

**JETS AQUATIC CLUB | Fall 2021 Training Schedule**

<b>Training Group</b>	<b>Jonesboro Pool Center</b>	<b>St. Bernard Health &amp; Wellness</b>
<b>Home School; Virtual School</b>	Monday/Wednesday 1:30-2:30 PM	Tuesday/Thursday 1:30-2:30 PM
<b>Fall Seasonal Group 7 &amp; Younger</b>	Tuesday/Thursday 5:20-6:00 PM	Monday/Wednesday 4:30-5:15 PM
<b>Fall Seasonal Group 8 &amp; Older</b>	Tuesday/Thursday 6:00-6:40 PM	Monday/Wednesday 5:15-6:00 PM
<b>Fun &amp; Fitness</b>	n/a	Monday through Thursday 4:30-5:15 PM
<b>Age Group 2</b>	Wednesday 5:00-6:15 PM	Monday/Tuesday/Thursday 5:15-6:15 PM
<b>Age Group 1</b>	Monday through Thursday 5:00-6:15 PM -- Saturday: 10:00-11:30 AM	n/a
<b>Age Group Elite</b>	Monday/Wednesday/Friday 5:30-6:30 AM - Monday through Thursday 4:15-5:45 PM - Saturday 9:30-11:30 AM	n/a
<b>Senior 2</b>	Monday through Thursday 4:15-5:15 PM - <i>May attend morning workouts with prior approval.</i>	n/a
<b>Senior 1; Senior Elite</b>	Monday/Wednesday/Friday 5:30-6:30 AM - Monday through Thursday 4:15-5:45 PM - Saturday 9:30-11:30 AM	n/a
<b>Late Workout</b> (Designed for AG2, AG1, AGE and Seniors who are regularly unable to attend their scheduled group time. Until 10/1)	Monday/Thursday 6:15-7:15 PM	n/a