

Club Mountaineer Aquatics



Speedo Winter Invite P/F
Dec. 9th-12th

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| <p>CM Speedo Winter Invite</p> | <p>THE 2021 CLUB MOUNTAINEER AQUATICS SPEEDO WINTER INVITE MEET FORMAT: PRELIM/FINALS FOR 10& U A FINAL, 11-12 A FINAL, 13-14, 15-OVER EVENTS A & B FINALS TIME STANDARDS: USA SWIMMING 2020 B TIMES FOR 10 & U AND 11-12 USA SWIMMING 2020 BB TIMES FOR 13-14, 15 & Over (15-15 BB times) USA SWIMMING 2020 13-14 A times for distance events</p> | | |
| <p>Facility Location</p> | <p>Aquatic Center @ Mylan Park 1847 Fitness Way Morgantown, WV 26501</p> | | |
| <p>Sanction NO.: WV-2020-06</p> | <p>Held under the Sanction of USA Swimming and West Virginia Swimming Inc. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</p> | | |
| <p>Entries Open</p> | <p>10/18/2021</p> | | |
| <p>Entries Close</p> | <p>12/3/2021 OR WHEN MEET ENTRY MAX IS REACHED (ENTRY CAP WILL BE AT 4 HOUR RULE PER SESSION)</p> | | |
| <p>Meet Director</p> | <p>Name: Renee Riggs</p> | <p>304-841-4391</p> | <p>E-mail: reneecriggs@gmail.com</p> |
| <p>Meet Entry Chair</p> | <p>Name: Vic Riggs</p> | <p>Phone: 304-293-2154</p> | <p>E-mail: vic.riggs@mail.wvu.edu</p> |
| <p>Officials Contact</p> | <p>Name: Rob Clevenger</p> | <p>Phone: 304-476-3444</p> | <p>E-mail: robwvufan@yahoo.com</p> |
| <p>Meet Referee</p> | <p>Name: Rob Clevenger</p> | <p>Phone: 304-476-3444</p> | <p>E-mail: robwvufan@yahoo.com</p> |
| <p>Meet Admin</p> | <p>Name: Vic Riggs</p> | <p>Phone: 304-293-2154</p> | <p>E-mail: vic.riggs@mail.wvu.edu</p> |
| <p>Sessions</p> | <p>Warm-Up Time</p> | | <p>Meet Starts</p> |
| <p>1</p> | <p>4:00pm</p> | | <p>5:30pm</p> |
| <p>2</p> | <p>6:30am</p> | | <p>8:00am</p> |
| <p>3</p> | <p>NO SOONER THAN 12PM</p> | | <p>NO SOONER THAN 1:00PM</p> |
| <p>4</p> | <p>NO SOONER THAN 4:00PM</p> | | <p>NO SOONER THAN 5:30PM</p> |
| <p>5</p> | <p>6:30am</p> | | <p>8:00am</p> |
| <p>6</p> | <p>NO SOONER THAN 12PM</p> | | <p>NO SOONER THAN 1:00PM</p> |
| <p>7</p> | <p>NO SOONER THAN 4:00PM</p> | | <p>NO SOONER THAN 5:30PM</p> |

