

TYR GO PINK HALLOWEEN MEET

FRIDAY, OCTOBER 25 – SUNDAY, OCTOBER 27, 2019

HOST: CENTRAL ARKANSAS SWIM CLUB RACERS

DATES: OCTOBER 25-27, 2019

STARTING TIME: FRIDAY EVENING - WARM-UPS WILL BEGIN AT 4:00 PM.
MEET WILL BEGIN AT 5:30 PM.
SATURDAY MORNING – WARM-UPS WILL BEGIN AT 7:30 AM.
MEET WILL BEGIN AT 9:00 AM.
SATURDAY AFTERNOON – WARM-UPS WILL NOT START BEFORE 12:00 PM.
MEET WILL NOT START BEFORE 1:00 PM.
SUNDAY MORNING – WARM-UPS WILL BEGIN AT 8:30 AM.
MEET WILL BEGIN AT 10:00 AM.

SANCTION: HELD UNDER USA SWIMMING THROUGH ARKANSAS SWIMMING, INC.
SANCTION NUMBER 19AR1026

LOCATION: THE RIVER CENTER
1800 CITIZENS DRIVE
BENTON, AR 72015

FACILITY: EIGHT LANE, 25 YARD INDOOR COURSE WITH NON-TURBULENT LANE LINES, SPECTRUM ACCELERATOR STARTING BLOCKS. EIGHT LANES WILL BE USED FOR COMPETITION. COLORADO ELECTRONIC TIMING SYSTEM WITH TOUCH PADS AND HORN START. EIGHT COLORADO BACKSTROKE START DEVICES. EIGHT COLORADO RELAY JUDGING PLATFORMS WITH LED SPEEDLIGHTS. FULL COLOR LED SCREEN COLORADO SCOREBOARD. SEPARATE WARM UP/WARM-DOWN AREA WILL BE AVAILABLE IN THE LEISURE POOL. THE MEET WILL BE RUN WITH A CLOSED DECK. ONLY SWIMMERS, CERTIFIED COACHES AND MEET PERSONNEL WILL BE ALLOWED ON DECK. NO FOOD WILL BE ALLOWED ON DECK. SPECTATOR SEATING WILL BE AVAILABLE IN THE NATATORIUM BLEACHERS AREA. SWIMMERS LEAVING THE POOL AREA MUST WEAR A SHIRT, PANTS AND SHOES. THE MINIMUM WATER DEPTH, MEASURED IN ACCORDANCE WITH ARTICLE 202.4.10C IS 12'6" AT THE START END AND 4'0" AT THE TURN END. THE COMPETITION COURSE HAS NOT BEEN CERTIFIED IN ACCORDANCE WITH ARTICLE 104.2.2C(5).

MEET TYPE: AGE GROUP EVENTS, TIMED FINALS.

RULES: 2019 USA SWIMMING AND ARKANSAS SWIMMING, INC. RULES AND REGULATIONS WILL GOVERN THE MEET. ASI SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. All 18 and older athletes registered

with the club must have completed the Athlete Protection Training. Failing to complete the APT test will impact the athlete's ability to compete at meets.

OFFICIALS: MEET REFEREE: DAVID BRATTON – DNBBRAT@SBCGLOBAL.NET
MEET DIRECTOR: MONICA NELSEN – MMNELSEN@COMCAST.NET
ADMINISTRATIVE OFFICIAL: PAM BRATTON – BRATTOP@RJRT.COM

ATTENDING COACHES: ONLY COACHES REGISTERED WITH USA SWIMMING WILL BE ALLOWED TO PARTICIPATE IN ANY COACHING CAPACITY. UNDER ASI RULES, EACH TEAM MUST PROVIDE A COPY OF EACH ATTENDING COACH'S USA SWIMMING MEMBERSHIP CARD. ATTENDING COACHES SHOULD BE PREPARED TO SHOW PROOF OF USA SWIMMING REGISTRATION AND VALID CERTIFICATION IN CPR, FIRST AID, AND SAFETY TRAINING FOR SWIM COACHES.

