

WHAT Practice Schedule

Week 39 Week 9 LC	Monday May 30	Tuesday May 31	Wednesday Jun 01	Thursday Jun 02	Friday Jun 03	Saturday Jun 04	Sunday Jun 05
Notes	Memorial Day					Team Open GPAC	Team Open GPAC
Swim School / Rec Swim			5:00-8:30p			9:30-11:30a	
Forest Hills Swim Team		3:00-6:00p	3:00-6:00p	3:00-6:00p	3:00-6:00p		
Senior	No Practice	5:40-6:20p DL 6:30-8:30p	5:40-6:20p DL 6:30-8:30p	6:30-8:30p	No DL 6:30-8:00p	No Practice	
Gold	No Practice	6:30-8:30p	5:40-6:20p DL 6:30-8:30p	6:30-8:30p	No DL 6:30-8:00p	No Practice	
Silver	No Practice	6:30-8:00p	5:40-6:20p DL 6:30-8:00p	6:30-8:00p	No DL 6:30-7:45p	No Practice	
Bronze	No Practice	6:45-7:45p	6:45-7:45p	6:45-7:45p	6:45-7:45p		
Copper	No Practice	6:00-6:45p	6:00-6:45p	6:00-6:45p	6:00-6:45p		
Masters	No Practice	5:00-6:30a		5:00-6:30a	5:00-6:30a		