

2019-20 Arkansas Dolphins Senior SCY Time Standards
 CHAMP=State, ELITE=AESC Elite Meet, SECT=Sectionals, NCSA=NCSA Juniors, FUT=Futures, JNAT=Winter Junior Nationals,
 U.S. OPEN=U.S. OPEN/Winter Nationals

Arkansas Senior State Meet Time Standard is 13-14 BB cut. Minimum age to compete at Senior Champs is 13. These cuts are dropping in 2021.

GIRLS							Seniors	BOYS						
U.S. OPEN	JNAT	FUT	NCSA	SECT	ELITE	SENIORS		SENIORS	ELITE	SECT	NCSA	FUT	JNAT	U.S. OPEN
22.89	23.39	24.09	24.19	24.99	25.49	30.29	50 Free	27.89	22.49	22.39	21.69	21.39	20.79	20.59
49.89	50.69	52.09	52.39	53.69	55.39	1:05.79	100 Free	1:00.89	49.69	48.69	47.09	46.49	45.39	44.59
1:47.79	1:49.29	1:52.59	1:52.99	1:57.09	2:00.89	2:22.19	200 Free	2:12.79	1:48.69	1:47.09	1:43.09	1:41.79	1:39.39	1:38.79
4:49.09	4:53.09	5:03.49	4:59.99	5:11.99	5:18.59	6:20.09	500 Free	5:58.99	4:57.19	4:51.99	4:39.59	4:37.09	4:30.49	4:28.89
9:58.79	10:03.59	10:20.49	10:15.99	10:44.99	11:06.59	13:01.79	1000 Free	12:23.89	10:36.29	10:05.99	9:39.79	9:34.29	9:25.49	9:15.19
16:35.89	16:46.19	17:14.39	17:12.89	18:04.99	N/A	21:43.19	1650 Free	20:43.19	N/A	17:04.99	16:13.69	16:05.49	15:46.99	15:34.89
54.69	55.79	58.09	57.99	1:00.29	1:01.89	1:11.69	100 Back	1:06.89	56.69	55.69	52.89	52.09	49.99	49.89
1:58.09	2:00.99	2:04.99	2:05.99	2:10.99	2:14.59	2:35.39	200 Back	2:25.89	2:06.69	2:01.99	1:54.79	1:52.79	1:49.99	1:48.39
1:03.09	1:03.19	1:05.99	1:06.39	1:09.29	1:11.89	1:22.39	100 Breast	1:15.59	1:03.09	1:02.99	59.49	58.69	56.99	55.99
2:15.89	2:18.79	2:22.69	2:23.29	2:32.99	2:36.59	2:58.29	200 Breast	2:45.59	2:21.79	2:19.99	2:09.79	2:08.59	2:04.59	2:01.59
54.19	55.39	57.49	57.29	59.59	1:01.59	1:11.39	100 Fly	1:06.39	54.99	53.99	51.69	51.09	49.59	49.19
1:59.59	2:02.09	2:05.39	2:06.39	2:12.99	2:23.69	2:37.89	200 Fly	2:26.99	2:13.49	2:02.99	1:54.89	1:53.69	1:51.59	1:48.29
2:00.99	2:02.69	2:08.29	2:07.99	2:12.49	2:16.19	2:39.19	200 I.M.	2:28.59	2:03.79	1:59.99	1:56.29	1:55.09	1:50.79	1:49.29
4:15.59	4:22.39	4:30.69	4:29.99	4:42.99	4:47.89	5:39.69	400 I.M.	5:17.39	4:29.19	4:21.99	4:08.09	4:07.59	3:59.09	3:53.49

GIRLS	AESC ELITE BONUS CUTS	BOYS
26.89	50 Free	24.89
56.49	100 Free	52.99
2:01.99	200 Free	1:54.59
5:48.19	500 Free	5:26.29
N/A	1000 Free	N/A
N/A	1650 Free	N/A
1:04.89	100 Back	59.79
2:20.79	200 Back	2:14.49
1:14.69	100 Breast	1:10.39
2:41.09	200 Breast	2:33.29
1:03.69	100 Fly	59.69
2:24.19	200 Fly	2:14.89
2:19.19	200 I.M.	2:09.69
5:11.19	400 I.M.	4:51.99

GIRLS	Arkansas Sectionals BONUS CUTS	BOYS
25.49	50 Free	22.89
54.69	100 Free	49.69
1:59.09	200 Free	1:49.09
5:19.99	500 Free	4:59.99
N/A	1000 Free	N/A
N/A	1650 Free	N/A
1:02.29	100 Back	57.69
2:14.99	200 Back	2:05.99
1:11.29	100 Breast	1:04.99
2:36.99	200 Breast	2:23.99
1:01.59	100 Fly	55.99
2:16.99	200 Fly	2:06.99
2:16.49	200 I.M.	2:03.99
4:50.99	400 I.M.	4:29.99

GIRLS	NCSA Spring BONUS CUTS	BOYS
24.49	50 Free	21.89
52.69	100 Free	47.29
1:53.99	200 Free	1:43.99
5:02.09	500 Free	4:41.59
N/A	1000 Free	N/A
N/A	1650 Free	N/A
58.69	100 Back	53.79
2:06.89	200 Back	1:55.79
1:07.39	100 Breast	1:00.49
2:24.79	200 Breast	2:11.79
58.39	100 Fly	52.29
2:07.29	200 Fly	1:56.09
2:08.99	200 I.M.	1:57.29
4:32.09	400 I.M.	4:09.59

GIRLS	Speedo Winter Juniors BONUS CUTS	BOYS
23.99	50 Free	21.19
51.59	100 Free	46.69
1:51.39	200 Free	1:40.99
5:03.49	500 Free	4:34.29
10:20.49	1000 Free	9:34.29
17.14.39	1650 Free	16.05.49
57.29	100 Back	51.69
2:03.59	200 Back	1:52.09
1:04.99	100 Breast	58.19
2:21.49	200 Breast	2:07.19
56.89	100 Fly	50.79
2:04.49	200 Fly	1:52.89
2:05.29	200 I.M.	1:53.29
4:26.09	400 I.M.	4:08.89

Please note that some of the time standards for 2020 were not published at the time of this printings. NCSA cuts are SCY March 19-23, 2020 meet standards. LCM has not been released to date.