance by the AMS Board of Directors and stated in the Meet Announcement, photographers/videographers are not permitted on deck at any time. As an approved exception, USA Swimming registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training, subject to the location restrictions of this statement, so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee’s decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.

SWIMMERS WITH DISABILITIES

Swimmers with a disability are welcome to attend this meet and should contact the Meet Director and/or the Referee prior to the start of the meet regarding any special accommodations.

RACING START CERTIFICATION

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member-coach, must be given to the Referee prior to the start of the meet.

DECK ENTRIES

Deck entries are accepted on a standby basis only for any non-LSC Championship meet. An athlete may be deck entered into an event provided that: they are a USA Swimming registered athlete, they or their club are already entered into the meet, they have not exceeded the maximum entry limit for the day/meet, and their time for said event is within the qualifying times for the meet. Deck entries cost $10, inclusive of a deck entry surcharge but in addition to any meet-specific surcharges, and close 30 minutes prior to the start of the session. Refer to AMS Operating Procedures for procedure.

MISCELLANEOUS INFORMATION

PRA is not Associated with Pine Richland School District.

PRA Bronze

Pine Richland Aquatics (PRA)
December 6-7, 2014

Session 1

Girls	Faster Than or Equal To LCM	Faster Than or Equal To SCY	No Faster Than LCM	No Faster Than SCY	Saturday AM	No Faster Than SCY	No Faster Than LCM	Faster Than or Equal To SCY	Faster Than or Equal To LCM	Boys
					11-12					
1	-----	-----	-----	-----	200 Medley Relay	-----	-----	-----	-----	**2**
4	-----	-----	1:29.69	1:19.39	100 Butterfly	1:17.59	1:28.29	-----	-----	**5**
7	-----	-----	-----	1:19.19	100 Individual Medley	1:17.19	-----	-----	-----	**8**
10	-----	-----	45.59	40.59	50 Breaststroke	40.29	45.99	-----	-----	**11**
13	-----	-----	35.99	31.69	50 Freestyle	30.69	35.09	-----	-----	**14**
16	3:54.59	3:25.79	3:37.89	3:11.09	200 Breaststroke	3:03.49	3:33.59	3:17.69	3:49.99	**17**
18	-----	-----	1:31.09	1:19.49	100 Backstroke	1:17.49	1:30.09	-----	-----	**19**
21	3:28.39	3:02.49	3:13.49	2:49.49	200 Individual Medley	2:47.39	3:11.39	3:00.99	3:26.99	**22**
23	6:23.89	7:09.29	5:56.49	6:38.59	500 Freestyle	6:32.79	5:48.69	7:02.99	6:15.49	**24**
					13 & Over					
					200 Freestyle Relay	-----	-----	-----	-----	**3**
					200 Freestyle	2:06.29	2:25.89	-----	-----	**6**
					100 Butterfly	1:02.49	1:10.89	-----	-----	**9**
					50 Freestyle	26.29	30.29	-----	-----	**12**
					200 Breaststroke	2:35.19	2:59.89	-----	-----	**15**
					100 Backstroke	1:02.89	1:14.39	-----	-----	**20**
					400 Individual Medley	5:00.39	5:46.29	-----	-----	**25**

Session 2

Girls	Faster Than or Equal To LCM	Faster Than or Equal To SCY	No Faster Than LCM	No Faster Than SCY	Saturday PM	No Faster Than SCY	No Faster Than LCM	Faster Than or Equal To SCY	Faster Than or Equal To LCM	Boys
					9-10					
26	-----	-----	-----	-----	200 Medley Relay	-----	-----	-----	-----	**27**
29	3:48.49	3:20.19	3:23.39	2:58.29	200 Freestyle	2:50.19	3:13.29	3:09.09	3:34.79	**30**
32	-----	-----	1:48.39	1:33.49	100 Backstroke	1:30.79	1:43.89	-----	-----	**33**
35	-----	-----	47.89	42.39	50 Butterfly	41.39	46.79	-----	-----	**36**
38	-----	-----	40.69	35.69	50 Freestyle	34.99	39.69	-----	-----	**39**
41	-----	-----	2:01.69	1:45.59	100 Breaststroke	1:41.99	1:58.39	-----	-----	**42**
44	-----	-----	-----	1:32.39	100 Individual Medley	1:30.39	-----	-----	-----	**45**
					13 & Over					
28	-----	-----	-----	-----	200 Freestyle Relay					
31	-----	-----	2:38.69	2:18.49	200 Freestyle					
34	-----	-----	1:19.49	1:09.59	100 Butterfly					
37	-----	-----	34.09	29.69	50 Freestyle					
40	-----	-----	3:19.39	2:53.49	200 Breaststroke					
43	-----	-----	1:21.59	1:09.99	100 Backstroke					
46	-----	-----	6:18.09	5:30.39	400 Individual Medley					