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| 8 | 6:30am | 8:00am | | |
| 9 | NO SOONER THAN 12PM | NO SOONER THAN 1:00PM | | |
| 10 | NO SOONER THAN 4:00PM | NO SOONER THAN 5:30PM | | |
| Events | This meet will be conducted in accordance with the attached schedule of events. | | | |
| Entry Limit | 3 individual events per day, no more than 10 events for the meet No club may enter more than (4) teams per relay event | | | |
| Entry Fees | Individual Events: | \$10.00 | Relay Events: | \$10.00 |
| | Surcharge Travel: | \$5.00 | Surcharge Facility: | \$8.00 |
| Mail Checks & Reports To: | Vic Riggs 218 Poplar Dr. Morgantown, WV 26505 | | | |
| Checks Payable To: | Friends of Club Mountaineer Aquatics | | | |
| Entry Procedures | <ul style="list-style-type: none"> • Qualifying times(SCY Only) must be achieved after January 1, 2019 • "No Time" or "NT" entries are not accepted in this swim meet. If a qualifying time does not exist, an entry time must still be used. <p>Files with NT's will be returned by the Entry Chair until the file is corrected and resent.</p> <ul style="list-style-type: none"> • Entries must be submitted by Hy-Tek CL2 or HY3 file or sdif file via e-mail to the Meet Entry Chair during the Entry Period; • Please include the following information in the body of the e-mail: Team Name, Number of Individual Entries, Number of Relay Entries, Total Entries, and Team Entry Chair's Contact Information along with the Entry report by Swimmer's Name. A final entry report must be mailed or e-mailed to the entry chair five (5) days prior to the meet start. Payments shall be made for the entries to the host prior to the start of the meet. • No refunds will be given, except for mandatory scratch down of events. <p>**No late entries will be accepted.</p> <ul style="list-style-type: none"> • The volunteer timer sheet, meet entry summary, and all entry fees must be received prior to the start of the meet. • UNATTACHED SWIMMERS: IT IS THEIR RESPONSIBILITY, PRIOR TO THE DAY OF THE MEET, TO OBTAIN A COACH WHO WILL SUPERVISE THEM ON DECK DURING WARM-UP, WARM DOWN, BEFORE, DURING, OR AFTER THE MEET. THIS INFORMATION SHOULD BE PROVIDED WITH THEIR ENTRIES TO THE MEET ENTRY PERSON. FAILURE TO DO SO <p><u>WILL RESULT IN NOT BEING ENTERED IN THE MEET.</u></p> <p>Entries will open on Tuesday, October 18TH at 10:00am and will close on Tuesday, December 3rd, 2021 at 10:00am. No late entries will be accepted after this time.</p> <ul style="list-style-type: none"> • All payments made out to Friends of Club Mountaineer Aquatics must be received prior to the start of Thursday evening's session. • The meet director reserves the right to close the meet to control duration of the meet. • The meet entry summary, and all entry fees must be received prior to the start of the meet. <ul style="list-style-type: none"> • Individual events: \$10.00 per entry • Relay events: \$10.00 per entry • Facility Surcharge: \$8.00 per athlete • WV LSC Swimmer Surcharge: \$5.00 per athlete | | | |

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| MEET DURATION AND SCRATCH-DOWN OF ENTRIES | <p>If a scratch down is required, teams will need to submit a new file that includes the scratch down of the events.</p> <ul style="list-style-type: none"> • The meet director reserves the right to close the meet or individual events to control duration of the meet. • In addition, entries may be returned in order help control meet duration. Affected clubs will be notified no less than five (5) days prior to the start of the meet. • Events may be combined and/or the number of entries limited in one or more events in order to control the length of the meet. Teams will be notified by email of swimmers who are affected by such limits. <p>Events 400 yards/meters or longer may be limited to the fastest five (5) heats per event</p> |
| RELAY ENTRIES | <p>A team may enter a maximum of 4 relays per event. Swimmers must appear on the master entry to be eligible for a relay. Each relay must have at least 2 swimmers per relay who are entered in an individual event. "No Time" entries will not be accepted.</p> <p>NOTE: Names of relay participants may be changed, without penalty, only until their first relay swimmer steps up to the starting block. All Relay Events are swum as timed finals. NO DECK ENTERED RELAYS WILL BE ACCEPTED</p> |
| Proof of Times: | <p>This meet will require Proof of Times. For Proof of Times, all times must be proved through the USA SWIMS National Database. Times that are not in SWIMS must be proven thirty (30) minutes prior to the start of the session with official results from a USA Swimming Sanctioned, Approved, or Observed meet. If a time cannot be proven and the athlete competes in the questioned event, that swim is subject to the appropriate WV LSC fine for falsifying documents. When submitting meet entry files and reports, include the proof of time by check the "Include Proof of Time" box. • Qualifying times must be achieved after January 1, 2019</p> |
| Finals | <p>A,B FINALS for 13 & over events A FINAL for 11-12 & 10&under events FASTEST heat of RELAYS will swim in finals</p> |
| Scoring | <p>Individual 9,7,6,5,4,3,2,1 Relays 18,14,12,10,8,6,4,2</p> |
| Awards | <p>Individual: Medals 1st-3rd place for 13-14, 15-16, & Senior Medals 1st -3rd place and ribbons 4th-8th place for 12 & under Note: High point awards for all age groups and seniors will be awarded at the conclusion of the meet. Points scored will only count in the age group which they are swum.</p> <p>Participation: None</p> <p>Team: None</p> <p>Relays: Ribbons 1st-3rd place</p> |
| SEEDING | <p>This is a pre-seeded meet EXCEPT FOR THE EVENTS NOTED BELOW. *Note: Positive check-in is required for 10 & Under 200 IM, 11-12 500 Free, 11-12 400 IM, 1000 Free, 1650 Free AND ALLRELAYS.</p> <p>In the event that CM decided we need to utilize two(2) course for prelims an updated pool schedule will be sent to the clubs prior to Friday's prelims.</p> <p>For the finals in age group events, if there are 'no shows,' alternates will be placed in open lane(s) without reseeding. In senior events, consolation 'no shows' will be filled from alternates without reseeding, but in championship finals of 15 & Over events, lane(s) will remain empty for no 'shows'. In prelims, the order of seeding will be SCY qualifying time</p> |

