

WHAT Practice Schedule

Week 13	Monday Nov 30	Tuesday Dec 01	Wednesday Dec 02	Thursday Dec 03	Friday Dec 04	Saturday Dec 05	Sunday Dec 06
Notes	WHS D Closed				Shaker Sharks Invite	Shaker Sharks Invite	Shaker Sharks Invite
Senior AM	-	5:30-6:15p	-	5:30-6:15p	-	-	-
HS Swimming	10:00-12:00p	2:30-3:15p DL 3:30-5:30p	2:30-3:15p DL 3:30-5:30p	2:30-3:15p DL 3:30-5:30p	2:30-3:15p DL 3:30-5:30p	-	-
HS Diving	No Practice	2:30-3:30p	-	2:30-3:30p	-		
Senior	10:00-12:00p	5:45-6:15p CR 6:30-8:30p	5:45-6:15p DL 6:30-8:30p	5:45-6:15p CR 6:30-8:30p	5:45-6:15p DL 6:30-8:30p	No Practice	-
Gold	10:00-12:00p	5:45-6:15p CR 6:30-8:00p	5:45-6:15p DL 6:30-8:00p	5:45-6:15p CR 6:30-8:00p	5:45-6:15p DL 6:30-8:00p	No Practice	-
Silver	10:00-12:00p	5:45-6:15p CR 6:30-8:00p	5:45-6:15p DL 6:30-8:00p	5:45-6:15p CR 6:30-8:00p	5:45-6:15p DL 6:30-8:00p	No Practice	-
Bronze	No Practice	6:30-7:30p	6:15-6:30p DL 6:30-7:30p	6:30-7:30p	6:30-7:30p	-	-
Copper	No Practice	6:30-7:15p	6:15-6:30p DL 6:30-7:15p	6:30-7:15p	6:30-7:15p	-	-
Masters AM	No Practice	5:00-6:30a	-	5:00-6:30a	-	No Practice	-
Masters PM	No Practice	-	7:30-8:30p	-	-	-	-