

# SAC Winter Invite

January 24-26, 2020

Held under sanction of USA Swimming, Inc.

**Sanctioned by:** Arizona Swimming Inc.

Sanction #:AZ20-37

**Liability:** In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming Inc., City of Scottsdale, Scottsdale Aquatic Club and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

**Hosted by:** Scottsdale Aquatic Club

**Location:** Cactus Aquatic Center  
7202 E Cactus Rd, Scottsdale

From 101: Take Cactus Exit west about two miles  
turn right into Cactus Park.

**Meet Director:** Courtney Werner 480-951-5368 [sacaquaticclub@gmail.com](mailto:sacaquaticclub@gmail.com)

**Meet Referee:** Ray Moore (ratamoore@gmail.com)

**Course:** Outdoor 10-lane 25-yard pool with non-turbulent lane dividers. Colorado start and automatic timing system with touchpads and 10-lane time display board will be used. A separate 25-yard warm-up pool will be available for continuous warm-up throughout the meet.

## Rules Governing Sanctioned Meets

1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules and the Minor Athlete Abuse Prevention Policy ("MAAPP").
3. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
4. The competition course has been certified in accordance with 104.2.2C(4) as to pool length. A copy of such certification is on file with USA Swimming.
5. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 6 inches at the start end and 4 feet, 2 inches at the turn end.
6. Deck changes are prohibited.
7. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
8. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
9. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
10. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
11. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition. If requested, Arizona Officials and Meet Marshals must present their AZSI issued Picture ID's to the Meet Referee
12. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition. If requested, Arizona Coaches must present their AZSI issued Picture ID's to the Clerk of Course. Deck Pass will be accepted as proof of current membership with an accompanying photo ID.
13. All Officials, Coaches and Meet Marshals shall display their valid Arizona Swimming Picture ID badge in a visible manner at all times. Meet Marshals shall wear their identifying vests.
14. Swimmers with a disability are welcome. The Swimmer (or swimmers coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
15. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- Eligibility:**
1. Open to any USA swimming athlete holding a current USA Swimming registration card. Swimmers who have qualifying time in LCM sessions may enter up to 5 bonus events.
  2. This is an Arizona Swimming A/B/C meet for the SCY sessions, open to all swimmers including NT entries.
  3. Swimmers must have met the qualifying standard (AZ Senior State) to participate in the LCM Sessions.
  4. This will be a timed final meet.
  5. All swimmers are limited to THREE (3) individual events per day.
  6. Warm-up times for sessions III and VI (age group sessions) and will be announced by the meet director as soon as possible after entries have closed; the warm-up for those sessions WILL NOT begin before 11:00am.
  7. On Friday, the 10&U 500 Free (events 1-2), the 11-12 1000 Free (events 3-4) and the 13&O 1000 Free (events 5-6) require check-in with the clerk of course by 4:00pm. These events will be swum fastest to slowest, alternating heats of women and men. Swimmers must provide timers and personnel to count laps. These events may be limited to the top 40 entrants, both male and female, to control timeline.
  8. The 12&U 400 IM and the 13&O 400 IM require check-in with the clerk of course 60 minutes after the start of session III. These events will be swum fastest to slowest, alternating heats of women and men. Swimmers in these events are required to provide their own timers.
  9. The 11-12 500 Free and the 13&O 500 Free require check-in with the clerk of course 60 minutes after the start of session VI. Swimmers in these events are required to provide their own timers and personnel to count laps.
  10. Entry times must be the swimmer's best short course times or No Time (NT).

**Entries:** Teams are encouraged to submit team entries in a Hytek file by e-mail. Teams sending Electronic entries must submit a HARD COPY with a single team payment.

**Entries must be received by Wednesday, January 15, 2020.**

The Meet Director reserves the right to limit entries in order to control size and timeline of the meet. Teams whose entries are not accepted will be informed as soon as is practical.

