



The Splash

January 2009 Newsletter of the Glacier Swim Club

Website: www.gsc-swim.org

Coach's Corner

By Head Coach Scott Griffith

Off to another great season! Congratulations to the JDHS boys team on their state title!! What a great job Coach Jason and Kathie did in their first year leading the high school teams. Breaking a state record is quite a feat for any high school swimmer...breaking two records is almost unheard of. That's exactly what **Cody Brunette** accomplished in probably the most amazing performance by a Juneau swimmer ever.

The GSC Board of Trustees has been busy keeping our program running smoothly this year. One time consuming task has been transitioning to our new website, which will also serve as our administrative and accounting database. The board has also been busy preparing for negotiations with CBJ for operating out of the new valley pool. Unfortunately, we have had many changes to the board this year, with 3 positions being vacated. That means 5 board positions will be open at

the May banquet; if you are interested in serving on the BOT please contact myself or a current board member. One of the board members, Eric Hodgson, and his family will be moving to Anchorage. We are sad to see them leave, but wish them the best of luck.

GSC is hosting the Olympic Athlete meet this year, May 1 – 3. Friday night of the meet will be the first annual dual meet between SEAK and NLSC. The atmosphere is sure to be electric as the two best teams in the state will battle for bragging rights. Every race will be a head to head competition, stay tuned for more details.

Congratulations to this years Team Captains, **Cody Brunette** and **Lindsay Clark**. Age Group Captains are **Jonah Swanson** and **Jocelyn Cayce**.

Swim Fast! Scott

GET READY FOR AQUALAPS!

The official kick-off for Aqualaps is right around the corner. This is Glacier Swim Club's biggest fundraiser of the year. Money raised during this time pays for things like pool rental and the salaries of our excellent coaching staff. Pledges collected by each swimmer during Aqualaps not only help to balance the club's budget, they also reduce the swimmer's membership fee for next year, dollar-for-dollar.

Aqualaps packets will be distributed during Family Fun Night on February 8th. This fundraiser is set up similar to a walk-a-thon. Swimmers collect pledges per lap or flat donations between February 8th and when they swim their laps on April 26th. Keep an eye on the bulletin board at the pool during the pledge drive for information about fundraising tables and PRIZES!

The corporate sponsor drive is already underway! Contact Susan Loseby at losebyclan@alaska.com with your requests to approach local businesses for their support.

We need to raise at least \$65,000 - help make this year's Aqualaps bigger and better than ever!

It takes a lot of help to run a fundraiser this large. Please thank the following people when you see them around the pool: Molly McCormick; Phil & Susan Loseby; Ron & Diane Antaya; Robyn Ramos; Donna Adams; Gary Stears; Carolyn Minor; Dawn Walsh; Alyson Cooper; Dina Gregg; Joanna McDowell; Brenda Taylor; Ruth Bullock; Rhonda Jenkins; and Valerie Mertz.

Volunteers like them help make our club a success.

A Big Thank You to Claudette Kreuzenstein

With Gratitude:

As a long time GSC parent (1989), and a former and current board member, I wanted to take this opportunity in 2009 to express deep gratitude to one of the many generous, skillful and dedicated volunteer parents Glacier Swim Club is built upon. With the launching of our new Team Unify system, (see separate article on its many features and advantages) we have made the switch from our previous website, and our Webmaster has graciously handed over those responsibilities to Susan Krogstad. That Webmaster was Claudette Kreuzenstein. She and her family have supported and maintained our Website since 2001. I first met Claudette, when she and her two children; Jake and Kaitlin were beginning swimmers in the early 90's, when my two older boys; Norm and Matt were GSC swimmers as well. The Kreuzenstein family were active members and their interest and skills in technology were welcome and timely. Claudette built our first website around 2001, and has managed and maintained that site up until this year. For those of you, who are contemplating volunteering your time, special skills and energy to GSC, look to the Kreuzenstein family as an example. They have supported our club for all this time, and close to 5 years past her own swimmers moving on. There are others who have made similar long term commitments. This is the type of energy, the dedication and caring that makes the Glacier Swim Club, the best swim club in the State of Alaska, and should make us all proud to be a part of this tradition. Thank you Claudette and family for your service and efforts above and beyond the call of duty! Glacier Swim Club is what it is today because of families like you!

Mark Mickelson
Vice president, Board of Trustees

VOLUNTEER OPPORTUNITY – DON'T MISS IT!

