

WHAT Practice Schedule

Week 20	Monday Jan 18	Tuesday Jan 19	Wednesday Jan 20	Thursday Jan 21	Friday Jan 22	Saturday Jan 23	Sunday Jan 24
Notes	MLK Day WHSD Closed	HS Meet - H Steel Valley		HS Meet - A Brashear		Winter Special WAAC	Winter Special WAAC
Senior AM		5:30-6:15a, DL		5:30-6:15a, DL			
Senior	12:00-2:00p	No Practice	5:45-6:15p, DL 6:30-8:30p	6:30-8:30p	5:45-6:15p, DL 6:30-8:30p	8:00-10:00a	
Gold	12:00-2:00p	No Practice	5:45-6:15p, DL 6:30-8:30p	6:30-8:30p	5:45-6:15p, DL 6:30-8:30p	8:00-10:00a	
Silver	12:00-2:00p	No Practice	5:45-6:15p, DL 6:30-8:00p	6:30-8:00p	5:45-6:15p, DL 6:30-8:00p	8:00-10:00a	
Bronze	No Practice	No Practice	6:15-6:30p, DL 6:30-7:30p	6:30-7:30p	6:30-7:30p		
Copper	No Practice	No Practice	6:15-6:30p, DL 6:30-7:15p	6:30-7:15p	6:30-7:15p		
Masters AM	No Practice	5:00-6:30a		5:00-6:30a		8:00-10:00a	
Masters PM	No Practice		7:30-8:30p				