ELIGIBILITY: ALL SWIMMERS MUST BE REGISTERED AS 2019/2020 ATHLETE MEMBERS OF USA SWIMMING. NO ENTRIES WILL BE ACCEPTED WITHOUT CURRENT USA SWIMMING REGISTRATION NUMBER. SWIMMERS WHO ENTER AS PENDING OR APPLIED FOR MUST SEND THEIR ATHLETE REGISTRATION AND PAYMENT WITH THE TEAM ENTRIES. ON DECK REGISTRATION WILL NOT BE PERMITTED. IF YOU HAVE ALREADY SENT THE REGISTRATION AND FEE TO ASI, PLEASE SEND A COPY OF THE REGISTRATION FORM. THE AGE OF EACH SWIMMER AS OF OCTOBER 25, 2019 DETERMINES AGE GROUP CLASSIFICATION FOR THE ENTIRE MEET.

SEEDING: ALL EVENTS WILL BE PRE-SEEDED, EXCEPT FOR THE 500 FREESTYLE AND THE 400 IM. THE 500 FREESTYLE AND 400 IM WILL BE DECK-SEEDED AND WILL REQUIRE POSITIVE CHECK-IN. POSITIVE CHECK-IN DEADLINE WILL BE THIRTY (30) MINUTES PRIOR TO THE ANNOUNCED START OF THE SESSION.

FRIDAY FORMAT: OPEN EVENTS WILL BE MIXED GENDER BUT WILL SEPERATE FOR SCORING AND AWARDS PURPOSES.

500 FREESTYLE: THE 500 FREESTYLE MAY BE LIMITED TO THE FASTEST 48 SWIMMERS. THIS EVENT IS MIXED GENDER. HEATS WILL BE SWUM FASTEST TO SLOWEST.

400 IM: THE 400 IM MAY BE LIMITED TO THE FASTEST 48 SWIMMERS. THE EVENT IS MIXED GENDER. HEATS WILL BE AND SWUM FASTEST TO SLOWEST.

ENTRY LIMITS: SWIMMERS MAY ENTER MAXIMUM FIVE (5) INDIVIDUAL EVENTS AND ONE (1) RELAY EVENT PER DAY. MEET WILL BE LIMITED TO FIRST 500 SWIMMERS ENTERED. IF THE TEAM'S ENTRIES EXCEED THE 500 SWIMMERS LIMIT, ALL OF THE TEAM'S ENTRIES WILL BE ACCEPTED.

ENTRY FEES: \$15.00 FACILITY FEE PER SWIMMER
\$3.00 ASI SURCHARGE PER SWIMMER
\$2.65 PER INDIVIDUAL EVENT
\$5.00 PER RELAY EVENT

MAKE CHECKS PAYABLE TO **CASC RACERS**.

CASC RACERS
C/O ADAM NELSEN
3416 RIDGE PASS COURT
LITTLE ROCK, AR 72227

ENTRY DEADLINE: ENTRIES MUST BE RECEIVED BY WEDNESDAY, OCTOBER 16, 2019. THE PREFERRED METHOD OF ENTRY IS BY HY-TEK DIGITAL FILES ACCOMPANIED BY EMAILED OR HARD COPY ENTRY SUMMARY SHEET.

DECK ENTRIES: DECK ENTRIES WILL BE ACCEPTED BY THE CLERK OF COURSE UP TO 30 MINUTES BEFORE THE PUBLISHED STARTING TIME. COST IS \$5.00 PER INDIVIDUAL EVENT. A SWIMMER WHO IS NOT PREVIOUSLY ENTERED IN THE MEET MUST ALSO PAY THE \$18.00 SURCHARGE. DECK ENTRIES FOR EACH EVENT WILL BE PLACED IN OPEN LANES IN EXISTING HEATS IN THE ORDER IN WHICH THEY ARE RECEIVED BY THE CLERK OF COURSE. NEW HEATS WILL NOT BE CREATED. THERE IS NO GUARANTEE THAT A DECK ENTRY WILL GET TO SWIM THE EVENT AND THERE WILL BE NO REFUND OF ENTRY FEES. NO EVENT WILL BE RESEED TO ACCOMMODATE A DECK ENTRY. A SWIMMER WHO SCRATCHES ONE EVENT AND ENTERS ANOTHER EVENT TO REPLACE IT WILL BE CHARGED DECK ENTRY FEES. DECK PASS MAY BE USED TO VERIFY CURRENT ATHLETE MEMBERSHIP.

SCRATCHES: NO MONEY WILL BE REFUNDED FOR SCRATCHES. A SWIMMER WHO DOES NOT REPORT BY THE FINAL CALL WILL BE SCRATCHED FROM THAT EVENT.