- Alaska law requires that gaming operators donate a portion of their profits to non-profit agencies around the state. This can be a significant source of revenue to charitable organizations that requires relatively little effort. Glacier Swim Club has been the beneficiary of pull-tab profits in the past and would like to begin taking advantage of this opportunity again.
- We already have a vendor who is willing to act on our behalf and several people who have offered to help with the program. **We just need someone who would be willing to take the lead on this and make it happen!**
- This is a great job for someone who is looking for a way to make a significant contribution to the continuing success of the club. Please contact Valerie Mertz at valeriemertz@gci.net if you would like more information.

Lane Timers needed January 18 Time Trial



We have a new method for signing up to volunteer for jobs within the club. Please use the new websites JOB SIGNUP button on an event to volunteer as a timer for the Time Trial.

If you've ever been to a swim meet, you're sure to have heard the announcements calling for parents to volunteer as timers. A total of 12 timers and a head timer are necessary to start and continue swimming events in our 6 lane pool.

You think "what if I make a mistake". Well rest assured the timing system has multiple layers of coverage. One of the easiest and most helpful ways parents can contribute to their child's swimming success is to volunteer as a timer during meets or time trials.

And best of all, you are supporting the parents, coaches, and swimmers who've put so much effort and energy into these swimming events.

Squad News

Senior/National Squad

By Head Coach Scott Griffith

This was by far the best November and December we have had for senior and national practices. That goes for attendance numbers as well as the enthusiasm and focus. Swimmers have come back determined for more improvement. 9 swimmers made the commitment for the National group. National group swimmers have up to 10 practices per week, 4 of those are before school starts and one is 6 am on Saturday! We have some new swimmers in the senior group this year, **Tanner Olliff** and **Savanna Desatoff**. Their consistency and dedication are a big lift to the group.

Seniors and National group swimmers have also been spending time learning the new back to breast turns for their IM's. They have also spent extra time perfecting their underwater dolphin kicking, often referred to as the 5th stroke. Swimmers are reminded that they are required to attend 4 practices per week to qualify for championship meets. National group will have dryland after practices every day but Friday, Senior group swimmers are welcome to attend.



Photos by Herbert Law



PreSenior Squad

By Head Coach Scott Griffith

The presenior group had some amazing swims this past fall. It is such a joy to work with this group, as they seem to improve almost every day. The group set a goal to have best times in every event after Age Group Champs (from their times before the season started). They came VERY close to achieving their goal, over 90% of all their times are faster than when the season started....amazing!

As we turn the corner to the next phase of the season, swimmers will be ramping up their efforts in order to prepare for SE Champs, NWAG Sectionals, and JO's. The focus will remain the same in the pool, technique on strokes, fast turns, and proper streamlines. The intensity of the dryland will pick up, so stretching and staying hydrated are a necessity to prevent sore bodies.

Be sure to check out preseniors back to breast turns this season, as they have been spending a lot of time learning the new 'swivel' turn and the advanced flip turn, the same turn Phelps used in the Olympics.



Photos by Nancy Walsh



Squad News *Continued*

Age Group Squad

By Coaches Kathie & Jason

Welcome to Winter 2009 swimming. This winter we will spend time reviewing drills for all strokes, turns and starts. In November, one of the first things we did was share our expectations. The things include:

General Expectations:

1. Swimmers will show respect for others.
2. Swimmers will be positive at all times.
3. Swimmers will listen when coaches are talking.
4. Swimmers will not interfere with other coaches when they are working with their groups.

In the water:

1. Swimmers will push off on their back or side from every wall, every push.
2. Swimmers will kick off every wall, every push.
3. Swimmers will streamline off every wall, every push.

Health & Safety:

1. No diving unless practicing starts, all entries will be feet first to practice for meets.
2. Each swimmer will bring a water bottle to practice and use it.
3. All swimmers will warm-up as directed by coaches.
4. No swimmer will stop in the middle of the pool during a set – this is a safety hazard.

Attendance:

1. All swimmers will attend a minimum of 4 practices per week.
2. All swimmers will be on time. This means being showered and ready to get in the water at 4:30 p.m. Monday – Friday and 7:00 a.m. Saturday morning.
3. If a swimmer will be unable to meet the attendance requirements they must contact Kathie or Scott.

A dryland training program will be offered Monday – Friday, 4:00 – 4:30 p.m. Exercises will focus on building core strength, injury prevention and increased flexibility. All swimmers are encouraged to attend.

