



Arizona Swimming
2011 Short Course Age Group State Championship
March 10 – 13, 2011

Held under the sanction of USA Swimming, Inc.

Sanctioned By: Arizona Swimming, Inc. Sanction #AZ11-53
Liability: In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., Phoenix Swim Club, Best Swim Club, Inc., Brophy College Preparatory and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.

Hosted By: Phoenix Swim Club
Meet Director: Eileen Hatfield Eileen.Hatfield@gmail.com
Meet Referee: Chris Olkowski CJO91282@yahoo.com 623-498-4816
Meet Location: Phoenix Swim Club 2902 E. Campbell Avenue, Phoenix, AZ 85016
Course: Two eight lane, outdoor, 25 yard pools with non-turbulent lane lines, fully automatic Colorado Timing Systems. A separate six lane 25 meter warm-up pool will be available for continuous warm up throughout the meet. The meet Referee reserves the right to run nine lanes. The south competition course has been certified in accordance with 104.2.2C(4). The north competition course has a moveable bulkhead and will be certified at the end of any session in which a record has been set, per 104.2.2.C(4)(c). The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 6 inches at the start end and 7 feet, 6 inches at the turn end.

Eligibility:

1. Open to any Arizona Swimming registered athlete 14 years old or younger holding a current USA Swimming registration card as of the meet entry deadline who have equaled or bettered the listed time standards prior to the first day of the meet. On-deck registration is not available at any Arizona Swimming meet. Proof of registration must be presented to the Clerk of Course if requested.
2. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
3. Age on March **10, 2011** will govern for the meet.
4. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, meet referee, and entry coordinator as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.

Rules:

1. The current USA Swimming rules for competitive swimming will govern.
2. All coaches and officials must be USA Swimming registered prior to the competition and wear current registration in a visible manner. Registration will be checked at the Clerk of Course prior to the start of each session of competition.
3. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
4. Swimmers are limited to three (3) individual events per day, including time trials. Swimmers are limited to six (6) individual events for the meet, excluding time trials. If a swimmer has entered more than six (6) events for the meet or greater than three (3) events a day, the highest numbered event will be dropped until the entry limits are met.
5. Swimmers must enter with a valid qualifying time. Entry times not achieved in Short Course Yards shall be noted as LC (Long Course Meters) or SCM (Short Course Meters). No converted times may be used. Seeding order for this meet will be 1. Short Course Yards, 2. Long Course Meters, 3. Short Course Meters.
6. All individual events 200 yards or shorter are pre-seeded preliminary/ final events. The top 16 swimmers in the preliminary session will qualify to swim in the finals session, with the consolation heat followed by the championship finals heat.
7. The 500 Free, 1000 Free, 1650 Free, and 400 IM will be deck seeded, requiring positive check-in with the Clerk of Course to be seeded and/or swim. Deadline for check-in to swim is 3:30pm on Thursday for Session I, and 9:30 am for Sessions II, III, and IV.
8. The 500 Free, 1000 Free, 1650 Free, and 400 IM are timed finals events. These events will be swum fastest to slowest, alternating girls and boys by heat.
9. The 11-12 and 13-14 age groups in the 1000 Free, 1650 Free, and 400 IM will be combined for seeding, but scored separately by age group. The seeding order will be:
- 1st: All conforming (SCY) times at or faster than the 13-14 time standard, regardless of age.

- 2nd: All non-conforming (LC or SCM) times at or faster than the 13-14 time standard, but only 13-14 athletes.
- 3rd: All conforming (SCY) times at or faster than the 11-12 time standard but slower than the 13-14 time standard, but only 11-12 athletes.
- 4th: All non-conforming (LC or SCM) times at or faster than the 11-12 time standard, but only 11-12 athletes.

