Order of Events

2019 Phillips 66 National Championships
Avery Aquatics Center
Stanford, CA

Heats Begin at 9:00 a.m.		Finals Begin at 5:00 p.m.
Women's Events	**Day 1 – Wednesday, July 31**	Men's Events
1	200 Butterfly	2
3	100 Freestyle	4
5	Women's 800 Freestyle	-
-	Men's 1500 Freestyle	6
-	Men's 4 x 100 Free Relay	7
	Day 2 – Thursday, August 1	
8	200 Freestyle	9
10	200 Breaststroke	11
12	200 Backstroke	13
14	W 4 x 100 Free Relay	-
	Day 3 – Friday, August 2	
15	400 Individual Medley	16
17	100 Butterfly	18
19	W 4 x 200 Free Relay	-
	Day 4 – Saturday, August 3	
20	400 Freestyle	21
22	100 Breaststroke	23
24	100 Backstroke	25
-	M 4 x 200 Free Relay	26
	Day 5 – Sunday, August 4	
27	Women's 1500 Freestyle	-
28	200 Individual Medley	29
-	Men's 800 Freestyle	30
31	50 Freestyle	32
33	W 4 x 100 Medley Relay	34
35	M 4 x 100 Medley Relay	36

On Day 1 and Day 5, the 800m and 1500m freestyle events will be swum slowest to fastest, alternating women's and men's heats, with the fastest heat of each race swum during the evening session. All other heats will be scheduled so the second fastest heat of the Men's event finishes approximately one hour prior to the start of the evening session.