As coaches we plan to vary the water skills we are working on by week. The group will swim on Wednesdays, all other days will include approximately ½ hour of direct skill instruction followed by practice sets. Swimming sets will generally incorporate drills and skills we have worked on during the instruction periods.

Swimmers will be encouraged to work toward obtaining qualifying times for SE Regionals, Junior Olympic Champs and Northwest Age Group Champs. If you have any questions about your athlete's progress we encourage you to contact one of us.



Happy Swimming!!

Jason & Kathie

Squad News *Continued*

Novice and Developmental Squads

By Coach Lynne Barte

First I want to thank all for your kindness. All the positive thoughts, prayers, & good wishes were felt & Chris was able to come home in 2 ½ weeks. He received some burns and is healing very well. Thank you again.

The Developmental have been working very hard on all the strokes. We are currently cleaning up little things with each stroke & all the turns as we get ready for SE Champs. Congratulations to Igor Healy, Gabe Gonwa Ramonda, Cecelia Ramos, Nick Tragis, Jonathan Hamey, Ruth Roys, Sophia Kaelke & Forest Kobayshi for advancing to AG's. There are a couple more swimmers who can make the move after Haines or the time trial-Dakota Scranton, Zane Weiler, & Gabryel Kito.

The Novice groups are working extremely hard on breaststroke. We have started with a new approach to teaching the stroke & have seen a lot of improvements. Congratulations to: Sky Womack, Acacia Poulman-Edwards, Claire Norman, Mesa Moran, Charlie Jim, & Catherine Hamey for advancement into Developmental group.

Welcome to Anna Mehrabad, & Madeline Handly who just joined us in Novice.

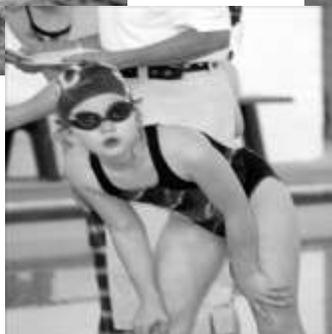
The Developmental & Novice groups have an ongoing contest for bringing Caps, Goggles, & Water bottles to practice. They can receive up to 3 pts. Per day & prizes are awarded at the end of each month. Most swimmers have been good about the caps & goggles but forget the water bottle. It is very important to keep hydrated during practice & we have such a short time together that getting out for water breaks takes time away from what we could be doing in the water. And even if the swimmer doesn't get out for a drink it is hard to stay focused without replenishing the body with water.

I know it is hard not to help but even at a young age, the swimmers need to take responsibility for packing their own gear for practice. They will hear from me, "does your Mom Swim?" It's just something they need to get used to doing. If goggles are forgotten remind them to look in lost & found or the bottom of the swim team basket for goggles & caps-sometimes I or one of the other coaches may have an extra pair and they need to remember to return them to the coach or lost & found.

The best part of my day is swim practice. I enjoy working with each of your children. It's great to see the improvement & watching them have fun.

Thank you to Lisa, Thea, Nichole & Amber all for your help & support as assistant coaches.

Coach Lynne





Age Group Championships

DECEMBER 5 - 7, 2009

Ketchikan
Alaska



Wow, Great Job!

Great job to all the swimmers at Age Group Champs.
GSC and SEAK destroyed the competition!!

Ciera Kelly, broke 3 more team records (50 free, 50 back, 100 back).

Congratulations to all of the high point winners:

1st place: *Mia Ruffin* and *Ciera Kelly*

2nd place: *Rielly Walsh*, *Calvin Walsh*, and *Haley Mertz*, *Jonah Swanson*



October Splash

October 10 - 12, 2008 in Ketchikan, AK

Overall, we had 17 swimmers attend with 76% best times.

Congratulations to *Aidan Seid* and *James Turner*,
who had all best times!

Glacier Swim Club

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Mary Norcross
Controller, 780-6176,
rutecki@gci.net

Sheila Fisher, 586-5226
CBJ Parks & Rec. Rep.



Congratulations JDHS Swim Team!

JDHS won the boys competition and girls placed 10 th at the 2008 State High School Championships.

Cody Brunette broke 4 state records (17/18 100 fly, Open 100 fly, 17/18 200 free, Open 200 free) and 2 team records (100 fly and 200 free).

