

# Do you have a concern or issue to share with ?

## Call In Touch®

- 1 Dial Toll-Free **1-833-AMS-SWIM** (1-833-267-7946) *24 hours a day, 7 days a week.*
- 2 Write down the report ID and password you are given.
- 3 A written summary of your call will be sent to the appropriate Allegheny Mountain Swimming staff.
- 4 Your report is anonymous. If you choose, you can provide your name and telephone number, allowing someone from Allegheny Mountain Swimming to contact you directly.
- 5 To anonymously monitor your issue with Allegheny Mountain Swimming, call back after five business days and provide your report ID and password.

### You may also contact In Touch by:

- 1) Sending an email to: **[TellAMS@GetInTouch.com](mailto:TellAMS@GetInTouch.com)**
- 2) Submitting your issue or concern via the web:
  - \* Visit **[www.InTouchWebsite.com/TellAMS](http://www.InTouchWebsite.com/TellAMS)**

*Unless you authorize disclosure, your name and email address will be removed from the message before it is sent to Allegheny Mountain Swimming.*

### Use In Touch to confidentially report:

- *Violations of the Code of Conduct and Ethics*
- *Athlete Protection*
- *Safe Sport*
- *Conflicts of Interest*
- *Illegal Activities*
- *Theft or Fraud*
- *Discrimination, Harassment, or Bullying*



**INTOUCH®**