

Winter Practice Schedule 2022-2023

Practice will take place at SBHW unless indicated otherwise on the schedule. This schedule will start December 6, 2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Green 2	Off	5:30-6:15 PM	Off	Off	4:30-5:15 PM	2-2:45 PM	2-2:45 PM
Silver 1	Off	5:30-6:30 PM	5:30-6:30 PM	5-5:45 PM Drylands @ City	4:30-5:45 PM	2-3 PM	2-3 PM
Silver 2	Off	6:30-7:45 PM	6:30-7:45 PM	5-5:45 PM Drylands @ City	5:45-7:15 PM	2:45-4:15 PM	2:45-4:15 PM
Purple 1	Off	5-6:30 AM 6:15-7:45 PM	6:30-7:45 PM	5-6:30 AM 5:45-7 PM Drylands @ City	5:45-7:15 PM	6:30-8 AM	3-5 PM
Purple 2	Off	5-6:30 AM 6:15-7:45 PM	5:30-7:45 PM	5-6:30 AM 5:45-7 PM Drylands @ City	5:15-7:45 PM	6:30-8 AM 3-5 PM	3-5 PM
Varsity	Off	5-6:30 AM 6:15-7:45 PM	5:30-7:45 PM	5-6:30 AM 5:45-7 PM Drylands @ City	5:15-7:45 PM	6:30-8 AM 3-5 PM	3-5 PM
Senior Elite	Off	5-6:30 AM 6:15-7:45 PM	5:30-7:45 PM	5-6:30 AM 5:45-7 PM Drylands @ City	5:15-7:45 PM	6:30-8 AM 3-5 PM	3-5 PM