

Midnight Sun Swim Team 2022-2023 Meet Schedule

Date	Meet	Location	Suggested Group(s)	Time Standards
September Meets				
10 September 2022	Fall Equinox	Wescott Pool (NPAC)	Solar Flares, Equinox Prep, Equinox Select	None
30 September - 1 October 2022	Season Opening Prelim/ Finals	Hamme Pool (MSST)	SATURDAY AM SPRINT SESSION: Solar Flares/Equinox Prep/ Equinox Select who don't qualify	TIMED FINALS: None
			Senior CIRCUIT: solstices and Equinox Selects who qualify	Senior CIRCUIT: HS Age or SR Champ Standard
October Meets				
15 October 2022	IM Pentathlon	Hamme Pool (SST)	ALL	none
November Meets				
5 November 2022	Robb Coady Invite	Hamme Pool (MSST)	Solar Flares and Equinox Prep, who qualify	<u>Slower Than</u> Single Age NAG 'B' Time Standards
11-13 November 2022	IMX Games	Mesa, Arizona	All Who Qualify	IMX Score 1500 or higher
19 November 2022	Northern Area Relay Meet	Patty Pool (SST)	ALL	None
December Meets				
2-4 December 2022	Wishbone Meet	Hamme Pool (MSST)	ALL	none
9-10 December 2022	Candy Cane Senior Circuit	Wescott (NPAC)	SATURDAY AM SPRINT SESSION: Solar Flares/Equinox Prep/ Equinox Select who don't qualify	TIMED FINALS: None
			Senior CIRCUIT: solstices and Equinox Selects who qualify	Senior CIRCUIT: HS Age or SR Champ Standard
7-10 December 2022	USA Winter Junior Nationals	Austin, Texas	solstices who qualify	Winter Junior National Times
January Meets				
6-7 January 2023	Spring Will Come and Senior Circuit	Hamme Pool (MSST)	SATURDAY AM SPRING WILL COME: Solar Flares/Equinox Prep/ Equinox Select who don't qualify	SATURDAY AM SPRING WILL COME: None
			Senior CIRCUIT: solstices and Equinox Selects who qualify	Senior CIRCUIT: HS Age or SR Champ Standard
14-15 January 2023	Nome Goldrush Invite	Nome, Alaska (NOME)	All Groups	None
20-21 January 2023	Sweetheart Invite	Hamme Pool (SST)	ALL	none
27-29 January 2023	Alaska Senior Championships	Hamme Pool (Northern Area)	solstices, Equinox Select	13-14 NAG 'A' Time Standards
February Meets				
10-11 February 2023	Age Group Last Chance and Senior Circuit	Hamme Pool (SST)	SATURDAY AM Timed Finals: Solar Flares/Equinox Prep/ Equinox Select who don't qualify	SATURDAY AM Timed Finals: None
			Senior CIRCUIT: solstices and Equinox Selects who qualify	Senior CIRCUIT: HS Age or SR Champ Standard
17-19 February 2023	Alaska Age Group Championships	Anchorage, Alaska	ALL Who Qualify	Single Age NAG 'B' Time Standards

March Meets

2-5 March 2023	Region XII Champs	Portland, Oregon	solstcice, Equinox Select	Oregon 14 year old 'A' Time Standards
11 March 2023	ST. Patrick's Day Meet	Wescott Pool (NPAC)	ALL	none
21-25 March 2023	ISCA International Senior Cup	ST. Petersburg, Florida	solstcice	ISCA Senior Cup Cuts

April Meets

31 March - 2 April 2023	Northern Area Champs	Hamme Pool	ALL	none
5-8 April 2023	ISCA Elite East Coast Showdown	ST. Petersburg, Florida	Equinox Select	ISCA Age Group Cuts
27-30 April 2023	Alaska Junior Olympics	Anchorage, Alaska	ALL Who Qualify	NAG 'BB' Time Standards

May Meets

None				
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June Meets

9-11 June 2023	Midnight Sun Invite	Hamme Pool (MSST)	ALL	none
22-25 June 2023	Holtrey Summer Classic	Geneva, Ohio	solstcices, Equinox Selects 13 and older who qualify	NAG 'A' times
30 June - 2 July 2023	Freedlander Meet	Wooster, Ohio	ALL	None

Updated

Updated

July Meets

7-8 July 2023	Timed Finals and SeniorCircuit	Patty Pool (SST)	SATURDAY AM TIMED FINALS: Solar Flares/Equinox Prep/ Equinox Select who don't qualify	TIMED FINALS: None
			Senior CIRCUIT: solstcice and Equinox Selects who qualify	Senior CIRCUIT: HS Age or SR Champ Standard
13-16 July 2023	Speedo Summer Sectionals	Boise, ID	solstcice	Summer Sectional Cuts
21-23 July 2023	Alaska Summer Champs	Anchorage, Alaska	All Who Qualify	Single Age NAG 'B' Time Standards
26-29 July 2023	USA Swimming Futures Championships	TBD	solstcice	Futures Championship Cuts

Updated

June Meets

1-5 August 2023	USA Swimming Junior Nationals	TBD	solstcice	Junior National Cuts
2-5 August 2023	Western Zone Age Group Champs	Boise, ID	Equinox Selects	Age Group Zone Cuts

-All meets in gray are held in Fairbanks and all swimmers should be in attendance

-The schedule is a general guideline, please talk with your coach to travel to meets that best achieve your swimmers' goals