10. The fastest seeded heat in the 11-14 400 IM, the 11-12 500 Free, and the 13-14 500 Free will swim during finals; proof of time is required with entries to be seeded in the top 8. All other heats will be swum during preliminaries. All heats of the 11-14 1650 Free will be swum during the preliminary session; proof of time is required with entries to be seeded in top 8 (or 9). All heats of the 10&Under 500 Free and the 11-14 1000 Free will be swum in the Thursday timed finals session; proof of time is required with entries to be seeded in the top 8 (or 9).

11. Athletes in the 500 Free, 1000 Free, and 1650 Free must provide their own personnel for timing (2) and lap counting. Swimmers must also provide their own personnel for timing (2) the 400 IM.

12. All Relay events MUST be pre-entered with a seed time. While there is no time standard for relay events, a relay entry without a seed time is invalid. Relay events are timed final events with only the top 8 seeded relay teams swimming during finals. All other relay teams will swim during the preliminary sessions. Coaches may pick up their relay cards for the meet at the start of Session I on Thursday. Only two (2) relays per team can be entered for the 800 free relay. There is no limit to the number of relays a team may enter for all other relays, but only the two fastest relays from each team will be scored. Swimmers may only compete in one age group for relays of the same stroke and distance.

Deck entered relays entries WILL NOT be accepted.

13. Time trials will be offered during the meet at the discretion of the Meet Referee. Swimmers must be entered in the meet in order to swim time trials. Event order will be posted at the pool. If offered, the 1650 and 1000 freestyle will only be available on Saturday. Swimmers must provide their own personnel to time (2) for all time trial events.

14. The Arizona Age Group scratch rule will be in effect. Failure to report for a finals event will result in the swimmer being barred from the competition for the remainder of that evening's events including relay events, and they will be barred from their next preliminary or timed finals event. Failure to report for a timed finals event requiring positive check-in will result in the swimmer being barred from their next individual event.

Sessions:	Session I	Timed Finals:	Warm-up: 3:00pm	Meet Start: 4:00pm
	Sessions II, IV, VI	Prelims:	Warm-up: 7:30am	Meet Start: 9:00am
	Sessions III, V, VII	Finals:	Warm-up: 4:00pm	Meet Start: 5:00pm

Session I(Timed Finals) will be swum in both courses (North & South) Boys in the North course and Girls in the South course. All preliminary sessions (II, IV and VI) will utilize both courses, with Boys in the North course and Girls in the South course. All finals sessions(III, V, VII) will be held in the South course.

Entries: All entries must be submitted via email in Hy-tek format unless other arrangements have been made with the meet director. Entries must be received by Friday, March 4, 2011 and must be accompanied by a Hy-tek meet entry report. The electronic copy will have precedence in case of discrepancy.

Late Entries: New qualifying standards achieved by an athlete between the specified meet entry deadline and the Sunday prior to the start of the meet will only be accepted by completing the Arizona Swimming entry card. The Arizona Swimming entry card must be delivered to the host team via fax or email. No Exceptions. These entries must be received no later than 12 noon on the Monday prior to the start of the meet. New qualifying standards may not be used to improve the seed time of a previously submitted entry. Relay entries will not be accepted after the normal entry deadline.

FAX NUMBER: 602-468-0319 or EMAIL: Eileen Hatfield at Eileen.Hatfield@gmail.com

Entry Fees:	LSC Surcharge:	\$5.00	Make checks payable to: Phoenix Swim Club
	Individual Events:	\$6.00	Mail to: Phoenix Swim Club
	Relay Events:	\$12.00	2902 E. Campbell Avenue
	Individual Time Trials:	\$12.00	Phoenix, AZ 85016

Relay only swimmers must pay the \$5.00 surcharge.

Entry Fees must be paid by the start of the first session of the meet.

Scoring: Top 16 places will be scored. Only 2 relay teams per event will score.
 Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
 Relay events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

Awards: Individual Events: Medals for 1st – 8th place. Ribbons for 9th – 16th.
 Relay Events: Medals for 1st – 3rd place.
 High Point: 1st – 3rd place for both girls and boys in each age group.
 Team Points: 1st – 3rd place for combined team score.