USA Swimming
Rules

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.” Exceptions may be granted with prior written approval by the Program & Events Committee Chair or designee.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged/prohibited.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

RACING STARTS: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All meet directors, referees, starters, and stroke and turn judges serving in an official capacity must be members of USA Swimming or other FINA-member organization. All persons acting in any coaching capacity must be members of USA Swimming (except: participating under provisions of 202.6 or USA Swimming "open border" policy). No entrant will be permitted to compete unless the entrant is a member as provided in Article 302. This means that recons **MUST** be done before the meet so as to verify all entrants!!!!

ADA/Section 504

If you are a person with a disability who needs an accommodation in order to utilize our facility, you are entitled to the provision of certain assistance.

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| Warm-Up Procedures | <p>Warm-up policies will be strictly enforced by USA Swimming Officials. These policies along with the lane assignments, if applicable shall be posted on the wall at the start end of the pool.</p> <p>REQUIRED DURING WARM-UPS:</p> <ul style="list-style-type: none"> • Swimmers will enter the pool feet first at the start end of the pool and shall be under the direct supervision of a certified coach. • No equipment in the competition pools during scheduled warm-ups. (Including but not limited to snorkels, kickboard, fins, or pull buoys.) • Designated lanes will be open for starts and one way sprints during each warm-up session. A separate lane should be designated for backstroke starts. The outside lanes will be open throughout warm-ups for continual warm-up. • The Referee/Meet Marshals will have control over Warm-Up Procedures the day of the meet. • At any session with distance events (1000/800, 1650/1500) offered and at any championship formatted meet (prelims/finals), the outside lane or lanes shall be restricted to pace lanes only at the same time sprint lanes are opened. At any distance only meet or session (1000/800, 1650/1500), only one lane shall be opened for sprinting. Specific warm-up times for each club (if applicable) and/or changes to the warm-up schedule will be posted on the WV LSC Web Site no later than five (5) days prior to the start of the meet. <p>The Meet Director reserves the right to adjust warm-ups and start times based on the number of entries (prior to the meet) or the referee (day of the meet). The Meet Entry Chair will email all attending clubs specific warm-up times and any changes to the warm-up schedule no later than five (5) days prior to the start of the meet; this will also be posted on the website.</p> <p>**There shall be a ten (10) minute break before distance events in a standard meet (400IM/400/500FR) at end of session when there is not a separate warm-up/warm down pool available.</p> <p>The diving well will be open during the meet for warm-up/warm-down-feet first entry only.</p> <p>USA-SWIMMING, WV LSC, STATE & LOCAL COVID-19 GUIDELINES WILL BE IN PLACE AND DICTATE WARM-UP PROCEDURES.</p> |
| Scratch Procedures | <p>Thirty (30) Minute Scratch Rule</p> <p>A swimmer who qualified for a B or A Final (Consolation - B, Championship - A) must notify the designated official of his/her intent to scratch within thirty (30) minutes after the announcement of the qualifiers</p> <p>The swimmer shall further declare his/her final intention within thirty (30) minutes following his/her last individual preliminary event in the session. If the swimmer does not declare his/her intention at the end of the 30 minutes of his/her final individual event, the swimmer will be seeded into the final event. Any penalties for not swimming at finals will be upheld. Swimmers and/or coaches should re-check with the Scratch Table to see if their swimmer has been scratched into one of the finals heats. Swimmers not intending to return for finals, regardless of the seeded position should fill out the scratch form.</p> <p>Exception for Failure to Scratch-</p> <p>No Penalty shall apply: The Referee is notified of illness or injury and accepts the proof thereof. A swimmer qualifying for a consolation final or final race following preliminaries is in compliance with the 30 minute scratch rule detailed above. It is determined by the Referee that failure to scratch was caused by circumstances beyond the control of the swimmer. A swimmer who was not one of the original qualifiers and who was scratched into the qualifiers list.</p> |
| Meet Officials Procedures | <p>The Meet/Deck Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The Meet/Deck Referee has final judgment for any issues that arise that day during the course of the meet.</p> |

