2020 Short Course Age Group State Championships

Psych Sheet and Timelines
The Psych Sheet and Timeline are now posted the FAST website. Please check them out there! Remember Timelines are tentative and could change as the flow of the meet changes especially Finals. Please refer to meet flyer for how the Long Distance races will be seeded and swum.

You can find the timelines and the psych sheet on the FAST website.

Meet Schedule
Session I Timed Finals: Warm-up: 4:00 pm Meet Start: 5:00 pm
Sessions II, IV, VI Prelims: Warm-up: 8:00 am Meet Start: 9:30 am
Sessions III, V Finals: Warm-up: 4:00 pm Meet Start: 5:00 pm
Session IV (Sunday Finals): Warm-up 3:00pm Meet Start 4:00pm

Full Meet Flyer can be found on the FAST website.

Coaches Meetings
We will have coaches meetings at 3:45pm on Thursday and 7:45am on Friday before warm ups in the Hospitality room. If the Meet Referee would like more meets she will call them as needed.

2 Pools
We will be running 2 pools for the Preliminaries. North end of the pool will be the Boy end (Scoreboard end), South end of the pool (diving board side) will be the Girls End.
All Finals will run from the South End of the pool

**Scoreboard**

The scoreboard will be split for the preliminaries.

- Boy’s side of the scoreboard will be the Left Side
- Girl’s side of the scoreboard will be Right Side.

Finals will display as a regular scoreboard.

**Officials**

If there are any parents attending this meet that are officials, we could very much use their help. Please contact the Meet Ref, Honor, if you are able to assist with officiating.

**Timers**

As usual, FAST is going to try and provide as many timers as possible for each session. In order to assist the effort for timers each team has been assigned lanes and number of timers to provide based on numbers they have attending the meet. This will not be for all sessions, but many of them. FAST may have a few extra bodies to help out on certain days, so some teams may be exempt from their timing responsibility. Thank you in advanced for your help with this matter.

**If you have been assigned a lane, please be able to provide 2 timers. If you are not on this chart, please consider helping out your fellow Arizona teams by providing a timer or two to help.

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<tr>
<th>PRELIMS</th>
<th>Lane 1</th>
<th>Lane 2</th>
<th>Lane 3</th>
<th>Lane 4</th>
<th>Lane 5</th>
<th>Lane 6</th>
<th>Lane 7</th>
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<tr>
<td>Boy’s End</td>
<td>FAST</td>
<td>FAST</td>
<td>FAST</td>
<td>SAC</td>
<td>AD</td>
<td>PSC</td>
<td>CA</td>
<td>FORD/HEAT</td>
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<tr>
<td>Girl’s End</td>
<td>FAST</td>
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<td>RIO</td>
<td>MAC</td>
<td>NEP</td>
<td>LIFE</td>
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<table>
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<tr>
<th>FINALS</th>
<th>Lane 1</th>
<th>Lane 2</th>
<th>Lane 3</th>
<th>Lane 4</th>
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<th>Lane 6</th>
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<tbody>
<tr>
<td>South End</td>
<td>FAST</td>
<td>FAST</td>
<td>FAST</td>
<td>FAST</td>
<td>SAC</td>
<td>NEP</td>
<td>RIO</td>
<td>LIFE/CA</td>
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*500, 1000, and 1650 yard events will have to provide their own timers in prelims (finals will be covered by the timers for finals) and their own personnel for counting.

**Time Trials**

- As of right now, time trials will be Friday and Saturday only after the prelims.
- Sign-ups for Time Trials close at 10:30am on Friday and Saturday
- Cost: $15 you can bring Cash (exact preferred) or Check
- The 1000 and 1650 Time Trials will only be offered on Saturday per the meet flyer.