Nick Rutecki broke 1 state record (15/16 boys 100 free), and 4 team records (15/16 50 free, Open 50 free, 15/16 100 free, Open 100 free).

The boys relay (**Schick, Cayce, Mickelson, Rutecki**) broke the state record in the 15/16 boys 200 Medley Relay.

The relay team of **Brunette, Anderson, Cayce, and Rutecki** broke the team record in the 200 Free Relay.

The team of **Mickelson, Anderson, Messing, and Brunette** broke the team record in the 400 Free Relay.

Coach Millhorn and Coach Wilson deserve a HUGE thanks and congratulations!

Great Job at November ABC Swim Meet!

47 swimmers made the trip to Sitka.

Best times/swim/best time percentage: 74%

Team Records:

Ciera Kelly:

11/12 50 free (**K.Jones** 7/02)

11/12 100 free (**K.Jones** 7/02)

Girls 11/12 200 Free Relay (**H.Mertz, D.Isaak, J.Hodgson, C.Kelly**)

Previous record (**K.Jones, J.Dicostanzo, J.Rutecki, H. Riemer** 4/02)

All Best Times:

Savannah Cayce,
Eliza Chappell,
Madison Gregory,
Keanen Jensen,
Ciera Kelly,
Corwin Kelly,
Gabryel Kito,
Noah Reishus-O'Brien,
Mia Ruffin,
Dakota Scranton



“Hello”, GSC families.

My name is Lisa Jones, mother of Kristin and Trevor Jones. Kristin swam with GSC for 10 years and is a freshman at Northern Arizona University and on the swim team. Trevor is a Pre-Senior and in his 5th year. Being a part of GSC as a parent has been a very rewarding experience-watching the kids improve their strokes and confidence; and through volunteering, contributing to a positive organization for our community. All through the years, parents have worked tirelessly and positively for the kids. I am proud to be a parent on GSC.



Now, I am pleased to be a coach with GSC. Working with dedicated and enthusiastic coaches is an honor. My experience both as a competitive swimmer and teaching spans many years and I also coach Masters swimming with CBJ. Mostly working with the Developmental squad for the fall, has been quite exciting-having a close up view of the kids' improvement and especially watching them become part of a team-Glacier Swim Club.

I am indebted to all the coaches, particularly Lynn and Nicole, for guiding me in my role as a coach and where I should be going out on the pool deck. They answer my many questions and tell me kids names repeatedly. I very much look forward to working with the new swimmers and “old timers” alike and getting to know their parents. Thank you parents for bringing your kids to practice with all their stuff, learning what swim meets are like and volunteering. Out on the pool deck and in the lobby, Glacier Swim Club is loads of fun!

Lisa Jones, Assistant Coach

Jan Marie Rumble

Age: 41 **Profession:** Fisheries Biologist for the Alaska Dept of Fish & Game / GSC Swim Coach

Life: Two cats-Sabrina and Klondike, Boyfriend-Tim Bristol.

Professional Background: I started coaching GSC in 1994 when I moved to Juneau to go to graduate school. I took a 3 year break 5 years ago and came back to the team in 2007. I coached the Juneau Douglas High School Swim team for 6 years. Before I moved to Juneau, I coached at Sky View High School for 2 years and with the South-central Sea Serpents for 2 years. I have been coaching Masters swimming on and off since 1991. I love coaching all ages of people, from kids to adults.

Swimming Background: I have been a swimmer since I was five years old.

I mostly swam in a summer recreational league until I was fifteen and then when I went to college I started swimming with one of my roommates for fitness. When I moved to Soldotna in 1991, I joined the Peninsula Masters Swimmers and started to compete again. I don't compete much anymore but swimming is my favorite form of exercise and I try to swim 3 times a week. I really enjoy swimming in the open water and travel to warm places to do that. I also have a thick wetsuit that I wear to swim around Southeast when I get really motivated.

Achievements: My best achievement was to swim with Steve Vick in Lynn Canal a couple of years ago. I swam 3 days in a row for up to 2.5 hours at time. I had never done anything like that before. Also, one year I won the USMS 3,000 yard national race for my age group.

Favorite Stroke/Race: My favorite stroke is freestyle but backstroke takes a close second. I enjoy the long distance races, 500 yards or more.

Other Interests: My other interests include surfing, playing hockey, running and reading. Cooking is also something I love to do.

