

WHAT Practice Schedule

Week 19	Monday Jan 11	Tuesday Jan 12	Wednesday Jan 13	Thursday Jan 14	Friday Jan 15	Saturday Jan 16	Sunday Jan 17
Notes	Parent Meeting 6:30p	HS Meet - H Steel Valley		HS Meet - H Oakland/Catholic Central		Age Group Open WHAT	Age Group Open WHAT
Senior AM		5:30-6:15a, DL		5:30-6:15a, DL			
Senior	5:45-6:15p, DL 6:30-8:30p	No Practice	5:45-6:15p, DL 6:30-8:30p	No Practice	5:45-6:15p, DL 6:30-8:30p	No Practice	
Gold	5:45-6:15p, DL 6:30-8:30p	No Practice	5:45-6:15p, DL 6:30-8:30p	No Practice	5:45-6:15p, DL 6:30-8:30p	No Practice	
Silver	5:45-6:15p, DL 6:30-8:00p	No Practice	5:45-6:15p, DL 6:30-8:00p	No Practice	5:45-6:15p, DL 6:30-8:00p	No Practice	
Bronze	6:15-6:30p, DL 6:30-7:30p	No Practice	6:15-6:30p, DL 6:30-7:30p	No Practice	6:30-7:30p		
Copper	6:15-6:30p, DL 6:30-7:15p	No Practice	6:15-6:30p, DL 6:30-7:15p	No Practice	6:30-7:15p		
Masters AM	5:00-6:30a	5:00-6:30a		5:00-6:30a		No Practice	
Masters PM	7:30-8:30p		7:30-8:30p				