ARKANSAS SWIMMING INC.

2019-2020 SHORT COURSE TIME STANDARDS

ASI 14 & UNDER AGE GROUP CHAMPIONSHIPS

MARCH 6-8, 2020
THE RIVER CENTER
BENTON, AR

GIRLS		10 & UNDERS	BOYS	
LCM	SCY	Event	SCY	LCM
39.89	35.19	50 Freestyle	34.49	39.49
1:31.49	1:19.99	100 Freestyle	1:18.79	1:30.29
3:20.99	2:57.39	200 Freestyle	2:47.99	3:12.09
48.89	41.89	50 Backstroke	42.39	49.19
1:45.99	1:30.69	100 Backstroke	1:29.69	1:43.59
53.99	47.49	50 Breaststroke	46.59	53.29
2:01.49	1:44.99	100 Breaststroke	1:41.89	1:57.69
47.29	41.79	50 Butterfly	40.49	45.99
1:53.99	1:39.09	100 Butterfly	1:37.99	1:51.39
---	1:31.69	100 Individual Medley	1:29.39	---
3:43.19	3:15.59	200 Individual Medley	3:13.19	3:40.79

GIRLS		11-12 YEAR OLDS	BOYS	
LCM	SCY	Event	SCY	LCM
35.79	31.49	50 Freestyle	30.29	34.69
1:18.49	1:08.29	100 Freestyle	1:05.89	1:15.69
2:50.39	2:29.69	200 Freestyle	2:24.59	2:45.19
5:56.49	6:38.39	500 Freestyle	6:27.49	5:48.69
41.19	35.59	50 Backstroke	35.29	40.89
1:31.09	1:18.49	100 Backstroke	1:15.79	1:29.09
3:10.19	2:43.99	200 Backstroke	2:40.29	3:06.49
45.49	39.99	50 Breaststroke	39.59	45.39
1:41.39	1:27.39	100 Breaststroke	1:25.49	1:38.49
3:36.09	3:08.59	200 Breaststroke	3:00.99	3:28.69
38.29	34.09	50 Butterfly	34.19	38.69
1:28.49	1:18.29	100 Butterfly	1:16.49	1:26.29
3:10.19	2:47.89	200 Butterfly	2:43.99	3:07.69
3:11.49	2:47.79	200 Individual Medley	2:44.19	3:09.29

GIRLS		13-14 YEAR OLDS	BOYS	
LCM	SCY	Event	SCY	LCM
34.59	30.29	50 Freestyle	27.89	31.99
1:15.39	1:05.79	100 Freestyle	1:00.89	1:09.99
2:42.59	2:22.19	200 Freestyle	2:12.79	2:32.29
5:40.89	6:20.09	500 Freestyle	5:58.99	5:24.09
1:23.59	1:11.69	100 Backstroke	1:06.89	1:18.29
2:59.39	2:35.39	200 Backstroke	2:25.89	2:49.69
1:34.99	1:22.39	100 Breaststroke	1:15.59	1:28.09
3:25.59	2:58.29	200 Breaststroke	2:45.59	3:11.59
1:21.09	1:11.39	100 Butterfly	1:06.39	1:15.49
2:59.49	2:37.89	200 Butterfly	2:26.99	2:49.19
3:03.39	2:39.19	200 Individual Medley	2:28.59	2:51.99
6:27.59	5:39.69	400 Individual Medley	5:17.39	6:04.69

ASI SENIOR STATE CHAMPIONSHIPS

JANUARY 24-26, 2020
HENDRIX COLLEGE AQUATIC CENTER
CONWAY, AR

GIRLS			BOYS	
LCM	SCY	Event	SCY	LCM
33.39	29.29	50 Freestyle	25.89	29.59
1:10.29	1:01.89	100 Freestyle	55.09	1:02.79
2:28.89	2:11.19	200 Freestyle	2:00.49	2:16.99
5:20.69	5:59.29	500 Freestyle	5:32.29	4:56.59
22:09.29	21:43.19	1650 Freestyle	20:43.19	21:08.09
1:17.89	1:09.09	100 Backstroke	1:03.19	1:11.39
2:50.79	2:31.69	200 Backstroke	2:24.49	2:42.79
1:32.39	1:21.39	100 Breaststroke	1:09.89	1:19.59
3:17.39	2:54.19	200 Breaststroke	2:29.59	2:50.09
1:20.39	1:11.09	100 Butterfly	1:00.59	1:08.69
2:57.89	2:37.89	200 Butterfly	2:26.89	2:45.69
2:49.79	2:30.09	200 Individual Medley	2:12.09	2:29.89
6:14.19	5:31.29	400 Individual Medley	5:17.39	5:58.79