Favorite: Food-Mexican, Author-Barbara Kingsolver, Music-Arcade Fire, Show-Mystery on PBS

Who do you admire? I admire both of my parents. They both have an excellent work ethic but balance it with a love for life. They are interested in many things, including politics, arts, and culture. With this, they have a love for the wilderness and compassion for humanity.



Lindsay Clark

Age: 17 Grade: 11th School: Juneau Douglas High School
Squad: Nationals Year joined GSC: 1999

What do you like most about being part of GSC?

I like meeting people, being fit, and traveling.

Tell us about your best achievement in the pool?

Whenever I improve my time is a big achievement for me because I like knowing that I'm improving.

What's your best achievement out of the pool?

Making All-Northwest Orchestra for violin.

What do you like to do when you aren't swimming?

I enjoy anything outside, and music is another major hobbie I do and that takes up a lot of my time.

Who is a person (famous or not so famous) you admire and why?

I admire a classmate of mine, Leah Francis, because she has broken many state records for running and she is humble about her achievements, and she always credits her teammates and coaches.

If you were forced to live on a desert island for a week which two famous people would you take with you and why? **Albert Einstein would know what to do and Jim Carrey would keep me happy.**



Talyn Ramos

Age: 13 Grade: 8th School: Dzantik'i Heeni Middle School
Squad: Preseniors Year joined GSC: 2004

What do you like most about being part of GSC?

You get to hang out with your friends and travel.

Tell us about your best achievement in the pool?

Getting a 26.77 in the 50 Free at the 2008 Age Group Champs.

Where do you like to go on vacation?

Las Vegas because all my dad's family and my grandparent's live there.

What is your favorite ice cream and/or lollipop flavor?

Cookies & Cream Ice Cream and Watermelon Lollipop.

What's your favorite subject and why?

Lunch because you don't get homework and you get to talk to your friends and not get in trouble.

Who is a person (famous or not so famous) you admire and why?

Melissa Bogart because she is fast and helped give me confidence to know I could do anything.

If you were forced to live on a desert island for a week which two famous people would you take with you and why? **My dad because he is awesome and could figure out how to survive and Will Ferrell because he is a funny actor.**



Kaia Hamrick

Age: 11 Grade: 5th School: Auke Bay Elementary School
Squad: Age Group Year joined GSC: 2006

Who are other people and pets in your family?

Mom, Dad, Sister-Kamy, Brother-Kasey, Dog-Pumpkin, Cats-Furball & Willow, Birds- Peady & Opal

What do you like most about being part of GSC?

Being in the awater for the most part and racing.

Tell us about your best achievement in the pool?

Getting 1st place in a race I never swam before.

What's your best achievement out of the pool?

Getting "Perfect Attendance" award at school.

What is your favorite subject and why?

Spelling because now I can be in the spelling bee because of it.

Who is a person (famous or not so famous) you admire and why?

Evil Knievel because he is amazing and he wasn't afraid to die.

If you were forced to live on a desert island for a week which two famous people would you take with you and why? **Albert Einstein to know what is edible or not edible and Emeril to cook it.**



Charlie Jim

Age: 8 Grade: 3rd School: Harborview Elementary School
Squad: Developmental 2 Year joined GSC: 2008

Who are other people and pets in your family?

Mom-Sally, Dad-Joe, Brother-Erik, Sister-Kelliana

What is your favorite stroke and distance? **50 Freestyle**

What do you like most about being part of GSC? **Makes me healthier.**

Tell us about your best achievement in the pool? **Learning to swim.**

What is your favorite subject and why? **Math-learning lots of new stuff.**

Who is your favorite Olympic or National Level swimmer? **Michael Phelps because he swims a lot and I want to learn more about him.**

Who is a person (famous or not so famous) you admire and why?

My mom Sally Wright because she was a former GSC Swimmer.

Favorite: **Food-Pizza, Movie-Transformers, Music-Jinglebells, Book-Magic Tree House Series, Tv Show-Olympics**

If you were forced to live on a desert island for a week which two famous people would you take with you and why? **Macaulay Culkin, actor in movie "Home alone" and Zach and Cody from Sweet Life, because they are cool and kind of like me, getting in trouble most of the time.**



Makenna Graham

Age: 7 Grade: 1st School: Riverbend Elementary School
Squad: Novice 2 Year joined GSC: 2008

Who are other people and pets in your family?