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| Concessions | A limited snack bar will be available. |
| Final Results Contact | Vic Riggs at vic.riggs@mail.wvu.edu |
| Coaches/ Team Rep Meeting | Thursday evening at 5:00pm and Friday morning at 7:45am |
| MEET MARSHALS | Meet Marshals have full authority through the Meet/Deck Referee for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions. |
| Face Coverings | All meet participants - coaches, officials, administrators, vendors, and athletes (when not in the pool) - must wear textile face coverings that simultaneously cover the nose and mouth and comply with mandated social distancing and mass gathering rules. Participants wishing to remove their face coverings for periods longer than 5 minutes to eat or drink must move and stay 10 feet away from others or exit the facility until their face coverings are back in place. |
| MAAPP | <p>use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms</p> <p>*All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provision of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</p> <p>*except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged/prohibited</p> |
| RACING START CERTIFICATION | <p>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.</p> |

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| SAFE SPORT | <p>The USA Swimming Safe Sport is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to host team marshal.</p> |
| COVID-19 | <p>USA Swimming COVID Risk Statement: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [INSERT THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.</p> <p>Hosts COVID Risk Disclaimer:</p> <p>It is my intent as a participant or player competing in Club Mountaineer Aquatics sanctioned activities, while participating during activities including any pre-game or post-game activities at the Aquatic Center @ Mylan Park that I am agreeable to the following:</p> <p>I acknowledge that I am aware that there are risks to me of exposure to directly or indirectly arising out of, contributed to, by, or resulting from:</p> <ul style="list-style-type: none"> ● An outbreak of any and all communicable disease, including but not limited to, the virus “severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)”, which is responsible for Coronavirus Disease (COVID-19) and/or any mutation or variation thereof; <p>In consideration of having the opportunity to participate as either a team member or competitor at location, and in acknowledging that I am aware of and willing to assume the risks associated with this activity, I hereby voluntarily agree to waive, hold harmless and indemnify Club Mountaineer Aquatics and its trustees, agents, volunteers and employees from any and all claims, demands, damages and causes of action of any nature whatsoever arising out of ordinary negligence which I, my heirs, my assigns or successors may have against them for, on account of, or by reason of my participation in the above activities.</p> |
| LOCKER ROOMS/ CHANGING | <p>Deck changing is prohibited. ALL swimmers must arrive in their Warm-up suits. 13 & Over swimmers may use the locker rooms to change into and out of tech suits. Congregating in locker rooms is strictly prohibited. Locker rooms will be monitored by the meet marshal. Changing areas are limited to a maximum of fifteen (15) in each locker room as designated on signage outside and inside the locker rooms. Otherwise, locker rooms are for restroom use only and must not be used for showering.</p> |

