

## YWSF Swimmer Move-Up Rubric

	Below Average/ Beginner	Average/ Intermediate	Good/Advanced	Excellent
	0 pts Swimmer performed below minimum expectation of requirements.	1 pts Swimmer met minimum expectation of requirements.	2 pts Swimmer exceeded expectation of requirements.	3 pts Swimmer exceeded expectation of requirements at an exemplary level.
<b>Participation</b>	Below Average	Average	Good	Excellent
20%				
	Rarely stays on task. Coach usually must remind this person what they should be doing. Not a team player. Usually chooses not to help others.	Stays on task some of the time. Coach must sometimes remind this what they should be doing. Active team member and sometimes helps others.	Stays on task most of the time. Coach can count on this person. Strong team member who completes sets and often assists others.	Stays on task all of the time without reminders. Exemplary team member who works hard and helps others.
<b>Work Ethic</b>	Below Average	Average	Good	Excellent
20%				
	Did not perform most assigned sets or drills in practice. Rarely or never takes initiative.	Performed most assigned sets or drills in practice Sometimes takes initiative.	Performed nearly all assigned sets or drills in practice. Always performs the assignments satisfactorily. Often takes initiative.	Performed all assigned sets or drills in practice. Always completed the assignment beyond expectations. Consistently takes initiative.
<b>Interpersonal Skills</b>	Below Average	Average	Good	Excellent
20%				

	Has poor attitude toward others and workload. Does not listen with respect, argues with coach, and does not consider other ideas. Has problems meeting people easily and graciously. Has difficulty utilizing suggestions for improvement.	Often has a positive attitude toward others and workload. Generally listens with respect and asks questions. Typically, meets people easily and graciously. Attempts to welcome and utilizes suggestions for improvement.	Almost always has a positive attitude toward others and workload. Usually respectfully listens, discusses and asks questions. More often than not, meets people easily and graciously. Often welcomes and utilizes suggestions for improvement.	Has a positive attitude toward others and workload. Respectfully listens, discusses, asks questions and helps in solving problems. Meets people easily and graciously. Welcomes and utilizes suggestions for improvement.
<b>Swimming Achievement</b>	<b>Beginner</b>	<b>Intermediate</b>	<b>Advanced</b>	<b>Excellent</b>
20%				
	Average of B or Lower Times	Average of B Times	Average of A times	Better than average of A times
<b>Strong Attendance Record</b>	<b>Below Average</b>	<b>Average</b>	<b>Good</b>	<b>Excellent</b>
20%				
	Often absent. Frequently late. Does not regularly attend meets. Less than 1 meet per month on average.	Meets attendance recommendations and or requirements. Attends 1 meet each months.	Meets and often exceeds attendance recommendations and requirements. Attends almost all meets on schedule.	Almost never misses practice. Attends all meets on schedule.