

WHAT Practice Schedule

Week 23	Monday Feb 08	Tuesday Feb 09	Wednesday Feb 10	Thursday Feb 11	Friday Feb 12	Saturday Feb 13	Sunday Feb 14
Notes							
Senior AM		5:30-6:15a, DL		5:30-6:15a, DL			
Senior	5:45-6:15p, DL 6:30-8:30p	5:45-6:15p, CR 6:30-8:30p	5:45-6:15p, DL 6:30-8:30p	5:45-6:15p, CR 6:30-8:30p	5:45-6:15p, DL 6:30-8:30p	8:00-10:00a	
Gold	5:45-6:15p, DL 6:30-8:30p	5:45-6:15p, CR 6:30-8:30p	5:45-6:15p, DL 6:30-8:30p	5:45-6:15p, CR 6:30-8:30p	5:45-6:15p, DL 6:30-8:30p	8:00-10:00a	
Silver	5:45-6:15p, DL 6:30-8:00p	5:45-6:15p, CR 6:30-8:00p	5:45-6:15p, DL 6:30-8:00p	5:45-6:15p, CR 6:30-8:00p	5:45-6:15p, DL 6:30-8:00p	8:00-10:00a	
Bronze	6:15-6:30p, DL 6:30-7:30p	6:30-7:30p	6:15-6:30p, DL 6:30-7:30p	6:30-7:30p	6:30-7:30p		
Copper	6:15-6:30p, DL 6:30-7:15p	6:30-7:15p	6:15-6:30p, DL 6:30-7:15p	6:30-7:15p	6:30-7:15p		
Masters AM	5:00-6:30a	5:00-6:30a		5:00-6:30a		8:00-10:00a	
Masters PM	7:30-8:30p		7:30-8:30p				