PRA Bronze

Pine Richland Aquatics (PRA)
December 6-7, 2014

Session 3

Girls	Faster Than or Equal To LCM	Faster Than or Equal To SCY	No Faster Than LCM	No Faster Than SCY	Sunday AM	No Faster Than SCY	No Faster Than LCM	Faster Than or Equal To SCY	Faster Than or Equal To LCM	Boys
					11-12					
47	-----	-----	-----	-----	200 Freestyle Relay	-----	-----	-----	-----	**48**
50	3:29.09	3:02.39	3:14.19	2:49.39	200 Butterfly	2:45.39	3:08.09	2:58.09	3:22.49	**51**
53	-----	-----	41.69	36.09	50 Backstroke	36.09	41.49	-----	-----	**54**
56	3:03.79	2:41.19	2:50.69	2:29.69	200 Freestyle	2:25.99	2:46.19	2:37.19	2:58.99	**57**
58	-----	-----	1:41.89	1:28.69	100 Breaststroke	1:26.49	1:39.99	-----	-----	**59**
61	-----	-----	38.79	34.59	50 Butterfly	34.69	39.29	-----	-----	**62**
64	3:27.69	2:59.49	3:12.89	2:46.69	200 Backstroke	2:42.79	3:08.29	2:55.29	3:22.79	**65**
67	-----	-----	1:18.99	1:08.29	100 Freestyle	1:06.99	1:16.29	-----	-----	**68**
69	7:23.79	6:28.59	6:52.09	6:00.89	400 Individual Medley	5:52.99	6:42.49	6:20.09	7:13.49	**70**
					13 & Over					
					200 Medley Relay	-----	-----	-----	-----	**49**
					200 Butterfly	2:19.49	2:38.19	-----	-----	**52**
					100 Breaststroke	1:11.79	1:23.49	-----	-----	**55**
					200 Individual Medley	2:19.79	2:42.69	-----	-----	**60**
					100 Freestyle	57.69	1:06.39	-----	-----	**63**
					200 Backstroke	2:16.89	2:40.69	-----	-----	**66**
					500 Freestyle	5:41.99	5:08.89	-----	-----	**71**

Session 4

Girls	Faster Than or Equal To LCM	Faster Than or Equal To SCY	No Faster Than LCM	No Faster Than SCY	Sunday PM	No Faster Than SCY	No Faster Than LCM	Faster Than or Equal To SCY	Faster Than or Equal To LCM	Boys
					9-10					
72	-----	-----	-----	-----	200 Freestyle Relay	-----	-----	-----	-----	**73**
75	-----	-----	1:53.99	1:40.39	100 Butterfly	1:39.39	1:52.79	-----	-----	**76**
78	-----	-----	49.59	43.29	50 Backstroke	43.19	49.49	-----	-----	**79**
81	4:10.09	3:40.39	3:43.89	3:17.29	200 Individual Medley	3:16.29	3:42.49	3:38.89	4:08.09	**82**
84	-----	-----	1:32.19	1:21.09	100 Freestyle	1:19.39	1:30.89	-----	-----	**85**
87	-----	-----	54.69	47.79	50 Breaststroke	47.49	54.69	-----	-----	**88**
90	7:37.29	8:30.49	6:51.59	7:39.49	500 Freestyle	7:32.59	6:44.59	8:22.79	7:29.49	**91**
					13 & Over					
74	-----	-----	-----	-----	200 Medley Relay					
77	-----	-----	2:55.09	2:32.79	200 Butterfly					
80	-----	-----	1:32.49	1:19.79	100 Breaststroke					
83	-----	-----	2:59.29	2:35.29	200 Individual Medley					
86	-----	-----	1:13.99	1:04.49	100 Freestyle					
89	-----	-----	2:54.99	2:30.99	200 Backstroke					
92	-----	-----	5:33.29	6:10.89	500 Freestyle					