SCOTTSDALE AQUATIC CLUB

NORTH SCOTTSDALE FALL 2019 PRACTICE SCHEDULE (August 12-November 10)

11-12 DIVISION

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11-12 GOLD	AM	OFF	SWIM 5:15-6:45 @ Cactus	OFF	OFF	OFF	SWIM 8:30-10:30 @ Cactus
	PM	DRYLAND & SWIM 5:30-7:30 @ Cactus	OFF	SWIM 5:00-7:00pm @ Chap	SWIM 4:00-5:45 @ Cactus	SWIM 5:00-7:00 @ Chap	
11-12 SILVER	AM	OFF	OFF	OFF	OFF	OFF	SWIM 8:30-10:30 @ Cactus
	PM	DRYLAND & SWIM 5:30-7:30 @ Cactus	SWIM 4:15-6:00 @ Cactus	SWIM 5:00-7:00 @ Chap	SWIM 5:45-7:30 @ Cactus	OFF	
11-12 BRONZE		OFF	SWIM 6:00-7:30pm @ Cactus	SWIM 6:00-7:30pm @ Cactus	DRYLAND & SWIM 5:30-7:00pm @ Chap *(w/ 13-14 Blue)*	OFF	SWIM 10:30am-12:00pm @ Cactus
11-12 BLUE (TBD)		DRYLAND & SWIM 5:30-7:00pm @ Cactus	OFF	SWIM 6:00-7:30pm @ Cactus	SWIM 6:00-7:30pm @ Cactus	OFF	OFF

10&U DIVISION

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10&U GOLD	DRYLAND & SWIM 5:30-7:30pm @ Cactus	SWIM 5:45-7:30pm @ Cactus	SWIM 4:15-6:00pm @ Cactus	OFF	SWIM 4:00-5:45pm @ MMR	SWIM 10:15am-12:00pm @ Cactus
10&U SILVER	DRYLAND & SWIM 5:30-7:30pm @ Cactus	OFF	SWIM 6:00-7:30pm @ Cactus	OFF	SWIM 5:30-7:00pm @ MMR	SWIM 10:15am-12:00pm @ Cactus
10&U BRONZE A	SWIM 5:45-6:45pm @ MMR	OFF	SWIM 5:45-6:45pm @ MMR	OFF	OFF	CLINIC 11:00am-12:00pm @ Cactus
10&U BRONZE B	OFF	SWIM 5:45-6:45pm @ MMR	OFF	SWIM 5:45-6:45pm @ MMR	OFF	
10&U BLUE A	SWIM 5:00-5:45pm @ MMR	OFF	SWIM 5:00-5:45pm @ MMR	OFF	OFF	
10&U BLUE B	OFF	SWIM 5:00-5:45pm @ MMR	OFF	SWIM 5:00-5:45pm @ MMR	OFF	
PRE-COMP A	SWIM 5:00-5:45pm @ MMR	OFF	OFF	SWIM 5:00-5:45pm @ MMR	OFF	OFF
PRE-COMP B	SWIM 5:45-6:30pm @ MMR	OFF	OFF	SWIM 5:45-6:30pm @ MMR	OFF	OFF

CACTUS--Cactus Park Aquatic Center (7202 E Cactus Rd)
MMR--McDowell Mountain Ranch Aquatic Center (15525 N Thompson Peak Pkwy)
CHAP--Chaparral Aquatic Pool (5401 N Hayden Rd)
ELDO--Eldorado Aquatic Center (2301 N Miller Rd)