

Sam Seal
123 W Beach Lane
Goodyear, AZ
85395
10/28/2921

Dear Coach (last name),

Hello, my name is Samantha Seal. I hope your 2015/2016 season was a success. I am very interested in the athletic and academic opportunities offered at (school name), and what it will take for me to become part of your program. This fall I will begin my senior year at Liberty High School in Peoria Arizona. The past three years I have been enrolled in the Honors program. My current GPA is 3.783 and I am 115th out of 563 students in my class. I am also an active member of the National Honor Society (NHS), two-time MVP of Liberty's Swim and Dive team, a leader in my school's FCA (Fellowship of Christian Athletes) huddle, and Secretary of the Special Olympics program at Liberty. I have been competitively swimming for four years, the last two years being with the Phoenix Swim Club. In my time as a swimmer, I have been privileged to compete at the Western Zones Championships, three Arizona High School State Championships, Sectionals, and other meets. My times earned at these meets are listed below.

At Phoenix Swim Club, I train under Coach Darian Townsend who can be reached at dtownsend@phoenixswimclub.org.

EVENT	FRESHMAN TIME	CURRENT TIME
50 Free	26.38	25.03
100 Free	57.88	55.14
100 Breast	1:13.17	1:06.17
200 Breast	2:41.33	2:29.16
200 IM	2:36.35	2:13.64

In the current season, I am working towards the Arizona High School State Championships where I am looking help my team score as many points as possible. Our relays have a great chance of getting on the podium which I am very excited about. Individually I'm looking to swim my personal best times in the events my coach enters me.

Thank you for taking the time to read my letter. I look forward to hearing from you.

Sincerely,



Samantha Seal
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