



PHOENIX SWIM CLUB

Competition Code of Conduct & Team Travel Policies

- 1) All swimmers and chaperones traveling with the team are expected to know all travel/meeting schedules and strictly adhere to them. Coaches will establish warm-up times and other team related timetables as needed. Being prompt is essential to a successful travel meet.
- 2) All team members are reminded that when traveling on trips, competing in meets and attending other related functions, you are representing both yourself and the Phoenix Swim Club program. Your behavior must positively reflect the high standards of the club. Your personal appearance shall be neat and appropriate at all times.
- 3) Rooms and travel vehicles are to be treated with respect and kept neat. Belongings should be kept together and all trash deposited appropriately. Any damage to rooms or vehicles will be the responsibility of the parties involved and may result in being sent home early from a trip.
- 4) All swimmer are to remain in their own (or assigned) seats during travel.
- 5) All swimmers are expected to strictly adhere to the curfew established by the coaching staff. At the curfew time, lights, TV's and music must be turned off. No talking is permitted. Adequate rest is essential for a successful trip.
- 6) In general, boys are not allowed in the girls' hotel rooms, nor are girls allowed in boys' rooms unless a chaperone/coach is present or unless a chaperone/coach has granted special permission (i.e. team meetings, eating, etc.)
- 7) Swimmers are to refrain from inappropriate language, gestures, or physical contact at any time during the meet/trip. Swimmers are a reflection of the program and will act in an appropriate and exemplary manner. Proper respect for peers, coaches, parent, chaperones, meet officials, hotel/restaurant personnel, etc., will be expected at all times.
- 8) Swimmers are expected to stay with the team at all times unless excused by a coach.
- 9) Absolutely no alcohol, tobacco products or illegal substances are permitted on any trip from start to finish.

Violation of these rules will result in disciplinary action, including the possibility of being sent home from the meet at the expense of the swimmer's family.

I understand the Code of Conduct & Team Travel Policies and agree to abide by them.

Swimmer's Signature: _____ Date _____

Parent's Signature: _____ Date _____