

Swim Meet Weekend! We have our Christmas Bonus Meet this Fri/Sat at Moon Valley Country Club.

**The job board is posted online. We still definitely need some timers on Friday and some more marshals!**

The timelines are attached. In all cases timelines function as a rough estimate of when you may be swimming. The meet can run on timeline, ahead of timeline, or behind timeline. So please pay attention, be ready to go before your race, and don't miss your event! Please let me or another coach know if you have any questions. If this is your first meet and you would like to be paired up with an older swimmer who can help you through the process please let me know.

Since this is a smaller, dual meet we are asking for all set up to be on deck and confined to the pool area!

There is a psych sheet attached. The event sign up online was incorrect in that it listed the 25 free twice instead of the 25 back on Friday. Event 1&2 is Girls/Boys 25 BACKSTROKE. The 25 Free will be, as listed, on Saturday. If you signed up incorrectly because of that and want to change events please let me know asap.

**Session 1 Friday 12/17/21** 4:00PM warm up 5:00PM start. The following events:  
25 Back, 50 Breast, 100 Back, 25 Fly, 50 Free, 100 Fly

**Session 2 Saturday 12/18/21** 7:00AM warm up 8:00AM start. The following events:  
25 Breast, 50 Back, 100 Breast, 25 Free, 50 Fly, 100 Free

There will be special awards to those who swim all 4x25, 4x50, 4x100, and all 12 overall! Also, Candy Canes for each heat!

Currently most entries are NT for the 25's. I will be manually changing all the 25 yard entry times to a swimmer's best 50 time so the heats are seeded appropriately. Don't be confused when the program shows you entered in the 25 with your 50 time!

The coaches will run warm up and then be at the coaches table watching the meet. Please remember to talk to your coaches before and after each of your races. Since we have a lot of swimmers at the meet you may have to wait a moment to talk to your coach if they are talking to another swimmer, watching someone in the water racing, or both!

For some of you this is your first USA Swim Meet. Don't be afraid of it! We people who can help out and make sure you get to be in the right place at the right time. If this is your first USA meet or if you are unclear on the process please read our beginner's guide to a USA meet on the website: [https://www.teamunify.com/assn/\\_doc\\_/NEP%20USA\\_Swim\\_Meets\\_Explained.pdf](https://www.teamunify.com/assn/_doc_/NEP%20USA_Swim_Meets_Explained.pdf)

Please let me know if you have any questions before the meet. Be ready to have fun and swim fast!