

# RACERS HOLIDAY CLASSIC

FRIDAY, DECEMBER 16 – SUNDAY, DECEMBER 18, 2022

**SANCTION:** HELD UNDER USA SWIMMING THROUGH ARKANSAS SWIMMING, INC.  
SANCTION NUMBER AR-12162022

**HOST:** ARKANSAS RACERS

**DATES:** DECEMBER 16-18, 2022

**LOCATION:** THE RIVER CENTER  
1800 CITIZENS DRIVE  
BENTON, AR 72015

<b>STARTING TIME:</b> FRIDAY AFTERNOON –	WARM-UPS WILL BEGIN AT 4:00 PM. MEET WILL BEGIN AT 5:00 PM.
SATURDAY PRELIMS –	WARM-UPS WILL BEGIN AT 7:30 AM MEET WILL START AT 9:00 AM
SATURDAY FINALS –	WARM-UPS WILL BEGIN AT 3:30 PM MEET WILL BEGIN AT 4:30 PM
SUNDAY PRELIMS -	WARM-UPS WILL BEGIN AT 7:30 AM MEET WILL BEGIN AT 9:00 AM
SUNDAY FINALS -	WARM-UPS WILL BEGIN AT 2:00 PM MEET WILL BEGIN AT 3:00 PM

**FACILITY:** EIGHT LANE, 25 YARD INDOOR COURSE WITH NON-TURBULENT LANE LINES, SPECTRUM ACCELERATOR STARTING BLOCKS. EIGHT LANES WILL BE USED FOR COMPETITION. COLORADO ELECTRONIC TIMING SYSTEM WITH TOUCH PADS AND HORN START. 8 COLORADO BACKSTROKE START DEVICES AND RELAY JUDGING PLATFORMS. FULL COLOR LED SCREEN COLORADO SCOREBOARD. SEPARATE WARM UP/WARM-DOWN AREA WILL BE AVAILABLE IN THE LEISURE POOL. THE MEET WILL BE RUN WITH A CLOSED DECK. ONLY SWIMMERS, CERTIFIED COACHES AND MEET PERSONNEL WILL BE ALLOWED ON DECK. NO FOOD WILL BE ALLOWED ON DECK. SPECTATOR SEATING WILL BE AVAILABLE IN THE NATATORIUM BLEACHERS AREA. SWIMMERS LEAVING THE POOL AREA MUST WEAR A SHIRT, PANTS AND SHOES. THE MINIMUM WATER DEPTH, MEASURED IN ACCORDANCE WITH ARTICLE 202.2.4.10C IS 12'6" AT THE START END AND 4'0" AT THE TURN END. THE COMPETITION COURSE HAS NOT BEEN CERTIFIED IN ACCORDANCE WITH ARTICLE 104.2.2.C(5).

**MEET TYPE:** PRELIM/FINAL MEET. PRELIMS WILL BE SWUM AS CONSOLIDATED EVENTS. FINALS WILL BE SWUM AS A MIX CONSOLIDATED AND AGE GROUP EVENTS.

**RULES:** 2022 USA SWIMMING AND ARKANSAS SWIMMING, INC. RULES AND REGULATIONS WILL GOVERN THE MEET. ASI SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT.

**OFFICIALS:** MEET REFEREE: ALYCE OULETTE - JOULETTE@SBCGLOBAL.NET  
MEET DIRECTOR: MONICA NELSEN – MONICA@CASCRACERS.COM  
ADMINISTRATIVE OFFICIAL: MELINDA MARTIN – MELINDA.MARTIN@STAFFMARK.COM

**ATTENDING COACHES:** ONLY COACHES REGISTERED WITH USA SWIMMING WILL BE ALLOWED TO PARTICIPATE IN ANY COACHING CAPACITY. UNDER ARSI RULES, EACH TEAM MUST PROVIDE A COPY OF EACH ATTENDING COACH'S USA SWIMMING MEMBERSHIP CARD. ATTENDING COACHES SHOULD BE PREPARED TO SHOW PROOF OF USA SWIMMING REGISTRATION AND VALID CERTIFICATION.