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| <p>ENTRY & EXIT PROCEDURES AND ATHLETE SEATING AREAS</p> | <p>Swimmers will be allowed in the building no more than thirty (30) minutes prior to their warm-up time and must leave the building immediately after their last swim of the session. Access to the building will be the front door only. Swimmers for each session will enter the building through the main entrance and proceed to their assigned team area in the spectators seating where they should practice social distancing throughout the entire spectator seating area. NO CHAIRS ON THE POOL DECK. SWIMMERS SHOULD ONLY BRING THEIR TOWEL AND A WATER BOTTLE/DRINK/CAP/GOGGLES/MASK ON DECK. SNACKS AND BAGS SHOULD REMAIN IN THEIR SPOT IN THE SPECTATOR AREA. When told to begin warmup, swimmers will enter the pool deck via the entrance by the locker rooms and will go to their assigned warmup pool/lanes.</p> |
| <p>SWIMMER LIMITATIONS AND PROTOCOLS PARENTAL/ SPECTATOR ACCESS, LIMITATIONS, AND PROTOCOLS</p> | <p>Swimmers not in the pool, waiting for their event behind the blocks, using the restroom, or meeting with a coach are not permitted on deck and must exit through the west end doors immediately and return to the spectator area to await the call for their next event. When entering the pool for a scheduled event, swimmers will be asked to line up on designated spaces in the diving well area of the deck, maintaining social distancing protocol and will wait to be called down to the pool deck by the Announcer. All swimmers will enter the pool deck through the locker room entrance.</p> <p>A MAXIMUM OF FIVE (5) SWIMMERS PER LANE FOR ALL WARMUPS AND WARM DOWNS</p> <p>ONLY Swimmers participating in that evening’s Finals may Warm-up for that Finals’ Session.</p> <p>Due COVID-19 limitations, there will be LIMITED “In-Person” spectator viewing based on the number of athletes in attendance. SPECTATOR ACCESS INSTRUCTIONOS WILL BE SENT TO TEAMS ATTENDING THE MEET ONE WEEK BEFORE AND WILL BE BASED ON THE NUMBER OF ATHLETES ATTENDING THE MEET.</p> <p>Parents/Guests are expected to comply with all mandated state/local/facility COVID-19 guidelines including distancing, mask use and gathering limits while dropping off or picking up their athlete. Parents needing access to their athlete during the meet in a closed-deck environment can contact their children directly via cellphone and arrange to meet them outside the Main Entrance area. Should parents be unable to contact their child directly, they should see a Meet Marshal located at the main entrance to the facility. In the case of an emergency, please call and/or text the Meet Director.</p> <p>Only swimmers and essential personnel will be allowed on deck. Swimmers will be able to exit via the main door if they need to see their parents. This door will be monitored. There is absolutely no parking in front of the building or in the drop-off pickup lanes. This rule applies to coaches, staff, and parking space owners as well. This area is designated for parents to congregate with compliant masks and social distancing practices so that they can meet with their swimmers.</p> |
| <p>LIVE STREAMING</p> | <p>May be available at the Club Mountaineer FB Live page.</p> |
| <p>HEALTH SCREENING</p> | <p>Ingress to the facility will require health screening questions and/or a temperature check before entering in accordance with CDC and local health department recommendation. Temperature checks/health screenings will be administered by the meet marshals/coaches at the designated entrances for all participants upon arrival at the facility.</p> |

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| PARTICIPATION IS CONTINGENT ON COMPLIANCE | Compliance with all COVID-19 safety protocols, rules, and regulations is required for participation in this meet. USA Swimming members or meet volunteers who fail or refuse to do so or who defy directions from Meet Marshals, officials, or facility staff may be ejected from the facility at the sole discretion of the Meet Referee, the Operations or Senior Chair, or the Facility Director. All participants are expected to be familiar with safety requirements and are responsible for following them at all times. |
| TECHNICAL SUIT BAN FOR 12&Us | <p>Per USA Swimming rule 102.8.1.F, 12&U athletes may not compete in Technical Suits at this meet.</p> <p>A Technical Suit is one that has the following components:</p> <ul style="list-style-type: none"> • Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or • Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type. |
| MEET FORMAT | The Club Mountaineer Aquatics Fall Classic meet is a Prelim/ Final meet. With the top 8 from the 10 & U, 11/12 and top 16 13-14, 15-over age groups will come back to finals. |
| LIMITED COACH CREDENTIALS AVAILABLE | Because of deck capacity restrictions, the number of coaches allowed on deck will be determined by the number of participating swimmers from each team. One Coach per every 5 swimmers entered per session. All coaches who wish to enter the facility must be declared on the Fee Summary Report and must check in and provide photo ID and proof of current USA Swimming membership. The Deck Pass app is acceptable proof of USA Swimming membership for all purposes. Coaches failing to provide proof of membership could be barred from the facility. Only coaches with a Deck Pass credential may be on deck and only when their team's swimmers are competing. |
| WAIVER/ RELEASE | As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the COVID-19 and other Safety Rules of USA Swimming, Inc. and West Virginia Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. The CM Barracudas, WV LSC, and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. |