Mom-Carrie, Dad-Jason, Sisters-Danielle & Kyelisa, Dog-Kona

What is your favorite stroke and distance? **25 Freestyle**

What do you like most about being part of GSC? **Hanging out at the pool.**

Tell us about your best achievement in the pool?

At practice I swam 16 laps in 10 minutes and passed 7 people.

What's your best achievement out of the pool?

Playing Soccer and going to the Cayman Islands.

Favorite: **Food-Chicken Fettuccini, Movie-Batman, Music-Akon, Tv Show-Icarly, Sweet Life Zach & Cody, Spongebob.**

Who is a person (famous or not so famous) you admire and why?

Mom and Dad for being great parents.

If you were forced to live on a desert island for a week which two famous people would you take with you and why? **Macaulay Culkin, actor in movie "Home alone" and Zach and Cody from Sweet Life, because they are cool and kind of like me, getting in trouble most of the time.**



Committees

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Checkout New GSC Website

We are pleased to announce the deployment of our new team website and team management system which includes powerful email communication and billing tools. One of the most important benefits to our team administrators will be the ability to effectively invoice and track payments from our membership, which will begin on January 21, 2009.

Please login and update all of your account contact information, as well as, medical and emergency contact information for each of your swimmers.

How to Sign Into Your Account:

1. Go to www.gsc-swim.org
2. Get your password

The first time you go to the site, you will need to retrieve your password. Follow the direction for a forgotten password. Your password will be sent to the email account we have on file with GSC.

3. Sign In with your email and password

- Sign In to your account through the Sign In button at the team website
- After you are logged in please click on My Account button and update your information.

All information will remain strictly confidential and will be used only to communicate and deliver you billing information, team functions alerts, news, events or other related team activities. You may change your email address and password anytime you like, but please use the email address that you access most frequently.

Questions: contact Susan Krogstad, krogstad@gci.net. Please visit: www.gsc-swim.org to check out our new website.

Alumni News

Kelsey Potdevin

Colby co-captains Kelsey Potdevin '09 and Maria Ramrath '09 will lead the team in 2008-09. Potdevin won the 50 backstroke at the NESAC meet last year and holds all three school records. Potdevin and Courtney Chilcote '09 earned All-NESAC honors in relay events as well.

Potdevin wins two events for women's swim team

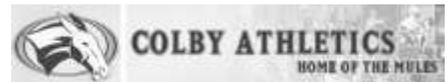
Date: January 10, 2009

MIDDLEBURY, Vt. --- Kelsey Potdevin won two events and took second in another for the Colby College women's swimming and diving team in a 179-101 loss to Middlebury College on Saturday.

The Mules will swim at Norwich University on Sunday at noon.

Potdevin captured the 50 backstroke (27.75) and 100 backstroke (59.91). Her nearest competitor in the 100 backstroke finished at 1:02.44. Potdevin also placed second in the 50 freestyle in 25.45.

Check out more of Kelsey's achievements on the GSC Website Alumni Page.





Submit articles, pictures,
or items of interest for the
next newsletter
to krogstad@gci.net

Upcoming Events	
<i>January</i>	
13...	Chaperone Signup SE Champs @ PSG
16-18...	Winter Games @ Haines
19...	NO GSC—MLK Day
20-21...	Meet Signups SE Champs @ Petersburg
23-25...	Great AK Open @ Soldotna
28...	Meet Signups (last chance) SE Champs @ Petersburg
29...	New Swimmer Tryouts
<i>February</i>	
4...	5:45pm GSC Board Meeting
8...	Family Fun Night & Kickoff Aqualaps 6-8pm
11...	Meet Signups NW Sr & Age Grp Sections

Thank you to our Sponsors

Major Contributors

City and Borough of Juneau, Parks and Recreation
City and Borough of Juneau, Youth Activities Grant
Speedo

Platinum Level — \$1000

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Corban Custom Construction
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GCI, Communication Corp
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Prospector Hotel
Re-Elect Beth Kerttula for State House
(Paid for by Re-Elect Beth Kerttula for State House)
Sealaska Corporation
Sonosky Chambers LLP
Taku Smokeries
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Wall Works

\$250 — \$499

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Filipino-American Assoc. of Juneau
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Lynne Barte
Mia's Sweet Gesture
Mike & Sharon Barton

Skinner Sales & Service of Juneau
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This program is partially funded by the City and Borough of Juneau through sales tax revenues, and made possible by the hard work and dedication of GSC swimmers, coaches, and parents.