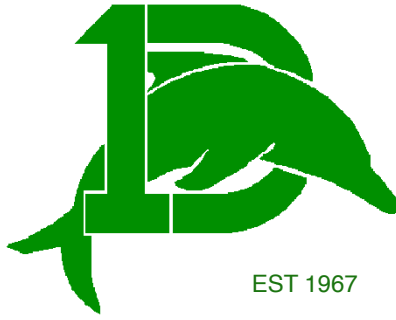


ARKANSAS DOLPHIN SWIM TEAM

Aug 20, 2019



Rates are listed as
Non-Member/ Member Rates

LRRRC

August and Sept schedule varies from this. Check the LRRRC Page under the Sites tab.

Competitive Division

DEVELOPMENTAL

Dev 1	\$95/\$72 mo
Mon & Wed	S 4:00-4:30 pm
Dev 2	\$103/\$78 mo
Mon, Wed	S 4:00-4:40pm
Thurs	S 4:00-4:45 pm
	DL 4:50-5:15
Dev 3	\$117/\$89 mo
Mon, Tues, Wed	S 4:00-5:00pm
Thurs	S 4:00-4:45 pm
	DL 4:50-5:15 pm

AGE GROUP

Age Group 1	\$138/\$104 mo
Mon & Wed	DL/S 4:15-6:15pm
Tues & Thurs	S 4:30- 6:00pm
Age Group 2	\$143/\$108 mo
Mon & Wed	DL/S 4:15-6:15pm
Tues & Thurs	S 4:30- 6:00pm
Fri	DL/S 4:15- 6:20pm
Age Group 3	\$150/\$112 mo
Mon & Wed	DL/S 4:45-7:00pm
Tues	S 4:15- 6:00pm
Thurs	DL/S 4:15-6:10pm
Fri	DL/S 4:15-6:30pm
Sr Prep	\$156/\$118 mo
Mon & Fri am	S 5:30-7:00am
Mon & Wed	DL/S 4:45-7:00pm
Tues	S 4:15- 6:00pm
Thurs	DL/S 4:15-6:10pm
Fri	DL/S 4:15-6:30pm
Sprint 14	\$127/\$95 mo
Mon, Wed	S 6:00-7:00pm
Tues, Thurs	S 5:00-6:00pm
Fri	S 4:50-5:50pm

Fitness Division

MASTERS	\$68/\$48 mo
Masters are excluded from registration fee	
Mon & Fri	5:30-6:30 am
Tues & Thurs	6:05-7:00 pm
Email: SwimOffice@dolphin-laser.com	

JACKSONVILLE

Effective Sept. 4th

Competitive Division

Age Group 1	\$73/\$58 mo
Mon & Wed	4:00-5:30
Age Group 2	\$80/\$62 mo
Mon	4:00-6:00pm
Wed	4:00-5:30pm

*If you cannot make it by the start time of your group, come as soon as you can.

Email: coachkeith@dolphin-laser.com

SHERWOOD

Effective Sept. 3rd

Competitive Division

Developmental	\$60/\$48mo
Tu,Th,Fri	3:45-4:30pm
Age Group 1	\$85/\$67 mo
Tu Wed Th Fr	4:00-5:30pm
Age Group 2	\$85/\$67 mo
Tu Th Fri	4:00-6:00pm
Wed	4:00-5:30pm

*If you cannot make it by the start time of your group, come as soon as you can.

Email: coachkeith@dolphin-laser.com

LRAC

Effective Aug 19

Competitive Division

Developmental	\$108/\$82 mo
Mon -Thurs	S 4:00-4:30pm
Age Group Prep	\$119/\$89 mo
M & W 11& up	DL 4:00-4:30 pm
T & Th 10 & Under	DL 4:00-4:30 pm
Mon -Thurs	S 4:30-5:15 pm
Age Group 2	\$143/\$108 mo
Mon & Wed	DL 4:30-5:00 pm
	S 5:15-6:30pm
Tu.,Th.	DL 4:30-5:00pm
	S 5:15 - 6:45pm
Fri.	At LRRRC
	DL/S 4:15-6:30pm

Email: taystratton@lrac.com

UALR

Competitive Division

Effective August 12

Seniors	\$165/\$123 mo
Mon - Fri	4:00-7:00pm
AM's, Dryland, Sat	TBA
Email: SwimOffice@dolphin-laser.com	

CABOT

Effective Aug 19th

Competitive Division

Developmental	\$85 mo
Mon., Tu, Th, Fri	5:00-6:00pm
Age Group 1	\$95 mo
Mon.	DL/S 4:00-6:00pm
Tu-Fri	S 4:00-5:30pm
Age Group 2	\$110 mo
Mon.	DL/S 4:00-6:00pm
Tues - Fr.	S 4:00-6:00pm
Seniors	\$125 mo
Mon - Fri	S 5:30-7:30am
Tu Th	DL TBA
Sat	S 7:00-9:00am

Email: coachstevfrye@dolphin-laser.com

Registration Fee Full Membership: \$157.00/ swimmer (Registration opens Aug 1)

Billed: \$91 first month, \$33 second Month, \$33 third month

Registration Fee Trial Membership: \$55/ swimmer (Registration opens Aug 1)

(This membership is only for athletes that have never before been registered with USA Swimming)

Bill \$55 first month. (When you choose to move to Full membership the balance will be charged your account)

Annual Fundraising/ Sponsorship Requirement: \$100/Family

* Member rate is given to active member of Little Rock Athletic Centers Inc.

* Fitness Division is excluded from registration fee.

* Half price sibling discount for three or more children.

* Visit our website for our competitors division volunteer hour and fundraising/ sponsor commitment.

* If training groups are full, email swimoffice@dolphin-laser.com to be put on the waiting list.

MASTERS are excluded from Registration fee.

* DL = Dryland Activity S = Swim

www.ardolphins.com