



**ARKANSAS SWIMMING INC.**  
**2022-2023 SHORT COURSE TIME STANDARDS**

**ARSI 14 & UNDER AGE GROUP CHAMPIONSHIPS**

MARCH 3-5, 2023

GIRLS		10 & UNDERS	BOYS	
LCM	SCY	Event	SCY	LCM
39.89	35.19	50 Freestyle	34.49	39.49
1:31.19	1:19.99	100 Freestyle	1:18.79	1:30.19
3:20.99	2:57.19	200 Freestyle	2:47.99	3:12.09
48.89	41.89	50 Backstroke	42.29	49.19
1:45.99	1:30.69	100 Backstroke	1:29.29	1:43.09
53.99	47.49	50 Breaststroke	46.59	53.29
1:59.79	1:44.99	100 Breaststroke	1:41.89	1:55.99
47.09	41.79	50 Butterfly	40.49	45.99
1:52.99	1:39.09	100 Butterfly	1:37.09	1:50.79
---	1:31.69	100 Individual Medley	1:28.89	---
3:43.19	3:15.59	200 Individual Medley	3:13.19	3:40.79

GIRLS		11-12 YEAR OLDS	BOYS	
LCM	SCY	Event	SCY	LCM
35.69	31.29	50 Freestyle	30.29	34.69
1:18.09	1:08.29	100 Freestyle	1:05.89	1:15.49
2:49.19	2:28.99	200 Freestyle	2:23.49	2:44.89
5:56.49	6:38.19	500 Freestyle	6:27.49	5:48.69
40.79	35.39	50 Backstroke	34.99	40.39
1:30.99	1:18.09	100 Backstroke	1:15.69	1:27.99
3:09.89	2:43.99	200 Backstroke	2:39.69	3:05.19
45.49	39.99	50 Breaststroke	39.49	45.19
1:40.89	1:27.19	100 Breaststroke	1:24.49	1:38.39
3:35.99	3:06.59	200 Breaststroke	3:00.19	3:28.69
38.29	33.89	50 Butterfly	34.19	38.59
1:28.49	1:17.59	100 Butterfly	1:16.09	1:26.29
3:10.19	2:47.19	200 Butterfly	2:40.79	3:06.19
3:11.39	2:47.29	200 Individual Medley	2:43.99	3:08.49

GIRLS		13-14 YEAR OLDS	BOYS	
LCM	SCY	Event	SCY	LCM
34.49	30.19	50 Freestyle	27.79	31.99
1:14.79	1:05.49	100 Freestyle	1:00.89	1:09.89
2:41.79	2:21.29	200 Freestyle	2:12.79	2:32.29
5:40.59	6:18.69	500 Freestyle	5:58.99	5:24.09
1:23.59	1:11.19	100 Backstroke	1:06.39	1:17.89
2:58.69	2:34.89	200 Backstroke	2:25.09	2:49.09
1:34.79	1:21.69	100 Breaststroke	1:15.49	1:28.09
3:23.99	2:57.29	200 Breaststroke	2:43.99	3:10.79
1:20.39	1:10.89	100 Butterfly	1:06.09	1:15.49
2:59.19	2:36.89	200 Butterfly	2:26.89	2:47.99
3:01.79	2:37.59	200 Individual Medley	2:28.49	2:51.39
6:25.89	5:37.59	400 Individual Medley	5:17.09	6:04.69

**ARSI SENIOR STATE CHAMPIONSHIPS**

MARCH 17-19, 2023

GIRLS		Event	BOYS	
LCM	SCY		SCY	LCM
33.39	29.29	50 Freestyle	25.89	29.59
1:10.29	1:01.89	100 Freestyle	55.09	1:02.79
2:28.89	2:11.19	200 Freestyle	2:00.49	2:16.99
5:20.69	5:59.29	500 Freestyle	5:32.29	4:56.59
22:09.29	21:43.19	1650 Freestyle	20:43.19	21:08.09
1:17.89	1:09.09	100 Backstroke	1:03.19	1:11.39
2:50.79	2:31.69	200 Backstroke	2:24.49	2:42.79
1:32.39	1:21.39	100 Breaststroke	1:09.89	1:19.59
3:17.39	2:54.19	200 Breaststroke	2:29.59	2:50.09
1:20.39	1:11.09	100 Butterfly	1:00.59	1:08.69
2:57.89	2:37.89	200 Butterfly	2:26.89	2:45.69
2:49.79	2:30.09	200 Individual Medley	2:12.09	2:29.89
6:14.19	5:31.29	400 Individual Medley	5:17.39	5:58.79