

Reprive Therapeutics

Tamra Dozer · 602-989-0003 · DozerMassage@gmail.com

We accept Cash, Debit or Credit Cards.

LOOK FOR US ON DECK

What We Offer

Pre-Event

(before you compete)

Inter-Event

(between events)

Post-Event

(after you compete)

Warm Up

Shake Outs

Kinesio Taping

(not legal for competition)

Stretching

Self Care Techniques

Cupping – Static & Moving

(not advised pre-event)

Benefits

Improve

Circulation
Mental Focus
Healing
Range of Motion
Flexibility

Decrease

DOMS
Adhesions
Swelling & Pain
Likelihood of Injury

Assists

Recovery
Pain Management
Functional Scar Tissue Development
Muscle Integrity Restoration
Warming Up/Loosening Muscles