Proof of Time: Proof of time is required to be seeded into the top 8 (or 9) of a timed final event (500 Free, 400 IM, 1000 Free, 1650 Free). Proof of time must be submitted with entry. If a swimmer fails to achieve the minimum time standard during the meet, it will be the swimmer's responsibility to provide proof of adequate prior performance by the end of the meet. Failure to provide such verification will result in a \$25 fine per event or possible suspension.

Timing Assignments: Teams will be assigned lanes to time based on the number of athletes in the meet.

Parking: Free parking will be available at Camelback High School (not on Friday morning) and some limited parking may be available at Mountain View Church (not on Sunday). On-site parking will be available for \$3 per session/\$15 all session pass. It has become necessary to charge for parking to hire additional police officers to prevent people from parking in the neighborhood.

Officials: Please contact the Meet Referee prior to the meet if you plan to work at the meet. We would appreciate any and all help. Dress: White over Blue for prelims/timed finals. Blue over Khaki for Finals.

Snack bar: A full snack bar will be available.

Hotels: Homewood Suites
2001 E. Highland Avenue
Phoenix, AZ 85016
602-508-0937
\$129 per night rate, includes complimentary full hot breakfast. This rate is based upon availability so make your reservations soon. Code: PHX or Phoenix Swim Club

Hilton Garden Inn
4000 N. Central Avenue
Phoenix, AZ 85012
(602)279-9811
Group Code: PHX \$99 per night rate. Use PHX code when making the reservation Hilton Garden Inn website
www.phoenixmidtown.hgi.com

Embassy Suites Phoenix-Biltmore
2630 E. Camelback Road
Phoenix, AZ 85016
Call 602-385-3726 and ask for Dawn - \$159 per night rate (single, double, triple or quadruple occupancy), includes complimentary cooked-to-order hot breakfast, complimentary daily manager's reception and free parking. You can also call 1-800-embassy or online through Hilton.com and refer to Phoenix Swim Club to get the special rate.

Courtyard by Marriott
2101 E. Camelback Road
Phoenix, AZ 85016
602-955-5200

Theme Days: There will be prizes given for theme day winners. Please show your team spirit and participate!

Thursday: Decorate Your Team Tent
Friday: Favorite Book/Cartoon/Movie/TV Character
Saturday: Crazy Hat Day
Sunday: Team Spirit Day

Session I – Thursday, March 10th

Timed Finals – Warm-up: 3:00 pm / Meet Start: 4:00 pm

Women's Event #	Qualifying Time	Event	Qualifying Time	Men's Event #
1	6:59.89	10 & U 500 Free*	7:08.59	2
3	20:44.09	13-14 1650**	21:21.79	4
3a	22:06.69	11-12 1650 Free**	22:20.49	4a

* The 500 free will be deck seeded, requiring positive check in at the Clerk of Course by 3:30pm in order to swim the event. This event will be swum fastest to slowest, alternating girls and boys by heat.

** The 1650 free will be deck seeded, requiring positive check in at the Clerk of Course by 4:30pm in order to swim the event. This is a combined event scored separately by age group. This event will be swum fastest to slowest, alternating girls and boys by heat.

Session II – Friday, March 11th

Preliminaries – Warm-up: 7:30am / Meet Start: 9:00am

Women's Event #	Qualifying Time	Event	Qualifying Time	Men's Event #
5	2:06.19	13-14 200 Free	2:05.29	6
7	2:18.69	11-12 200 Free	2:22.49	8
9	2:39.59	10&U 200 Free	2:49.09	10
11	1:07.39	13-14 100 Fly	1:06.79	12
13	1:16.69	11-12 100 Fly	1:23.09	14
15	1:32.09	10&U 100 Fly	1:44.69	16
17	1:08.59	13-14 100 Back	1:07.39	18
19	1:15.09	11-12 100 Back	1:17.89	20
21	1:25.99	10&U 100 Back	1:32.39	22
23	1:17.99	13-14 100 Breast	1:17.69	24
25	1:25.59	11-12 100 Breast	1:30.79	26
27	1:37.79	10&U 100 Breast	1:44.59	28
29	5:12.59	13-14 400 IM**	5:12.99	30
29a	6:15.89	11-12 400 IM**	6:33.19	30a
31		12&U 400 Free Relay#		32
33		13-14 400 Free Relay#		34

