

# Purple Valley Aquatics

## Swim Team



*Purple Valley Aquatics is a not-for-profit organization that was formed in August 2012. PVA is committed to developing accomplished swimmers from the pre-age group through college levels. Our goal is to create an exciting environment that not only provides excellent teaching, training and motivation of young athletes, but also cultivates a true enjoyment of the sport.*

## 2018-2019 Short Course Season

September 10<sup>th</sup>- March 15<sup>th</sup>

Swimmer evaluation for all new athletes: Wednesday, September 5<sup>th</sup> @ 6:00pm  
 Required Parent Meeting for all families: Wednesday, September 12<sup>th</sup> @ 6:00pm  
 Team Apparel Fitting: Monday, September 17<sup>th</sup> @ 5:30pm

### Training Groups

**\*Pre-Age Group: (ages 6-9)** This group offers an introduction to competitive swimming. Fundamentals will be taught w/a focus on technique, stroke development, starts & turns. \*Swim requirement- 25yds of freestyle, 25yds of backstroke, 25 yards w/ kickboard\*  
**Practices- Tues/Thurs from 6:15-7:15pm**

**Age Group I: (ages 7-11)** This group will emphasize developing good technique in all areas, starts & turns as well as endurance training. Other essentials, such as race strategy & using the pace clock properly will also be covered. This group will compete in several meets each season.  
**Practices- Mon/Wed/Fri from 6:15-7:30pm**

**Age Group II: (ages 9-13)** In this group, swimmers will focus on a continuation of stroke development with more advanced endurance training, including dryland. This group will compete in several meets each season.  
**Practices- Mon/Tues/Wed/Fri from 6:15-8:00pm**

**Senior Group: (ages 12-18)** This group is the most advanced group & will focus on endurance (not over distance) training, including dryland, while making great technique and race strategy a priority.  
**Practices- Mon/Tues/Wed/Fri 6:15-8:15pm and Sat TBD**

**High School Swimmer:** This group is for those athletes that will also be participating in high school swimming and are unable to attend full time during their high school season.

### FEE STRUCTURE

	4 installments/ Paid Full		4 installments/ Paid in Full
<b>*Pre-Age Group:</b>	\$100/ \$400	<b>Age Group I:</b>	\$162.50/ \$650
<b>Age Group II:</b>	\$200/ \$800	<b>Senior Group:</b>	\$218.75/ \$875
<b>High School Swimmers:</b>	2 installments \$275/ \$550		

A mandatory yearly \$78 USA Registration charge is not included in the fee.  
 Multiple Child Discounts: 2<sup>nd</sup> child- \$100 off      3<sup>rd</sup> child- \$175 off

For questions or more information, please e-mail Karrie Honecker at [pvacoch@gmail.com](mailto:pvacoch@gmail.com)  
 Visit our website: [www.purplevalleyaquatics.org](http://www.purplevalleyaquatics.org)