Hotel Information

FOR THE BEST HOTEL RATES PLEASE CONTACT KAY DIRECTLY. THE HOTELS WILL NOT GIVE DISCOUNTED RATES TO TEAMS DIRECTLY. YOU MUST GO THROUGH THE CVB

Kay Fanok, CTIS
Assistant Executive Director
Meeting and Group Tour Sales Manager

Greater Morgantown Convention & Visitors Bureau

kfanok@tourmorgantown.com



www.tourmorgantown.com

304-292-5081 (P)
 304-291-1354 (F)
 304-680-0292 (C)
 341 Chaplin Road
 Morgantown, WV 26501

| WOM EN | EQUAL TO OR FASTER THAN | THURSDAY EVENING | EQUAL TO OR FASTER THAN | MEN |
|--------|-------------------------|----------------------------------|-------------------------|-----|
| | SCY | Session 1 | SCY | |
| 1 | 3:15.59 | 10 & Under 200 Individual Medley | 3:13.19 | 2 |
| 3 | 6:38.19 | 11-12 500 Free | 6:27.49 | 4 |
| 5 | 12:01.69 | Open 1000 Free * | 11:26.69 | 6 |
| 7 | 5:56.79 | 11-12 400 Individual Medley | 5:46.39 | 8 |

Swimmers competing in ALL events Thursday (10 & Under 200 IM, 11-12 500 Free & 400 IM, Senior 1000 Free) must provide their own Timer AND counter if need be. * 13-year-old A time

| WOM EN | EQUAL TO OR FASTER THAN | FRIDAYMORNING | EQUAL TO OR FASTER THAN | MEN |
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| | SCY | Session 2 | SCY | |
| 9 | | 400 Medley Relay | | 10 |
| 11 | 2:22.19 | 13-14 200 Free | 2:12.79 | 12 |
| 13 | 2:19.19 | 15 & over 200 Free | 2:07.49 | 14 |
| 15 | 1:11.69 | 13-14 100 Backstroke | 1:06.89 | 16 |
| 17 | 1:10.09 | 15 & Over 100 Backstroke | 1:03.49 | 18 |

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| 19 | 2:58.29 | 13-14 200 Breaststroke | 2:45.59 | 20 |
| 21 | 2:54.69 | 15 & Over 200 Breaststroke | 2:36.59 | 22 |
| 23 | 30.29 | 13-14 50 Freestyle | 27.89 | 24 |
| 25 | 29.79 | 15 & Over 50 Freestyle | 26.79 | 26 |
| 27 | | 200 Medley Relay | | 28 |
| 29 | 5:39.69 | 13-14 400IM | 5:17.39 | 30 |
| 31 | 5:31.99 | 15 & Over 400IM | 5:05.59 | 32 |

| GIRLS | EQUAL TO OR FASTER THAN | FRIDAY AFTERNOON Session 3 | EQUAL TO OR FASTER THAN | BOYS |
|-------|-------------------------|-------------------------------|-------------------------|------|
| | SCY | | SCY | |
| 33 | 1:13.59 | 11-12 100 Freestyle | 1:10.99 | 34 |
| 35 | 1:29.59 | 10 & Under 100 Freestyle | 1:27.79 | 36 |
| 37 | | 8 & Under 100 IM | | 38 |
| 39 | 1:34.39 | 11-12 100 Breaststroke | 1:32.49 | 40 |
| 41 | 1:58.09 | 10 & Under 100 Breaststroke | 1:53.59 | 42 |
| 43 | | 8 & Under 50 Breaststroke | | 44 |
| 45 | 38.29 | 11-12 50 Backstroke | 38.19 | 46 |
| 47 | 46.99 | 10 & Under 50 Backstroke | 42.39 | 48 |
| 49 | 3:00.69 | 11-12 200 IM | 2:57.59 | 50 |
| 51 | 3:00.89 | 11-12 200 Fly | 2:59.59 | 52 |
| 53 | | 10 & Under 200 Free Relay | | 54 |
| 55 | | 11-12 200 Free Relay | | 56 |