**ELIGIBILITY:** ALL SWIMMERS MUST BE REGISTERED AS 2022/2023 ATHLETE MEMBERS OF USA SWIMMING. NO ENTRIES WILL BE ACCEPTED WITHOUT CURRENT USA SWIMMING REGISTRATION NUMBER. ON DECK REGISTRATION WILL NOT BE PERMITTED. THE AGE OF EACH SWIMMER AS OF DECEMBER 16, 2022 DETERMINES AGE GROUP CLASSIFICATION FOR THE ENTIRE MEET.

**SEEDING:** ALL EVENTS WILL BE PRE-SEEDED, EXCEPT FOR THE 500 FREESTYLE, 1650 FREE AND THE 400 IM. THE 500 FREESTYLE, 1650 FREE AND 400 IM WILL BE DECK-SEEDED AND WILL REQUIRE POSITIVE CHECK-IN. POSITIVE CHECK-IN DEADLINE WILL BE THIRTY (30) MINUTES PRIOR TO THE ANNOUNCED START OF THE SESSION. THE 500 FREESTYLE AND 400 IM MAY BE LIMITED TO THE FASTEST 48 SWIMMERS. THE 1650 FREE MAY BE LIMITED TO THE FASTEST 24 SWIMMERS. AGE GROUPS AND GENDER MAY SWIM TOGETHER.

**ENTRY LIMITS:** SWIMMERS MAY ENTER A MAXIMUM OF FIVE (5) INDIVIDUAL EVENTS ON FRIDAY. SWIMMERS MAY ENTER THREE (3) INDIVIDUAL EVENTS PLUS ONE (1) RELAY EVENT PER DAY ON SATURDAY AND SUNDAY. MEET WILL BE LIMITED TO FIRST 400 SWIMMERS ENTERED. IF THE TEAM'S ENTRIES EXCEED THE 400 SWIMMERS LIMIT, ALL THE TEAM'S ENTRIES WILL BE ACCEPTED.

**FRIDAY:** FRIDAY AFTERNOON EVENTS WILL BE TIMED FINALS. AGE GROUPS AND GENDERS MAY SWIM TOGETHER BUT WILL SPLIT FOR SCORING AND AWARDS PURPOSES IN TIMED FINALS EVENTS.

**FORMAT:** SATURDAY AND SUNDAY WILL RUN IN A PRELIMS/FINALS FORMAT. ALL AGES WILL SWIM TOGETHER FOR PRELIMS. FINALS WILL HAVE 4 HEATS ORGANIZED BY THE FOLLOWING CRITERIA:

- A SUPER FINAL – TOP 8 FASTEST SWIMS FROM PRELIMS ANY AGE
- B FINAL – NEXT FASTEST 8 SWIMMERS AGES 13 AND OVER
- C FINAL – NEXT FASTEST 8 SWIMMERS AGES 11-12
- D FINAL – NEXT FASTEST 8 SWIMMERS AGES 10 AND UNDER

**RELAYS:** SATURDAY'S RELAYS WILL HAPPEN AT THE END OF FINALS. SUNDAY'S RELAYS WILL HAPPEN AT THE END OF PRELIMS.

**ENTRY FEES:** \$20.00 FACILITY FEE PER SWIMMER  
\$3.00 ASI SURCHARGE PER SWIMMER  
\$6.00 PER INDIVIDUAL EVENT  
\$10.00 PER RELAY EVENT

MAKE CHECKS PAYABLE TO **CASC RACERS.**

CASC RACERS  
C/O ADAM NELSEN  
3416 RIDGE PASS COURT  
LITTLE ROCK, AR 72227

**ENTRY DEADLINE:** ENTRIES MUST BE RECEIVED BY WEDNESDAY, DECEMBER 7, 2022. THE PREFERRED METHOD OF ENTRY IS BY HY-TEK DIGITAL FILES ACCOMPANIED BY EMAILED OR HARD COPY ENTRY SUMMARY SHEET.

**DECK ENTRIES:** DECK ENTRIES WILL NOT BE ACCEPTED.

**SCRATCHES:** NO MONEY WILL BE REFUNDED FOR SCRATCHES. A SWIMMER WHO DOES NOT REPORT BY THE FINAL CALL WILL BE SCRATCHED FROM THAT EVENT. ARKANSAS SWIMMING SCRATCH RULES WILL BE ENFORCED FOR FINALS.

