



More Than Just Swimming...

Senior II: Mon-Fri 3:15pm-5pm
Senior I: Mon-Fri 3:15pm-4:45pm
Gold: Mon-Fri 4:30pm-6pm
Silver: Mon-Thur 5:15-6:30pm Fri 5-6pm
Bronze: Mon-Thur 6-7pm
Blue: Mon / Tue / Thur 6-7pm



Congrats to Ryley Clark for Qualifying for the 2021 Speedo Sectionals

Upcoming Meets:
8 & Under Champs May 1-2nd @ Anthem & **YWSF Invite** May 15-16th @ Goodyear
 ...more meets to be added soon as the AZ Swimming Schedule is beginning to take shape!

Team Records... Since we have ended the Short Course Season the team records have been updated on the website! Soon to be posted in our display case as well! Congrats to all of our new record holders!

Summer Swimming: Our Summer schedule will be released soon all practices will be in the mornings! During the Summer we will not have a blue group, but we suggest for all blue group members to join one of the Summer Rec Teams! Registration begin's May 3rd, details will be sent directly to Blue Group swimmers!

Back to normal? Not so quickly! We're still maintaining the same Covid standards and although things may change, it will happen slowly! For the time being please respect everyone's personal space, we're still using the side gate for exit from the facility and still are not allowing parents on deck, as these changes take place we will communicate to the whole team.

Motivation: Listening to my favorite podcast this morning and one of the discussions was motivation! Motivation is a personal reaction to discipline! Discipline is doing what needs to be done! Therefore nobody needs motivation, you just need discipline! Swimming can be your discipline, when you want to take a rest day, just remember you're a swimmer! Keep working hard everyone!

April 2021