**Bathrooms and MAAPP**

The new Minor Athlete Abuse Protection Program (MAAPP) is in effect at this meet. After discussing it with David Brooks, Arizona’s Safe Sport Chair, here is how it will work:

- **Athletes**: All Athletes regardless of age will use the Men’s and Women’s Bathroom as normal. ATHLETES MAY NOT USE THE FAMILY BATHROOM

- **Coaches and Officials**: The Family bathroom will be used for coaches and officials. This will be co-ed bathroom. Inside the bathroom we have two large stalls equipped for our needs. No Athletes or Minors will be allowed to change or use this bathroom at all.

- **Spectators**: All spectators can use the Men’s and Women’s bathroom like normal. The MAAPP does not apply to them. No Minors will be allowed in the Family bathroom at all. Bathrooms for spectators will also be available in the park on the north side near the 9/11 memorial.

**Parking**

Coaches and Officials parking is in the West Lot. Please remind your parents to respect that parking lot for our Coaches and Officials. We will have parking lot monitors at most sessions for the Coaches and Officials parking.

Spectator and Athlete parking will be in the EAST lot first. CDO will potentially be usable all sessions EXCEPT for FRIDAY AM due to school. CDO Parking is only available after 4PM on Thursday and Friday. Additional parking will be available on the north side of the park near the dog park off of Egleston.
**Team Tents and Coaches Tables**

Team tents may be set up at any point on Thursday past 2pm. There will be an area blocked off for Jolyn right next to the entrance on the South side of the facility. No team setup will be allowed in that area. NO TEAM TENTS WILL BE ALLOWED IN THE FACILITY. ***MAKE SURE TO BUCKET DOWN YOUR TENTS AND POP THE TOPS AT NIGHT***

We will be providing coaches tables on the south side of the competition pool. We ask that each team limit themselves to 1 table. **You may not claim a table till after 3pm.**

**Program Sales (Changed)**

FAST will be selling programs over at the Clerk of the Course. Exact change is preferred. $10 for programs.

**Hotels**

Visit Tucson, The Town of Oro Valley and FAST would like you to make sure your families are telling your hotels that you are here for the Age Group State meet for swimming. This will help us track data from the local hotels. Thank you in advanced for this.

**Zoom Photography (Action Needed).**

Coaches, Zoom would like to attend, but they need to make sure there is interest for the athletes. Please advertise this email to your families and have them pre-register for zoom so they do not have to wait in line! If you want Zoom at the meet for the athletes, please pass this along!

Hello!

We are happy to announce that Zoom Photography will be offering **professional action photography** services to the families at the AZ Age Group SC Championship on March 6-7, **ONLY!**

**How to include YOUR athlete:**

*You MUST register with Zoom* before your race. Photos are only taken of athletes who are registered with Zoom. **Register either:**

1. At the **ORANGE** Zoom Booth at the meet (before your race), OR
2. **Online Registration Here:** https://zoomphotos.paperform.co/ (Online registration closes at 5:00PM on March 5)
Vendors:

We are pleased to announce that East Valley Sports will be there all weekend to have your swimming needs! Please visit them at their tents on the north side of the pool!

Northwest designs will have our meet shirt. They will be there all weekend to sell and get you your meet shirt!

Jolyn will be placed outside of the facility on the south side on SATURDAY AND SUNDAY ONLY. Go visit that tent for all your Jolyn needs!

Zoom photography is anticipated to be there. They do require pre-orders to confirm there is enough interest to send their team. Please look at the email above and send that out to your families!

Thank you to our FAST sponsors:

Great Western Bank: Our Title Sponsor
Mama’s Pizza
Sharp Glass Window & Door LLC
Smith Dentalworks
Chick-fil-A Ina at Thornydale
Which Wich
Aaron’s mobile Pet Grooming
Iron Order MC Rolling Dead

**FAST would also like to thank our food sponsors for this meet:**

Chick-fil-A Ina at Thornydale
Which Wich
Mama’s Pizza

On Behalf of FAST, thank you to all the volunteers, sponsors, the Town of Oro Valley, and all swim teams participating in this year’s event!