**WARM-UP:** ALL ARSI WARM-UP RULES WILL BE FOLLOWED. ANY SWIMMER WHO DOES NOT ENTER THE POOL FEET FIRST DURING ANY PORTION OF A WARM-UP/WARM-DOWN PERIOD WHICH REQUIRES FEET FIRST ENTRY SHALL RECEIVE A WARNING FOR THE FIRST OFFENSE RATHER THAN A DISQUALIFICATION. DISQUALIFICATIONS ARE AUTOMATIC FOR SUBSEQUENT VIOLATIONS. IN THE SESSION IN WHICH THE PENALTY IS ENFORCED, THE SWIMMER CANNOT DECK ENTER AN EVENT TO REPLACE THE EVENT FROM WHICH THEY WERE REMOVED.

THESE WARM-UP RULES ALSO APPLY TO THE WARM-UP/WARM-DOWN AREA THAT WILL BE AVAILABLE DURING EACH SESSION. SWIMMERS MAY DIVE INTO THE POOL DURING A DESIGNATED SPRINT WARM-UP. SWIMMERS WITHOUT A COACH AT THE MEET MUST CHECK IN WITH THE MEET REFEREE AND WILL BE ASSIGNED TO A COACH DURING THE WARM UP PORTION OF THE MEET.

**FINAL RESULTS:** FINAL RESULTS WILL BE POSTED ON THE CASC RACERS WEBSITE & ARKANSAS SWIMMING WEBSITE.

**AWARDS:** IN INDIVIDUAL EVENTS, MEDALS WILL BE AWARDED FOR 1ST THROUGH 3RD PLACES AND RIBBONS WILL BE AWARDED FOR 4TH THROUGH 8TH PLACES. MEDALS, RIBBONS, HIGH POINT AND RUNNER UP HIGH POINT AWARDS WILL BE GIVEN FOR BOYS AND GIRLS IN THE FOLLOWING AGE GROUPS: 10 & U, 11-12, 13 AND UP. NO AWARDS FOR RELAYS.

**SCORING:** TIMED FINAL EVENTS: 9-7-6-5-4-3-2-1. RELAYS: 20-17-16-15-14-13-12-11  
RACERS SUPER FINALS – 20 -17-16-15-14-13-12-11  
B,C, D FINAL – 9-7-6-5-4-3-2-1

**RULES/SAFE  
SPORT:**

USA SWIMMING RULES AND REGULATIONS WILL GOVERN THE CONDUCT OF THIS MEET. IT SHALL BE THE SWIMMERS' AND COACHES' RESPONSIBILITY TO ACQUAINT THEMSELVES WITH ALL INFORMATION CONTAINED HERE WITHIN.

ALL COACHES AND OFFICIALS EXPECTING TO RECEIVE ACCESS TO THE POOL DECK MUST BE PREPARED TO SHOW A CURRENT USA SWIMMING MEMBERSHIP CARD (USA SWIMMING APP IS ACCEPTABLE PROOF OF USA SWIMMING MEMBERSHIP). INFORMATION REGARDING THE APT COURSE AND THE BACKGROUND CHECK IS AVAILABLE ONLINE AT [USASWIMMING.ORG/PROTECT](http://USASWIMMING.ORG/PROTECT). COACHES MUST PROVIDE PROOF OF CPR, FIRST AID AND SAFETY TRAINING FOR SWIMMING COACHES OR USA SWIMMING APPROVED EQUIVALENTS AND MUST HAVE SUCCESSFULLY PASSED THE REQUIRED BACKGROUND CHECK AND APT COURSE. COACHES MUST DISPLAY THEIR COACH MEMBERSHIP CARD WHILE ON DECK.