Send entries to: [sacaquaticclub@gmail.com](mailto:sacaquaticclub@gmail.com)

**Entry Fees:**

LSC Surcharge	\$8.00
Individual Events for AZ Registered Swimmers	\$6.00

Make checks payable to **Scottsdale Aquatic Club**. **Entry fees are nonrefundable.**

**Awards:** Ribbons will be awarded for 1<sup>st</sup> through 8<sup>th</sup> for Individual Events in the 10&U and 11-12 Age Groups. Certificates will be awarded to swimmers who achieve AZ Swimming "A" times or AZ Swimming "B" times for the first time in that event.

**Concessions:** Concessions will be available throughout the meet.  
Hospitality will be provided for coaches, officials and other meet workers.  
Glass containers are not permitted.

### SESSION I - SCY

Friday, January 24

Warm-up 3:30pm – Meet Start 4:15pm

Women	Event	Men
1	10&U 500 Free*	2
3	11-12 1000 Free*	4
5	13&O 1000 Free*	6

\*Check-in for the 500 and 1000 Free will close at 4:00pm. This event will be swum fastest to slowest alternating heats of women and men. Swimmers must provide their own lap counters and timers. These events may be limited to the TOP 40 entrants, male and female, to control timeline.

### SESSION II - LCM

This session requires the AZ Senior State qualifying time to enter each event.

Saturday, January 25

Warm-up: 7:30am – Meet Start 8:30am

Women	Event	Men
7	13&O 50 Free	8
9	13&O 100 Fly	10
11	13&O 200 Back	12
13	13&O 200 Free	14
15	13&O 100 Breast	16
17	13&O 400 IM*	18

\*Check-in for the 400 IM will close at 9:00am. This event will be swum fastest to slowest alternating heats of women and men. Swimmers must provide their own timers.

### SESSION III – SCY

This session is NTS

Saturday, January 25

Warm-up TBD (not before 11:00am)

Women	Event	Men
19	10&U 50 Back	20
21	11-12 50 Back	22
23	10&U 200 Free	24
25	11-12 200 Free	26
27	13&O 200 Free	28
29	12&U 100 Fly	30
31	13&O 100 Fly	32
33	10&U 50 Free	34
35	11-12 50 Free	36
37	13&O 50 Free	38
39	12&U 100 Breast	40
41	13&O 100 Breast	42
43	Open 200 Back	44

### SESSION IV – SCY

This session is NTS

Saturday, January 25

Meet Start: TBD

Women	Event	Men
45	11-12 400 IM	46
47	13&O 400 IM	48

\*Check-in for the 400 IM will close at 9:30am. This event will be swum fastest to slowest alternating heats of women and men. Swimmers must provide their own timers.

## SESSION V

**This session requires the AZ Senior State qualifying time to enter each event.**

**Sunday, January 26**

**Warm-up 7:30am – Meet Start 8:30am**

<b>Women</b>	<b>Event</b>	<b>Men</b>
49	13&O 200 IM	50
51	13&O 100 Free	52
53	13&O 200 Breast	54
55	13&O 100 Back	56
57	13&O 200 Fly	58
59	13&O 400 Free*	60

\*Check-in for the 400 Free will close at 9:00am. This event will be swum fastest to slowest alternating heats of women and men. Swimmers must provide their own timers.

## SESSION VI

**This session is NTS**

**Sunday, January 26**

**Warm-up TBD (not before 11:00am)**

<b>Women</b>	<b>Event</b>	<b>Men</b>
61	10&U 200 IM	62
63	11-12 200 IM	64
65	13&O 200 IM	66
67	10&U 50 Fly	68
69	11-12 50 Fly	70
71	Open 200 Fly	72
73	10&U 100 Free	74
75	11-12 100 Free	76
77	13&O 100 Free	78
79	10&U 50 Breast	80
81	11-12 50 Breast	82
83	12&U 100 Back	84
85	13&O 100 Back	86
87	Open 200 Breast	88

## SESSION VII – SCY

**This session is NTS**

**Saturday, January 25**

**Meet Start: TBD**

<b>Women</b>	<b>Event</b>	<b>Men</b>
89	11-12 500 Free	90
91	13&O 500 Free	92

\*Check-in for the 500 Free will close 30 minutes after the start of the session. This event will be swum fastest to slowest alternating heats of women and men. Swimmers must provide their own lap counters and timers.