** The 400 IM will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30am in order to swim the event. This is a combined event scored separately by age group. This is a timed final event with the fastest seeded heat swimming in finals. All remaining heats will be swum during the preliminary session fastest to slowest, alternating girls and boys by heat.

Relay events are timed final events with the fastest seeded heat swimming in finals. All remaining heats will be swum during the prelim sessions.

Session III (Finals) – Friday, March 11th

Finals – Warm-up 4:00pm / Meet Start: 5:00pm

Women's Event #	Event	Men's Event #
5	13-14 200 Free	6
7	11-12 200 Free	8
9	10&U 200 Free	10
11	13-14 100 Fly	12
13	11-12 100 Fly	14
15	10&U 100 Fly	16
17	13-14 100 Back	18
19	11-12 100 Back	20
21	10&U 100 Back	22
23	13-14 100 Breast	24
25	11-12 100 Breast	26
27	10&U 100 Breast	28
29	11-14 400 IM**	30
31	12&U 400 Free Relay#	32
33	13-14 400 Free Relay#	34

** The 400 IM is a timed final event with the fastest seeded heat swimming in finals. All remaining heats will be swum during the preliminary session fastest to slowest, alternating girls and boys by heat.

Relay events are timed final events with the fastest seeded heat swimming in finals. All remaining heats will be swum during the prelim sessions.

Session IV – Saturday, March 12th

Preliminaries – Warm-up: 7:30am / Meet Start: 9:00am

Women's Event #	Qualifying Time	Event	Qualifying Time	Men's Event #
35		13-14 200 Med. Relay#		36
37		12&U 200 Med. Relay#		38
39		10&U 200 Med. Relay#		40
41	2:32.89	13-14 200 Fly	2:35.29	42
43	2:52.39	11-12 200 Fly	3:17.69	44
45	45.79	10&U 50 Breast	48.39	46
47	40.29	11-12 50 Breast	42.59	48
49	37.49	13-14 50 Breast	37.79	50
51	1:13.39	10&U 100 Free	1:16.49	52
53	1:04.39	11-12 100 Free	1:06.69	54
55	58.69	13-14 100 Free	56.69	56
57	2:40.79	11-12 200 Back	2:50.59	58
59	2:25.99	13-14 200 Back	2:24.79	60
61	39.09	10&U 50 Fly	43.89	62
63	33.49	11-12 50 Fly	36.79	64
65	30.99	13-14 50 Fly	31.39	66
67	1:25.29	10&U 100 IM	1:29.19	68
69	1:15.79	11-12 100 IM	1:19.49	70
71	5:38.29	13-14 500 Free***	5:37.29	72
73	6:12.29	11-12 500 Free***	6:38.09	74
75		13-14 800 Free Relay#		76

***The 500 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30am in order to swim the event. These are timed final events with fastest seeded heat swimming in finals. All remaining heats will be swum during the preliminary session fastest to slowest, alternating girls and boys by heat.

Relay events are timed final events with the fastest seeded heat swimming in finals. All remaining heats will be swum during the prelim sessions. Only two (2) relays per team may be entered in the 800 Free Relay. Swimmers may not swim on a 12&U relay and a 10&U relay of the same stroke and distance.