| WOMEN | FRIDAY FINALS Session 4 | MEN |
|-------|---------------------------------|-----|
| | | |
| 11 | 13-14 200 Freestyle (B,A) | 12 |
| 13 | 15 & Over 200 Freestyle (B,A) | 14 |
| 33 | 11-12 100 Freestyle | 34 |
| 35 | 10 & under 100 Freestyle | 36 |
| 15 | 13-14 100 Backstroke (B,A) | 16 |
| 17 | 15 & Over 100 Backstroke ((B,A) | 18 |

| | | |
|----|----------------------------------|----|
| 39 | 11-12 100 Breaststroke | 40 |
| 41 | 10 & Under 100 Breaststroke | 42 |
| 19 | 13-14 200 Breaststroke (B,A) | 20 |
| 21 | 15 & Over 200 Breaststroke (B,A) | 22 |
| 45 | 11-12 50 Backstroke | 46 |
| 47 | 10 & Under 50 Backstroke | 48 |
| 23 | 13-14 50 Freestyle (B,A) | 24 |
| 25 | 15 & Over 50 Freestyle (B,A) | 26 |
| 49 | 11-12 200 IM | 50 |
| 29 | 13-14 400 IM (B,A) | 30 |
| 31 | 15 & Over 400 IM (B,A) | 32 |
| 51 | 11-12 200 Fly | 52 |
| 9 | 400 Medley Relay Final Heat | 10 |

| WOMEN | EQUAL TO OR FASTER THAN | SATURDAY MORNING Session 5 | EQUAL TO OR FASTER THAN | MEN |
|-------|-------------------------|-------------------------------|-------------------------|-----|
| | SCY | | SCY | |
| 57 | 2:39.19 | 13-14 200 IM | 2:28.59 | 58 |
| 59 | 2:36.19 | 15 & Over 200 IM | 2:21.79 | 60 |
| 61 | 1:11.39 | 13-14 100 Butterfly | 1:06.39 | 62 |
| 63 | 1:09.99 | 15 & Over Butterfly | 1:03.39 | 64 |
| 65 | | 800 Free Relay | | 66 |
| 67 | 6:20.09 | 13-14 500 Freestyle | 5:58.99 | 68 |
| 69 | 6:12.09 | 15 & Over 500 Freestyle | 5:45.99 | 70 |

| GIRLS | EQUAL TO OR FASTER THAN | SATURDAY AFTERNOON Session 6 | EQUAL TO OR FASTER THAN | BOYS |
|-------|-------------------------|---------------------------------|-------------------------|------|
| | SCY | | SCY | |
| 71 | 2:41.19 | 11-12 200 Freestyle | 2:35.69 | 72 |
| 73 | 3:19.19 | 10 & Under 200 Freestyle | 3:06.69 | 74 |

| | | | | |
|----|---------|-------------------------|---------|----|
| 75 | | 8 & Under 100 Freestyle | | 76 |
| 77 | 36.69 | 11-12 50 Butterfly | 37.09 | 78 |
| 79 | 47.39 | 10 & Under 50 Butterfly | 45.69 | 80 |
| 81 | | 8 & Under 50 Butterfly | | 82 |
| 83 | 1:24.39 | 11-12 100 IM | 1:20.89 | 84 |
| 85 | 1:42.59 | 10 & Under 100 IM | 1:39.39 | 86 |
| 87 | 2:56.59 | 11-12 200 Backstroke | 2:52.69 | 88 |

| WOMEN | SATURDAY FINALS | | MEN |
|-------|-------------------------------|--|-----|
| | Session 7 | | |
| 71 | 11-12 200 Freestyle | | 72 |
| 73 | 10 & Under 200 Freestyle | | 74 |
| 57 | 13-14 200 IM (B,A) | | 58 |
| 59 | 15 & Over 200 IM (B,A) | | 60 |
| 77 | 11-12 50 Butterfly | | 78 |
| 79 | 10 & Under 50 Butterfly | | 80 |
| 61 | 13-14 100 Butterfly (B,A) | | 62 |
| 63 | 15 & Over 100 Butterfly ,B,A) | | 64 |
| 83 | 11-12 100 IM | | 84 |
| 85 | 10 & Under 100 IM | | 86 |
| 67 | 13-14 500 Freestyle (B,A) | | 68 |
| 69 | 15 & Over 500 Freestyle (B,A) | | 70 |
| 87 | 11-12 200 Backstroke | | 88 |
| 65 | 800 Free Relay Final Heat | | 66 |

