

Do you have a concern or issue to share with ?

Call In Touch[®]

- 1 Dial Toll-Free **1-844-AMS-SWIM** (1-844-267-7946) *24 hours a day, 7 days a week.*
- 2 Write down the case number you are given.
- 3 A written summary of your call will be sent to the appropriate Allegheny Mountain Swimming staff.
- 4 Your report is anonymous. If you choose, you can provide your name and telephone number, allowing someone from Allegheny Mountain Swimming to contact you directly.
- 5 To anonymously monitor your issue with Allegheny Mountain Swimming, call back after five business days and provide your case number.

You may also contact In Touch by:

- 1) Sending an email to: **TellAMS@GetInTouch.com**
- 2) Submitting your issue or concern via the web:
 - * Visit **www.InTouchWebsite.com/TellAMS**

Unless you authorize disclosure, your name and email address will be removed from the message before it is sent to Allegheny Mountain Swimming.

Use In Touch to confidentially report:

- *Violations of the Code of Conduct and Ethics*
- *Athlete Protection*
- *Safe Sport*
- *Conflicts of Interest*
- *Illegal Activities*
- *Theft or Fraud*
- *Discrimination, Harassment, or Bullying*



INTOUCH[®]