Session V (Finals) – Saturday, March 12th

Finals – Warm-up 4:00 pm / Meet Start: 5:00 pm

Women's Event #	Event	Men's Event #
35	13-14 200 Med. Relay#	36
37	12&U 200 Med. Relay#	38
39	10&U 200 Med. Relay#	40
41	13-14 200 Fly	42
43	11-12 200 Fly	44
45	10&U 50 Breast	46
47	11-12 50 Breast	48
49	13-14 50 Breast	50
51	10&U 100 Free	52
53	11-12 100 Free	54
55	13-14 100 Free	56
57	11-12 200 Back	58
59	13-14 200 Back	60
61	10&U 50 Fly	62
63	11-12 50 Fly	64
65	13-14 50 Fly	66
67	10&U 100 IM	68
69	11-12 100 IM	70
71	13-14 500 Free***	72
73	11-12 500 Free***	74
75	13-14 800 Free Relay#	76

***The 500 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30am in order to swim the event. These are timed final events with fastest seeded heat swimming in finals. All remaining heats will be swum during the preliminary session fastest to slowest, alternating girls and boys by heat.

Relay events are timed final events with the fastest seeded heat swimming in finals. All remaining heats will be swum during the prelim sessions. Only two (2) relays per team may be entered in the 800 Free Relay. Swimmers may not swim on a 12&U relay and a 10&U relay of the same stroke and distance.

Session VI – Sunday, March 13th

Preliminaries – Warm-up: 7:30 am / Meet Start: 9:00 am

Women's Event #	Qualifying Time	Event	Qualifying Time	Men's Event #
77		10&U 200 Free Relay#		78
79		12&U 200 Free Relay#		80
81		13-14 200 Free Relay#		82
83	40.29	10&U 50 Back	41.99	84
85	35.39	11-12 50 Back	37.19	86
87	32.89	13-14 50 Back	33.09	88
89	3:03.39	10&U 200 IM	3:13.29	90
91	2:39.59	11-12 200 IM	2:45.49	92
93	2:24.79	13-14 200 IM	2:23.09	94
95	33.59	10&U 50 Free	34.79	96
97	29.59	11-12 50 Free	30.79	98
99	27.19	13-14 50 Free	26.49	100
101	3:01.49	11-12 200 Breast	3:14.39	102
103	2:45.79	13-14 200 Breast	2:46.39	104
105	11:56.89	13-14 1000 Free**	12:08.69	106
105a	12:58.59	11-12 1000 Free**	13:02.59	106a
107		12&U 400 Med. Relay#		108
109		13-14 400 Med. Relay#		110

** The 1000 free will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30am in order to swim the event. This is a combined event, scored separately by age group. This event will be swum fastest to slowest, alternating girls and boys by heat.

Relay events are timed final events with the fastest seeded heat swimming in finals. All remaining heats will be swum during the prelim sessions. Swimmers may not swim on a 12 &U relay and a 10&U relay of the same stroke and distance.

Session VII (Finals) – Sunday, March 13th

Finals – Warm-up 4:00 pm / Meet Start: 5:00pm

Women's Event #	Event	Men's Event #
77	10&U 200 Free Relay#	78
79	12&U 200 Free Relay#	80
81	13-14 200 Free Relay#	82
83	10&U 50 Back	84
85	11-12 50 Back	86
87	13-14 50 Back	88
89	10&U 200 IM	90
91	11-12 200 IM	92
93	13-14 200 IM	94
95	10&U 50 Free	96
97	11-12 50 Free	98
99	13-14 50 Free	100
101	11-12 200 Breast	102
103	13-14 200 Breast	104
107	12&U 400 Med. Relay#	108
109	13-14 400 Med. Relay#	110

Relay events are timed final events with the fastest seeded heat swimming in finals. All remaining heats will be swum during the prelim sessions. Swimmers may not swim on a 12&U relay and a 10&U relay of the same stroke and distance.

PROOF OF TIME FOR TOP 8 SEEDING

Proof of time must be submitted with entries. This section may be used to provide such proof in addition to the electronic file.

Event	Time	Meet Where Time Achieved
10 & U 500 Free		
11-12 500 Free		
13-14 500 Free		
11-14 1000 Free		
11-14 1650 Free		
11-14 400 IM		