| WOMEN | EQUAL TO OR FASTER THAN | SUNDAYMORNING | | MEN |
|-------|-------------------------|----------------------|-----|-----|
| | | Session 8 | | |
| | SCY | | SCY | |
| 89 | | 400 Freestyle Relay | | 90 |
| 91 | 2:35.39 | 13-14 200 Backstroke | | 92 |

| | | | | |
|-----|----------|--|----------|-----|
| 93 | 2:32.39 | 15 & Over 200 Backstroke | 2:19.19 | 94 |
| 95 | 1:05.79 | 13-14 100 Freestyle | 1:00.89 | 96 |
| 97 | 1:04.59 | 15 & Over 100 Freestyle | 58.39 | 98 |
| 99 | 2:37.89 | 13-14 200 Butterfly | 2:26.99 | 100 |
| 101 | 2:34.89 | 15 & Over 200 Butterfly | 2:20.59 | 102 |
| 103 | 1:22.39 | 13-14 100 Breaststroke | 1:15.59 | 104 |
| 105 | 1:20.69 | 15 & Over 100 Breaststroke | 1:12.09 | 106 |
| 107 | | 200 Free Relay | | 108 |
| 109 | 20:02.99 | 1650 Freestyle * 13 year old A time | 19:07.59 | 110 |

| GIRLS | EQUAL TO OR FASTER THAN | SUNDAY AFTERNOON Session 9 | EQUAL TO OR FASTER THAN | BOYS |
|-------|-------------------------|-------------------------------|-------------------------|------|
| | SCY | | SCY | |
| 111 | 3:23.09 | 11-12 200 Breaststroke | 3:00.99 | 112 |
| 113 | | 8 & Under 50 Backstroke | | 114 |
| 115 | 1:41.99 | 10 & Under 100 Backstroke | 1:40.19 | 116 |
| 117 | 1:25.19 | 11-12 100 Backstroke | 1:22.19 | 118 |
| 119 | | 8 & Under 50 Freestyle | | 120 |
| 121 | 38.89 | 10 & Under 50 Freestyle | 38.09 | 122 |
| 123 | 33.79 | 11-12 50 Freestyle | 32.59 | 124 |
| 125 | 1:53.99 | 10 & Under 100 Butterfly | 1:52.39 | 126 |
| 127 | 1:25.09 | 11-12 100 Butterfly | 1:23.39 | 128 |
| 129 | 53.29 | 10 & Under 50 Breaststroke | 52.09 | 130 |
| 131 | 43.09 | 11-12 50 Breaststroke | 42.89 | 132 |
| 133 | | 10 & Under 200 Medley Relay | | 134 |
| 135 | | 11-12 200 Medley Relay | | 136 |

| WOMEN | SUNDAYFINALS | MEN |
|-------|------------------------------------|-----|
| | Session 10 | |
| 111 | 11-12 200 Breaststroke | 112 |
| 109 | Open 1650 Freestyle (FinalHeat) | 110 |
| 115 | 10 & Under 100 Backstroke | 116 |
| 117 | 11-12 100 Backstroke | 118 |
| 91 | 13-14 200 Backstroke (B,A) | 92 |
| 93 | 15 & Over 200 Backstroke ,B,A) | 94 |
| 121 | 10 & Under 50 Freestyle | 122 |
| 123 | 11-12 50 Freestyle | 124 |
| 95 | 13-14 100 Freestyle (B,A) | 96 |
| 97 | 15 & Over 100 Freestyle (B,A) | 98 |
| 125 | 10 & Under 100 Butterfly | 126 |
| 127 | 11-12 100 Butterfly | 128 |
| 99 | 13-14 200 Butterfly (B,A) | 100 |
| 101 | 15 & Over 200 Butterfly ,B,A) | 102 |
| 129 | 10 & Under 50 Breaststroke | 130 |
| 131 | 11-12 50 Breaststroke | 132 |
| 103 | 13-14 100 Breaststroke (B,A) | 104 |
| 105 | 15 & Over 100 Breaststroke ,B,A) | 106 |
| 89 | 400 Freestyle Relay (Final Heat) | 90 |