WARM-UP: ALL ASI WARM-UP RULES WILL BE FOLLOWED. ANY SWIMMER WHO DOES NOT ENTER THE POOL FEET FIRST DURING ANY PORTION OF A WARM-UP/WARM-DOWN PERIOD WHICH REQUIRES FEET FIRST ENTRY SHALL RECEIVE A WARNING FOR THE FIRST OFFENSE RATHER THAN A DISQUALIFICATION. DISQUALIFICATIONS ARE AUTOMATIC FOR SUBSEQUENT VIOLATIONS. IN THE SESSION IN WHICH THE PENALTY IS ENFORCED, THE SWIMMER CANNOT DECK ENTER AN EVENT TO REPLACE THE EVENT FROM WHICH THEY WERE REMOVED.

THESE WARM-UP RULES ALSO APPLY TO THE WARM-UP/WARM-DOWN AREA THAT WILL BE AVAILABLE DURING EACH SESSION. SWIMMERS MAY DIVE INTO THE POOL DURING A DESIGNATED SPRINT WARM-UP. SWIMMERS WITHOUT A COACH AT THE MEET MUST CHECK IN WITH THE MEET REFEREE AND WILL BE ASSIGNED TO A COACH DURING THE WARM UP PORTION OF THE MEET.

FINAL RESULTS: FINAL RESULTS WILL BE POSTED ON THE CASC RACERS WEBSITE & ARKANSAS SWIMMING WEBSITE.

AWARDS: 12&UNDER SESSION: IN INDIVIDUAL EVENTS, MEDALS WILL BE AWARDED FOR 1ST THROUGH 3RD PLACES AND RIBBONS WILL BE AWARDED FOR 4TH THROUGH 8TH PLACES. MEDALS, RIBBONS, AND HIGH POINT AWARDS WILL BE GIVEN FOR BOYS AND GIRLS IN THE FOLLOWING AGE GROUPS: 8 & U, 9-10, AND 11-12.

OPEN SESSIONS: IN INDIVIDUAL EVENTS, RIBBONS WILL BE AWARDED FOR 1ST THROUGH 8TH PLACES. HIGH POINT AWARDS WILL BE GIVEN FOR BOYS AND GIRLS IN THE FOLLOWING AGE GROUPS: 13-14 AND

15 & OVER. 12 & UNDER SWIMMERS WILL NOT BE SCORED TOWARD HIGH POINT DURING OPEN EVENTS.

SCORING: INDIVIDUAL EVENTS: 9-7-6-5-4-3-2-1. RELAYS WILL NOT BE SCORED.

ADDITIONAL RULES: USING A STILL OR VIDEO CAMERA OR A CELL PHONE WITH VIDEO CAPABILITY IS PROHIBITED IN ALL DRESSING ROOMS, LOCKER ROOMS, BATHROOMS OR ANY OTHER LOCATION WHERE SWIMMERS MAY BE DRESSING. ANY PERSON FOUND USING SUCH DEVICES IN THESE AREAS WILL IMMEDIATELY BE REMOVED FROM THE MEET WITH ALL FEES FORFEITED, AND SUBJECT TO FURTHER LSC OR USA SWIMMING SANCTIONS AND PENALTIES.

SMOKING AND USE OF OTHER TOBACCO PRODUCTS ARE PROHIBITED ON THE DECK, IN THE BLEACHERS, LOCKER ROOMS, AND THROUGHOUT THE RIVER CENTER.

SWIMMERS MUST USE THE LOCKER ROOMS TO CHANGE. ON DECK CHANGING IS NOT ALLOWED.

EVERY SWIMMER ENTERED IN THE MEET MUST BE CERTIFIED BY A USA SWIMMING MEMBER COACH AS BEING PROFICIENT IN PERFORMING A RACING START OR MUST START EACH RACE FROM WITHIN THE WATER WITHOUT THE USE OF A BACKSTROKE LEDGE. WHEN UNACCOMPANIED BY A MEMBER COACH, IT IS THE RESPONSIBILITY OF THE SWIMMER OR THE SWIMMER'S LEGAL GUARDIAN TO ENSURE COMPLIANCE WITH THIS REQUIREMENT.

ARKANSAS SWIMMING WELCOMES THE PARTICIPATION OF SWIMMERS WITH DISABILITIES IN ALL ASI SANCTIONED EVENTS. SWIMMERS AND/OR THEIR COACHES WHO MAY HAVE SPECIAL NEEDS ARE EXPECTED TO CONTACT THE MEET REFEREE TO DISCUSS COMPETITIVE ACCOMMODATIONS, AND TO CONTACT BOTH THE MEET REFEREE AND THE MEET DIRECTOR TO DISCUSS FACILITY ACCOMMODATIONS, PRIOR TO THE ENTRY DEADLINE FOR THE MEET.

