**SWIM MEET & GOAL SHEET**

Swim Meet: Date: Age Group: \_\_\_\_\_\_\_\_\_\_\_\_\_

Name: Phone: Email Address:

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| **Event #** | **Day 1 / Events** | **Entered Time / BT** | **Date: Best Time (BT)** | **Goal Time** | **Fade Factor** | **Comments / Notes** | **QTS:** |
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| **Event #** | **Day 2 / Events** | **Entered Time / BT** | **Date: Best Time (BT)** | **Goal Time** | **Fade Factor** | **Comments / Notes** | **QTS:** |
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| **Event #** | **Day 3 / Events** | **Entered Time / BT** | **Date: Best Time (BT)** | **Goal Time** | **Fade Factor** | **Comments / Notes** | **QTS:** |
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| **Event #** | **Day 4 / Events** | **Entered Time / BT** | **Date: Best Time (BT)** | **Goal Time** | **Fade Factor** | **Comments / Notes** | **QTS:** |
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|  | **Total Events** |  |  |  |  |  |  |