

The Mighty Narwhal Newsletter!

Two Weeks Late Edition



Happy February...or March...or whatever month it actually is when we finally get this out! So much happening in the world of the Narwhals! We had a phenomenal meet last weekend! In fact, the Narwhals have gained such notoriety, that Olympian Matt Grevers and his wife Annie decided to see how cool people spend a weekend, and they came out to join us! Boy oh boy, did we show *THEM* a fun time! The MAC swimmers completely stepped it up in all their races, becoming a force to be reckoned with. I think we scare the other teams with our good looks AND talent. And although the swimming was out of this world, the true Superheroes were our volunteers! Cartwheel, cartwheel, backflip to each of you who sacrificed your precious time off to give back to your Team! To say that



we appreciate you doesn't even begin to tap into the gratitude that we have for you! One of the best parts about a meet is seeing all the different workout groups come together and function as one Team. That's what it's all about! Being part of something bigger than you.

Being part of a huge dysfunctional, but happy family!!! It just doesn't get any better than that.



(The art of “Streamline” is apparently lost on Michael Hermann! For the love of all things Holy, Hermann, straighten out your knees!!! This hurts to look at!)



The Big Heart of our Masters!

Thank you for all who planned, organized, cooked for and attended the “Miracles for Macie” pancake breakfast! The turnout was amazing, and the donations are sincerely appreciated and are going to one of the best causes EVER. Macie Schnepf is a dynamite little lady....although she *WILL* steal your heart if you ever get the opportunity to meet her! ↴



Looking Ahead....

The USMS competition schedule is just bursting with activities! All the information is on our website, for the two of you out there who have actually ever BEEN to our website! Here we go:

Arizona Senior Olympics!!! We’re all far too young for that meet, but if you’re interested, it’s being held on February 26. That’s coming right up!

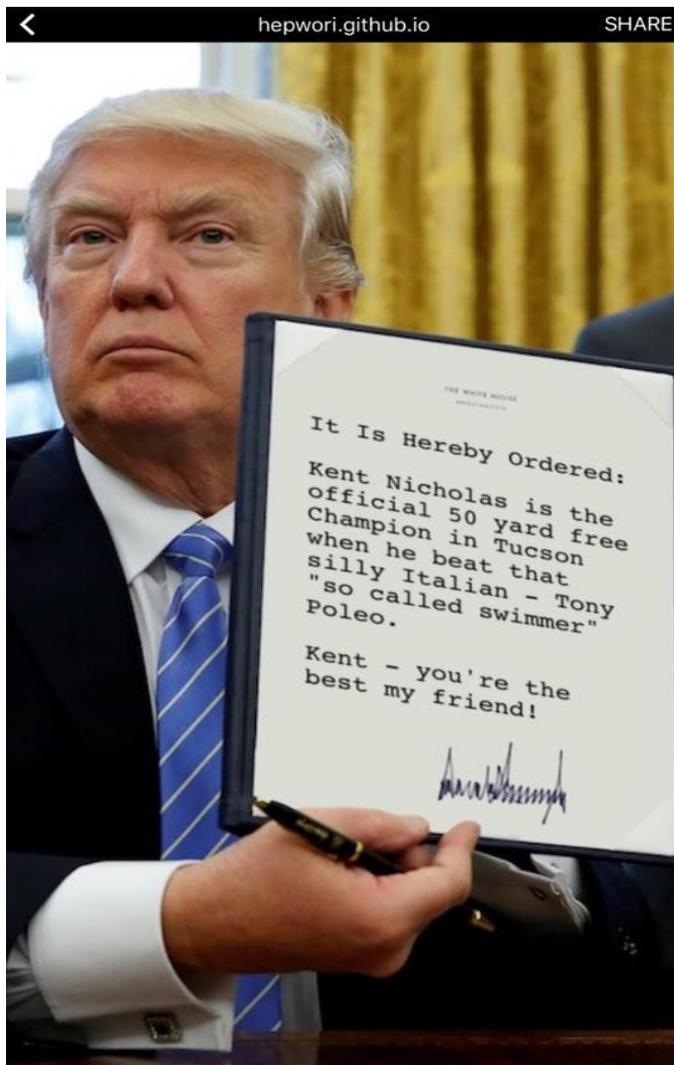
Swim Devil Sprinters Invite!!! Now we're talking! Do a dive, do a turn, and you're DONE! Warm ups are optional. Cool downs are overrated. It's the life of a sprinter!!! This will of course be a one day meet (March 4), as sprinters tend to lose focus quickly! **AZ Short Course State Championships!** April 8 - 9. Who wouldn't want to drive to Westside and show off their mad aquatic skills?! Be there!

Arena Pro. Come one, come all, to the Greatest Show in Water! In fact, get a seat right there ON the deck by volunteering to help! April 13 -15. It will be so much fun, it will seem like a "Staycation"!

#tellthebosseyouresick#swimmingismylife#slavetowater#lhathtagsbutamusingthema nywaysjusttobeannoying.

Masters Nationals They give out really cool medals at this meet. You should go. April 27 - 30. Plus, you'll be inspired by just coming off a weekend of volunteering at the Arena Pro. That should assure all personal best times for you

!!!



All politics Aside....

Come on. Step away from personal political opinions for one second, and appreciate this Presidential statement declaring our very own Narwhal, Kent Nicholas (ironically a Democrat!) the official winner of the 50 yard freestyle in Tucson several years ago! Kent, we are so happy for you, and pleased to see that you don't dwell in the past! We are also so impressed that you and The Donald have buried the hatchet and become best friends. More power to you both!

And this concludes the February-ish Newsletter 2017!!!

Peace Out