NO SWIMMER WILL BE PERMITTED TO COMPETE UNLESS HE/SHE IS A MEMBER AS PROVIDED IN ARTICLE 302. ANY SWIMMER ENTERED IN THE MEET MUST BE CERTIFIED BY A USA SWIMMING MEMBER-COACH AS BEING PROFICIENT IN PERFORMING A RACING START. FURTHER, THOSE PARTICIPANTS NOT PROFICIENT WITH A BACKSTROKE LEDGE MUST START EACH RACE FROM WITHIN THE WATER, AND WITHOUT USE OF THE BACKSTROKE LEDGE. IT IS THE RESPONSIBILITY OF THE SWIMMER OR THE SWIMMER'S LEGAL GUARDIAN TO ENSURE COMPLIANCE WITH THESE REQUIREMENTS.

NO SWIMMER WILL BE ALLOWED ON DECK WITHOUT A COACH MEMBER PRESENT. IF THE HOME CLUB COACH IS NOT PLANNING TO ATTEND EVENT, SWIMMER MUST BE ASSIGNED A SUPERVISING COACH. IF A SWIMMER ARRIVES WITHOUT A COACH, HE/SHE MUST FIND A WILLING COACH AT THE FACILITY TO SIGN SUPERVISION FORM BEFORE A CREDENTIAL CAN BE ISSUED.

THE SAFE SPORT PROGRAM IS USA SWIMMING'S COMPREHENSIVE ABUSE PREVENTION PROGRAM DEDICATED TO REDUCING THE RISK OF SEXUAL, EMOTIONAL, AND PHYSICAL ABUSE TO ATHLETES. COMPONENTS OF THE PROGRAM INCLUDE, BUT ARE NOT LIMITED TO, PROVIDING EDUCATION AND TRAINING, ENFORCING POLICIES, RULES, AND BEST PRACTICE GUIDELINES, PROMOTING HEALTHY BOUNDARIES AND MANDATED REPORTING OF VIOLATIONS.

THE MINOR ATHLETE ABUSE PREVENTION POLICY ("MAAPP") PROHIBITS APPLICABLE ADULTS FROM HAVING ONE-ON-ONE INTERACTION WITH MINOR ATHLETES THAT IS NOT WITHIN AN OBSERVABLE AND INTERRUPTIBLE DISTANCE FROM ANOTHER ADULT. ALL APPLICABLE ADULTS PARTICIPATING IN OR ASSOCIATED WITH THIS MEET, ACKNOWLEDGE THAT THEY ARE SUBJECT TO THE PROVISIONS OF THE USA SWIMMING MAAPP, AND THAT THEY UNDERSTAND THAT COMPLIANCE WITH THE MAAPP POLICY IS A CONDITION OF PARTICIPATION IN THE CONDUCT OF THIS COMPETITION.

PURSUANT TO USA SWIMMING RULES AND REGULATIONS AND FEDERAL LAW, IT IS EVERY MEMBER'S RESPONSIBILITY TO IMMEDIATELY (I.E., WITHIN 24 HOURS) REPORT ANY INCIDENT OF CHILD ABUSE, INCLUDING PHYSICAL OR SEXUAL ABUSE, TO LAW ENFORCEMENT AND THE U.S. CENTER FOR SAFESPORT. REPORTING MUST OCCUR WHEN AN INDIVIDUAL HAS FIRSTHAND KNOWLEDGE OF MISCONDUCT OR WHERE SPECIFIC AND CREDIBLE INFORMATION HAS BEEN RECEIVED FROM A VICTIM OR KNOWLEDGEABLE THIRD PARTY. A REPORT TO THE U.S. CENTER FOR SAFESPORT MAY BE MADE VIA TELEPHONE AT 720-531-0340 OR ONLINE AT [WWW.USCENTERFORSAFESPORT.ORG/REPORT-A-CONCERN](http://WWW.USCENTERFORSAFESPORT.ORG/REPORT-A-CONCERN). VARIOUS STATE LAWS MAY ALSO REQUIRE REPORTING TO LAW ENFORCEMENT OR TO A DESIGNATED CHILD PROTECTION AGENCY.

THE REQUIREMENT TO COMPLETE ATHLETE PROTECTION TRAINING IS AN ANNUAL REQUIREMENT. USA SWIMMING MEMBERSHIP WILL BE AFFECTED IF A NON-ATHLETE MEMBER OR ADULT ATHLETE MEMBER DOES NOT RENEW ATHLETE PROTECTION TRAINING ANNUALLY.