OPERATION OF A DRONE OR ANY OTHER FLYING APPARATUS IS PROHIBITED OVER THE VENUE (POOLS, ATHLETE/COACH AREAS, SPECTATOR AREAS AND OPEN CEILING LOCKER ROOMS) ANY TIME ATHLETES, COACHES, OFFICIALS AND/OR SPECTATORS ARE PRESENT.

IT IS UNDERSTOOD AND AGREED TO THAT USA SWIMMING, ARKANSAS SWIMMING, THE HOST CLUB AND OFFICIALS SHALL BE FREE FROM ANY LIABILITIES OR CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THIS EVENT.

ORDER OF EVENTS

Girls	Friday Evening	Boys
101	12 & Under 200 IM	102
103	Open 100 IM - Mixed	
104	Open 50 Fly - Mixed	
105	Open 50 Back - Mixed	
106	Open 50 Breast - Mixed	
107	Open 500 Free – Mixed *	
	Saturday Morning	
201	12 & Under 50 Butterfly	202
203	12 & Under 50 Freestyle	204
205	12 & Under 50 Backstroke	206
207	12 & Under 50 Breaststroke	208
209	12 & Under 100 IM	210
211	12 & Under 100 Freestyle	212
213	12 & Under 4x50 Freestyle Relay	214
	Saturday Afternoon	
215	Open 200 IM	216
217	Open 100 Freestyle	218
219	Open 200 Fly	220
221	Open 100 Backstroke	222
223	Open 200 Breaststroke	224
225	Open 4x50 Freestyle Relay	226
	Sunday Morning	
301	Open 200 Backstroke	302
303	Open 100 Fly	304
305	Open 200 Free	306
307	Open 100 Breaststroke	308
309	Open 50 Free	310
311	Open 400 IM – Mixed *	

*DECK SEEDED EVENTS

MEET SUMMARY FORM

COMPLETE THIS MEET SUMMARY FORM AND SUBMIT IT ALONG WITH YOUR COMPLETE ENTRY FORM AND YOUR CHECK. MAKE CHECKS PAYABLE TO CENTRAL ARKANSAS SWIM CLUB (CASC).

MAIL ALL ENTRIES TO:

ADAM NELSEN
3416 RIDGE PASS CT
LITTLE ROCK, AR 72227
PHONE – (501) 744-3713
EMAIL – COACHADAM@CASCRACERS.COM

NAME OF CLUB: _____

CLUB CODE: _____

MAILING ADDRESS: _____

PERSON TO CONTACT REGARDING QUESTIONS: _____

PHONE NUMBER: (_____) _____ - _____

ATTENDING COACHES: _____

COACH'S PHONE NUMBER: _____

E-MAIL ADDRESS: _____

SWIMMERS x \$3.00 ASI SURCHARGE = _____

SWIMMERS x \$15.00 FACILITY FEE = _____

INDIVIDUAL ENTRIES x \$2.65 PER EVENT = _____

RELAY ENTRIES x \$5.00 PER RELAY = _____

TOTAL FEES = _____

AS SPECIFIED BY USA SWIMMING AND ASI, EACH COACH OR TEAM REPRESENTATIVE MUST CERTIFY THAT ALL SWIMMERS ENTERED ON THE ENTRY FORMS ARE MEMBERS OF USA SWIMMING AS OF THE ENTRY DEADLINE, OR THE APPLICATIONS FOR MEMBERSHIP (INCLUDING FEES) ARE ENCLOSED WITH THE ENTRY FORMS. IN ADDITION, THE SIGNATURE BELOW CERTIFIES THAT EACH ATTENDING COACH IS A MEMBER OF USA SWIMMING AND HAS VALID CERTIFICATION IN CPR, FIRST AID AND SAFETY TRAINING FOR THE DURATION OF THE MEET. IN CONSIDERATION OF THE ACCEPTANCE OF THIS ENTRY, WE HEREBY WAIVE AND RELIEVE ANY AND ALL CLAIMS AGAINST USA SWIMMING, ASI, BRYANT AQUATIC CENTER, THE CENTRAL ARKANSAS SPORTS CLUB, AND OFFICIALS.

SIGNATURE OF COACH/TEAM REPRESENTATIVE: _____