

# JETS AQUATIC CLUB | Fall 2021 Training Schedule

Training Group	St. Bernard Health & Wellness	Jonesboro Pool Center
<b>Home School; Virtual School</b>	T/W/Th: 2:30-3:30 PM	n/a
<b>Fun &amp; Fitness</b>	W/F: 4:30-5:15 PM Sa: 2:15-3:00 PM	n/a
<b>Age Group 2</b>	W: 5:15-6:15 PM F: 4:30-5:15 PM Sa/Su: 2:00-3:00 PM	n/a
<b>Age Group 1</b>	W/F: 5:00-6:15 PM Sa/Su: 2:00-3:15 PM	Dryland: Th: 4:15-5:15 PM
<b>Age Group Elite</b>	T/Th: 5:00-6:30 AM F: 5:00-6:30 PM Sa/Su: 3:00-4:30 PM	Dryland: W 5:15-6:20 AM Dryland: T/Th: 4:15-5:45 PM
<b>Senior 2</b>	W/F: 5:15-6:15 PM Sa/Su: 1:30-2:45 PM	n/a
<b>Senior 1; Senior Elite</b>	T/Th: 5:00-6:30 AM F: 5:00-6:30 PM Sa/Su: 3:00-4:30 PM	Dryland: W 5:15-6:20 AM Dryland: T/Th: 4:15-5:45 PM