EACH CLUB IS RESPONSIBLE FOR THE CONDUCT OF ITS SWIMMERS. ANY PERSON WHO, IN THE OPINION OF THE MEET DIRECTOR OR MEET MARSHALL, IS HARMFUL TO OTHERS OR TO OTHER'S PROPERTY MAY BE REQUIRED TO LEAVE THE COMPETITION.

USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING A CELL PHONE, IS NOT PERMITTED IN CHANGING AREAS, REST ROOMS OR LOCKER ROOMS. ANY PERSON FOUND POSSESSING SUCH DEVICES IN THESE AREAS WILL IMMEDIATELY BE REMOVED FROM THE MEET WITH ALL FEES FORFEITED AND WILL BE SUBJECT TO FURTHER LSC AND/OR USA SWIMMING SANCTIONS AND PENALTIES.

OPERATION OF A DRONE, OR ANY OTHER FLYING APPARATUS, IS PROHIBITED OVER THE VENUE (POOLS, ATHLETE/COACH AREAS, SPECTATOR AREAS AND OPEN CEILING LOCKER ROOMS) ANY TIME ATHLETES, COACHES, OFFICIALS AND/OR SPECTATORS ARE PRESENT.

ARKANSAS SWIMMING WELCOMES THE PARTICIPATION OF SWIMMERS WITH DISABILITIES IN ALL ASI SANCTIONED EVENTS. SWIMMERS AND/OR THEIR COACHES WHO MAY HAVE SPECIAL NEEDS ARE EXPECTED TO CONTACT THE MEET REFEREE TO DISCUSS COMPETITIVE ACCOMMODATIONS, AND TO CONTACT BOTH THE MEET REFEREE AND THE MEET DIRECTOR TO DISCUSS FACILITY ACCOMMODATIONS, PRIOR TO THE ENTRY DEADLINE FOR THE MEET

**COVID-19:**

AN INHERENT RISK OF EXPOSURE TO COVID-19 EXISTS IN ANY PUBLIC PLACE WHERE PEOPLE ARE PRESENT. COVID-19 IS AN EXTREMELY CONTAGIOUS DISEASE THAT CAN LEAD TO SEVERE ILLNESS AND DEATH. ACCORDING TO THE CENTERS FOR DISEASE CONTROL AND PREVENTION, SENIOR CITIZENS AND INDIVIDUALS WITH UNDERLYING MEDICAL CONDITIONS ARE ESPECIALLY VULNERABLE. DUE TO THIS, ALL COACHES, SWIMMERS, SPECTATORS, AND VOLUNTEERS WILL BE REQUIRED TO WEAR MASKS WHILE ON THE POOL DECK.

USA SWIMMING, INC., CANNOT PREVENT YOU (OR YOUR CHILD(REN)) FROM BECOMING EXPOSED TO, CONTRACTING, OR SPREADING COVID-19 WHILE PARTICIPATING IN USA SWIMMING SANCTIONED EVENTS. IT IS NOT POSSIBLE TO PREVENT AGAINST THE PRESENCE OF THE DISEASE. THEREFORE, IF YOU CHOOSE TO PARTICIPATE IN A USA SWIMMING SANCTIONED EVENT, YOU MAY BE EXPOSING YOURSELF TO AND/OR INCREASING YOUR RISK OF CONTRACTING OR SPREADING COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ARKANSAS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE, OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OR NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

## ORDER OF EVENTS

Friday Night - Timed Finals		
101	Open Mixed 100 IM	
102	Open Mixed 25 Free	
103	Open Mixed 200 Fly	
104	Open Mixed 25 Fly	
105	Open Mixed 200 Back	
106	Open Mixed 25 Back	
107	Open Mixed 200 Breast	
108	Open Mixed 25 Breast	
	10 min Break	
109	Open Mixed 1650 Free	

Saturday Prelims		
201	Open 50 Free	202
203	Open 100 Back	204
205	Open 200 IM	206
207	Open 50 Fly	208
209	Open 100 Breast	210
211	Open 500 Free	212

Saturday Finals		
201	50 Free	202
203	100 Back	204
205	200 IM	206
207	50 Fly	208
209	100 Breast	210
211	500 Free	212
213	200 Free Relay	214

Sunday Prelims		
301	Open 200 Free	302
303	Open 50 Breast	304
305	Open 100 Fly	306
307	Open 50 Back	308
309	Open 100 Free	310
311	Open 400 IM	312
313	200 Medley Relay	314

Sunday Finals		
301	200 Free	302
303	50 Breast	304
305	100 Fly	306
307	50 Back	308
309	100 Free	310
311	400 IM	312

## MEET SUMMARY FORM

COMPLETE THIS MEET SUMMARY FORM AND SUBMIT IT ALONG WITH YOUR COMPLETE ENTRY FORM AND YOUR CHECK. MAKE CHECKS PAYABLE TO CENTRAL ARKANSAS SWIM CLUB (CASC).

MAIL ALL ENTRIES TO:

ADAM NELSEN  
3416 RIDGE PASS CT  
LITTLE ROCK, AR 72227  
PHONE – (501) 744-3713  
EMAIL – ENTRIES@CASCRACERS.COM

NAME OF CLUB: \_\_\_\_\_

CLUB CODE: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

PERSON TO CONTACT REGARDING QUESTIONS: \_\_\_\_\_

PHONE NUMBER: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

ATTENDING COACHES: \_\_\_\_\_

COACH'S PHONE NUMBER: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

SWIMMERS x \$3.00 ASI SURCHARGE = \_\_\_\_\_

SWIMMERS x \$20.00 FACILITY FEE = \_\_\_\_\_

INDIVIDUAL ENTRIES x \$6.00 PER EVENT = \_\_\_\_\_

RELAY ENTRIES x \$10.00 PER RELAY = \_\_\_\_\_

TOTAL FEES = \_\_\_\_\_

AS SPECIFIED BY USA SWIMMING AND ASI, EACH COACH OR TEAM REPRESENTATIVE MUST CERTIFY THAT ALL SWIMMERS ENTERED ON THE ENTRY FORMS ARE MEMBERS OF USA SWIMMING AS OF THE ENTRY DEADLINE, OR THE APPLICATIONS FOR MEMBERSHIP (INCLUDING FEES) ARE ENCLOSED WITH THE ENTRY FORMS. IN ADDITION, THE SIGNATURE BELOW CERTIFIES THAT EACH ATTENDING COACH IS A MEMBER OF USA SWIMMING AND HAS VALID CERTIFICATION IN CPR, FIRST AID AND SAFETY TRAINING FOR THE DURATION OF THE MEET. IN CONSIDERATION OF THE ACCEPTANCE OF THIS ENTRY, WE HEREBY WAIVE AND RELIEVE ANY AND ALL CLAIMS AGAINST USA SWIMMING, ASI, RIVER CENTER, THE CENTRAL ARKANSAS SPORTS CLUB, AND OFFICIALS.

SIGNATURE OF COACH/TEAM REPRESENTATIVE: \_\_\_\_\_

## Arkansas Swimming Scratch Rules

### III. Scratching from Consolation Finals and Finals

1. To promote full heats in finals and to teach swimmers to scratch themselves after preliminary heats, swimmers are to scratch themselves from finals if they have no intention of swimming in finals even if they have not initially qualified to swim in finals or become qualified for finals resulting from the scratching of other swimmers.
2. Any swimmer qualifying for a consolation final or final in an individual event who fails to compete in said consolation final or final shall be barred from further competition for the remainder of the meet, except as noted below.
3. In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final, when possible, with the next qualified swimmer(s). The heats shall not be reseeded. First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
4. Prior to the beginning of the Finals Session when a final has not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the consolation final and the championship final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
5. If a consolation final already has been contested, the final shall be swum without reseeding for the empty lane(s).

### IV. Exceptions for Failure to Compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

- A. The Referee is notified in the event of illness or injury and accepts the proof thereof.
- B. A swimmer qualifying for a consolation final or final notifies the Referee, or the Referee's designee, within thirty (30) minutes after announcement of the qualifiers for that final that he may not intend to compete and further declares his final intentions to the Referee within thirty (30) minutes following his last individual preliminary event.
- C. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.